



V. M. SALGAOCAR INSTITUTE
of
INTERNATIONAL HOSPITALITY EDUCATION

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Criteria 3

Sub Criteria 3.4.3

Extension Activities for the year 2021-22

Sr. No.	Extension Activities	Page Number
01	Quiz with the objective of creating awareness and evaluating the knowledge about the National Service Scheme among volunteers.	02
02	Poster Making & Slogan Creation Competition on the occasion of Swachhta Pakhwada (importance of cleanliness)	03-04
03	Program to celebrate Gandhi Jayanti by discussing the teachings of Mahatma Gandhiji.	05
04	Blood Donation Camp	06-09
05	Beach Cleaning (Varca Beach)	10-11
06	Rangoli Competition for NSS volunteers on the occasion on National Integration Day	12
07	Online session focused on Value Education	13
08	Donation drive	14-15
09	Card Making Competition on the occasion on International Women's Day under the theme "Gender equality today for a sustainable tomorrow.	16-17
10	Free Dental Checkup	18-20



Online Quiz-NSS Day 2021

On 24th September 2021 at 8.00 am, the NSS Unit of V.M. Salgaocar Institute of International Hospitality Education, Manora –Goa held the online Quiz for newly enrolled NSS Volunteers on the occasion of NSS Day 2021.

The objective of the quiz was to create the awareness and evaluate the knowledge about National service Scheme among volunteers. Mr. Anslem Menezes student of FYBSC spoke about how NSS helps student to grow individually and also as a group and helps to build confident, leadership skills, and get an opportunity to serve the society. Mr. Jude Anthony Savio Souza Ferrao and Ms. Naswariya Krishnakant Sohansingh scored the highest in an online Quiz.





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NSS UNIT

ACADEMIC YEAR 2021-22

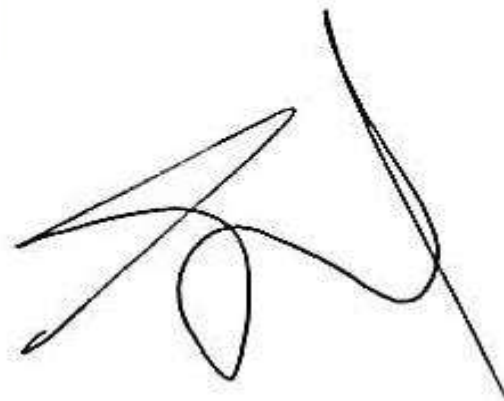
POSTER MAKING & SLOGAN CREATION COMPETITION

On 29th September 2021, the NSS Unit of V M Salgaocar Institute of International Hospitality Education organised a Poster Making & Slogan Creation Competition on the occasion of Swachhta Pakhwada: Tourism Day for NSS volunteers in Multipurpose Hall from 4.00pm to 5.00pm.

The students showcased their talent, creativity and enthusiasm in the competition. The participants were evaluated on the basis of originality, creativity and relevance to the theme. The competition was judged by Ms. Sherlain Veigas, marketing officer and Ms. Valerie Jacques, counsellor of our institute.

Mr. Krishnakant Naswariya and Ms. Shakambhari Patil won the Poster Making competition and Ms. Simran Parulekar bagged the first place in Slogan Creation competition, followed by Mr. Arjun Tejan won second place and Mr. Anshlem Menezes secured the third Place. The programme was organized and coordinated by Mr. Frazer Rodrigues, NSS Coordinator and Ms. Shameem Memom, NSS Programme Officer.

Prof. Mirza, Principal/Director of the institute and Dr. Marie Raj, Administrator distributed the certificates to the winners of the respective competitions. Prize distribution programme was compered by NSS Leader Ms. Shakambhari Patil.





