



V. M. SALGAOCAR INSTITUTE of INTERNATIONAL HOSPITALITY EDUCATION

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Academic Year - 2023

- 1) VMSIHE S.Y.B.Sc. Culinary Arts students triumphed at the state-level Huddle for Food Waste Reduction, clinching second and third place. Their inventive dishes crafted from food leftovers earned accolades from Eгна Cleetus, an esteemed IAS officer, and the Deputy Collector & SDM of Quepem, South Goa. The event, organized by the Directorate of Food & Drug Administration (DFDA) and Goa College of Food Science, showcased the students' culinary talents while promoting sustainability and waste reduction.

https://www.instagram.com/p/CyTCDLwt8BM/?img_index=1



- 2) The Rotaract Club of VMSIHE, in collaboration with the YUVA Tourism Club, embarked on an eco-friendly mission. Guided by the experienced hands of Rtn. Aruna and Rtn. Connie, and graced by the presence of Rtn. Sharon (President) and Rtn. Flory (Secretary) from Rotary Club Margao Sunrise, the participants ventured into a seed bombing activity. Seed bombs are little clay-covered mounds of seeds and growing soil. They're often used to help reseed natural plants to wild areas.



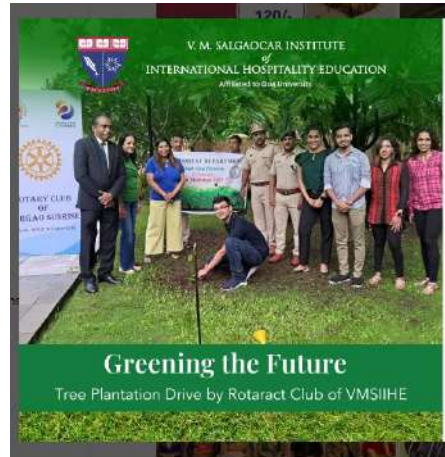
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- 3) In a collective effort, the Rotary Club of Margao Sunrise collaborated with VMSIHE's Rotaract Club to plant 200 saplings generously provided by the Forest Department, Aquem, Margao. A thriving green initiative was set in motion in the gracious presence of Mr. Vinod Naik, Range Forest Officer from the Mobile Squad Margao. Joining hands in this cause were Prof. Irfan Mirza, Director/Principal VMSIHE; Rudraj Pai Panandiker, Rotaract Club President; Frazer Rodrigues and Alethea Baracho, Rotaract Club Coordinators; and esteemed members from RC Margao Sunrise including Rtn. Aruna D'Costa, Rtn. Connie DCruz, Rtn. Flory Gracias, and Rtn. Dephany Rodrigues.



<https://www.instagram.com/p/Cvq-dQ-NfIx/>

- 4) Earth provides enough to satisfy every man's need, but not every man's greed.' - Mahatma Gandhi. Let's preserve and protect our planet for future generations. This World Environment Day let's celebrate and embrace the beauty of nature around us.

<https://www.instagram.com/p/CtGt4SdMq5f/>



- 5) The students of VMSIHE, commemorates World Earth Day by planting trees across the campus to promote a greener future.

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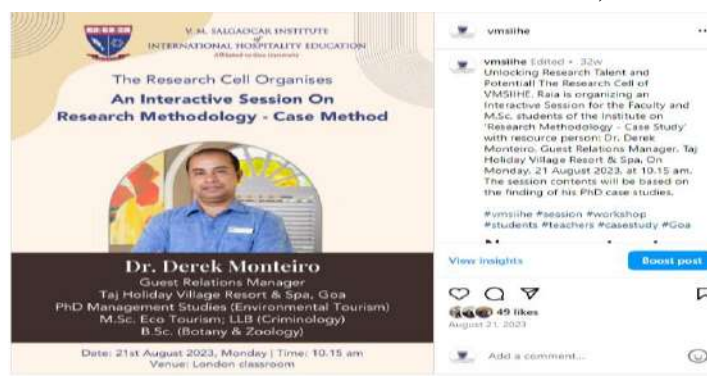


- 6) On this special day, let's all take a moment to appreciate the beauty of our planet and reflect on how we can work together to protect and preserve it for future generations. Remember, every small action counts!



<https://www.instagram.com/p/CrVBOjXvZCs/>

- 7) Unlocking Research Talent and Potential! The Research Cell of VMSIIHE, Raia is organizing an Interactive Session for the Faculty and M.Sc. students of the Institute on 'Research Methodology - Case Study' with resource person: Dr. Derek Monteiro, Guest Relations Manager, Taj Holiday Village Resort & Spa. On Monday, 21 August 2023, at 10.15 am. The session contents will be based on the finding of his PhD case studies.



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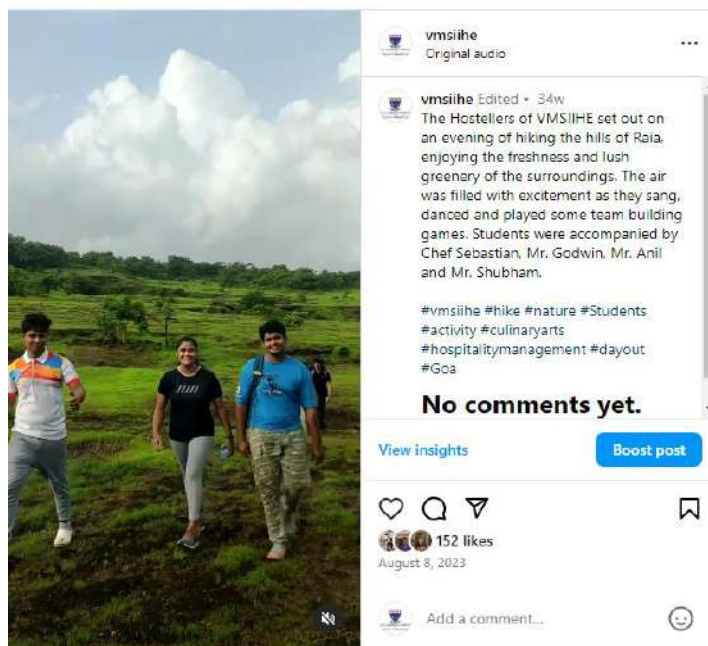


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- 8) The Hostellers of VMSIHE set out on an evening of hiking the hills of Raia, enjoying the freshness and lush greenery of the surroundings. The air was filled with excitement as they sang, danced and played some team building games. Students were accompanied by Chef Sebastian, Mr. Godwin, Mr. Anil and Mr. Shubham.

<https://www.instagram.com/reel/CvrULGXNqat/>



- 9) As part of their course curriculum, the F.Y. M.Sc. students went on an educational field trip to Choroa Island, Divar Island & Saraya Eco-stay. The objective of the same was to deepen the students' understanding of eco-tourism sites and their sustainable practices. The trip was enjoyable as well as educational by learning more about Goa's rich history and culture.



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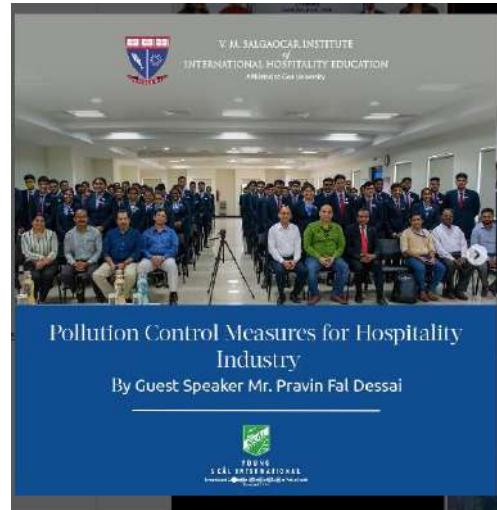


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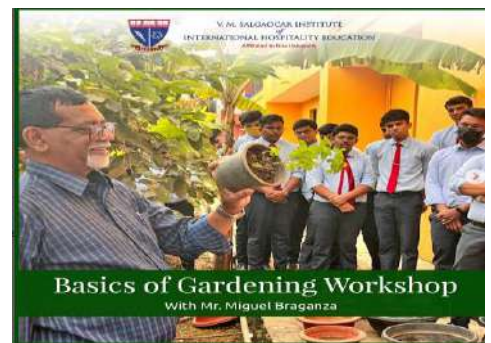
Academic Year -2022

1) Young Skal International organized a session on “Pollution control measures for hospitality, restaurants and travel industries“ at VMSIHE. The session was attended by past presidents Sk. Charles Bonafacio, Membre D’Honneur Sk. Mario Sequeira, Director Young Skal Sk. Carl Costa, Board members Sk’s. Guitry Velho, Som Prakash Malik, and Skal Goa Member Sk. Sanjeev Mendes. The guest speaker for the session was Mr. Pravin Fal Dessai, Assistant Environmental Engineer - Goa State Pollution Control Board.



https://www.instagram.com/p/ClgIXJfqcgx/?img_index=1

2) The Gardening Club of VMSIHE conducted a workshop on The Basics of Gardening by Resource Person Miguel Braganza. The students as well as the staff members were provided with valuable gardening insights.



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3) VMSIHE received the Envirocare Green Awards 2022 presented by Envirocare Labs. This award was to commemorate all the initiatives taken by us. Some include:

- Installing solar panels for cost reduction and save energy



- Installed aerators to help in directing the water stream to reduce water wastage.
- Municipal Raw water is treated using dual media filters and activated carbon filter for consumption.
- Presence of an-house sewage treatment plant of capacity 56KLD, waste water is treated and used for gardening.
- Segregation and disposal of biodegradable, non-biodegradable, hazardous and e-waste through vendors.



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- Naturally converting 12kg of waste per day to compost.
- Recycling oil into bio-diesel, processed food waste in organic waste convertor plan.

<https://www.instagram.com/p/ChltFEFKCL8/>

5) Van Mahotsav is a tree-planting festival that supports the conservation of forests. We celebrated this festival on our campus with the intention to encourage the staff to spread awareness about planting trees and emphasizing the importance of saving the planet.

<https://www.instagram.com/p/CgBdA1XJwuX/>



Prof. Irfan Mirza presented the attendees with saplings



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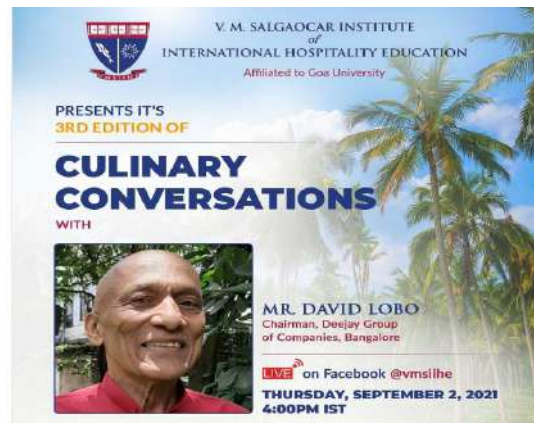
Academic Year - 2021

- 1) The S.Y. M.Sc. students visited Dew Drops Jungle Resort, Dandeli-Karnataka for an experiential field trip which is a picturesque place located amidst the backdrop of Western Ghats and at the bank of river Kali bestowed with the lush green forest. The purpose of this experiential field trip was to inculcate a deeper understanding about the experiences learnt in an environment outside of the classroom in order to understand the issues & challenges in managing a jungle/forest resort & analyzing the guest adventure activities, risk factors associated etc.



<https://www.instagram.com/p/CdunJw1oRB2/>

- 2) How better can one celebrate World Coconut Day, than have a discussion with an inspiring gentleman. The 3rd Edition of Culinary Conversations will feature Mr. David J. Lobo, Chairman, DeeJay Group of Companies, Bangalore, whose company, DeeJay Coconut Farm Pvt. Ltd, has successfully produced the 'DeeJay Sampoorna' - a world class Coconut hybrid, that has a huge demand across the world. But more importantly, the Coconut Initiative has allowed Mr. Lobo to help a lot of people get out of unemployment and poverty where they have worked with him and along with his NGO foundation. He continues to inspire more people everyday with the humble coconut. VMSIHE students are all set to have a candid conversation with Mr. David Lobo on Thursday, 2nd September, 2021 at 4 pm IST. The conversations will revolve around one common ingredient found in almost every Goan Kitchen, yes you have guessed it correctly, "Coconut".



<https://www.instagram.com/p/CTHFFtUIEhR/>



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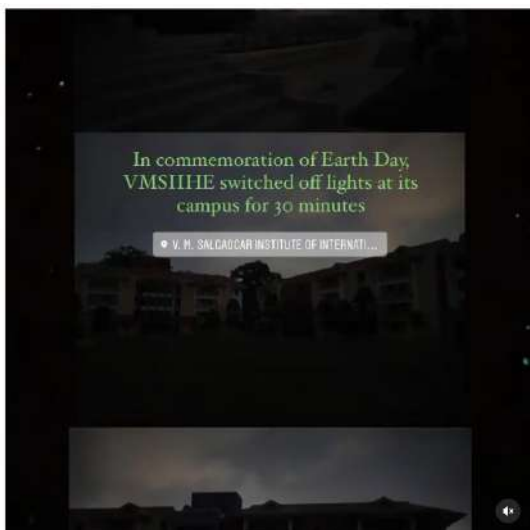
- 3) Van Mahotsav was celebrated with great fervour at VMSIHE campus recently. Prof. Irfan Mirza, Director/Principal of the institute led the celebration. In his address to the staff members, Prof. Mirza emphasized the importance of growing vegetables and fruits in their own home gardens which will lead to a sustainable and organic way of living. The message conveyed was very much in sync with this years Van Mahotsav theme "Grow your own food".



<https://www.instagram.com/p/CRIjFaaqVq8/>

- 4) Celebrate Earth Day today and everyday! Let us do our bit to save our planet. [#VMSIHE](https://www.instagram.com/p/COAJrSGjK5b/) wishes you Happy Earth Day!

<https://www.instagram.com/p/COAJrSGjK5b/>





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Academic Year - 2020

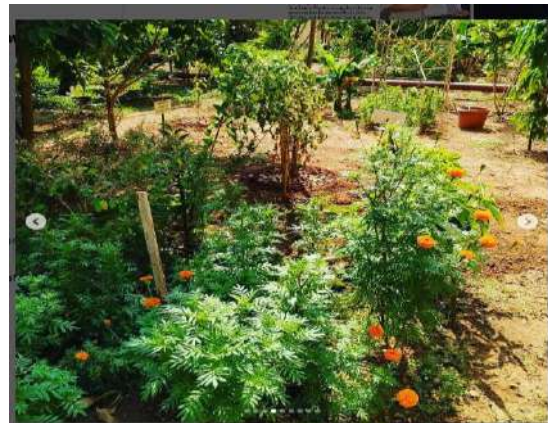
- 1) "The earth is what we all have in common." Join us as we will cut down on electrical usage during the earth hour today.

<https://www.instagram.com/p/B-RTkrfj3At/>



- 2) At VMSIHE, we have inculcated the habit of growing our own produce and be one with nature, The Students and Staff have been nurturing a variety of organic herbs, veggies, and fruit-bearing trees. We use this fresh produce to craft delicious meals. Have a look at our backyard garden.

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Academic Year - 2019



1) Mercure Goa -Devaaya Resort
Educational/Field Trip Report.

The S.Y.B.Sc students of our institute were taken for an educational/Field trip to Devaya Resort situated on Diwar Island, on 09th March 2019, which is in North Goa, as part of their

Sustainable Tourism Project. The GM of Devaya along with his staff gave us a warm welcome at the reception & we were served the traditional welcome drink. Thereafter the S.Y students were divided into two groups accompanied by Chef Sujatha, myself & the Devaya Staff for the property tour. While touring, they explained us all about Devaya-their idea behind having this concept of natural healing & treatment, rooms, villas & suite, type of tourists/guests visiting them, activities carried out at Devaya etc.





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Academic Year - 2018

- 1) 4th December 2018: An Interactive session on “Organic Farming” was organized for the staff and students of VMSIHE, Raia as a part of the “KAIZEN” Gardening club activity. Mr. Miguel Braganza, M.Sc. (Agri) in Horticulture from University of Agricultural Sciences, Bangalore explained the benefits of organic farming on health, taste and also monetary gain enjoyed by the people practicing organic farming.

The following points were discussed:

- Different types of crops
2. Farming technique
3. Tools used for gardening
4. Growing saplings
5. Plant care

Mr. Braganza currently works as the Additional Director Additional Director, Organic Farming Association of India [OFAI], Horticultural Consultant for many environmental projects and as a Newspaper columnist for Herald and the weekly column "GREEN THUMB" on plants gardening and environmental issues in Sunday edition of Gomantak Times Weekender and the Navhind times on Tuesday.

<https://www.instagram.com/p/BrMXmVvBHig/>



- 2) [#VMSIHE](#) celebrated [#vanamahotsava](#) by planting medicinal and fruit plants from the South Goa forest department in the campus along with Mr. Bhaskar Naik (former director of Directorate of Education) They lead by example with a sewage water treatment plant, rain water harvesting, garbage segregation and a bio organic plant.

<https://www.instagram.com/p/BIWDnULBJ29/>





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3) Report on Tambdi surla field trip



On 11th August 2018 an educational trip to Tambdi Surla was organised. The SYBSc students were taken to Tambdi Surla which is considered as one of the eco-tourism & heritage site in Goa, as part of their sustainable tourism subject.

Eco-tourism forms an important part of sustainable tourism.

Therefore Tambdi Surla was chosen as Ecotourism site which is located inside the forest area of Bhagwan Mahavir National Park. This field trip was organised to provide an opportunity for our students to understand the importance of being a responsible tourist and to analyse the negative impacts of tourism activities on the environment & the local community.



Students had to focus on the following important areas:

Importance of dependence on the natural environment, Ecological sustainability, Contribution to conservation, Environmental education & training programs conducted for the tourist and local community (If Any), Incorporation of cultural considerations and Provision of an economic return to the local community

Students Learning Outcome:

Students were given the opportunity to experience real nature-based travel in order to learn the importance of being a responsible tourist and also to enable their understanding of the application of ecotourism principles through a field trip, Exploring the potential impacts of ecotourism, Assessing the management and planning of ecotourism opportunities and Identify ecological impacts on wildlife (Flora and Fauna) and other resources (Land, Water) resulting from recreation and tourism development.

Prof. Irfan Mirza
Director & Principal

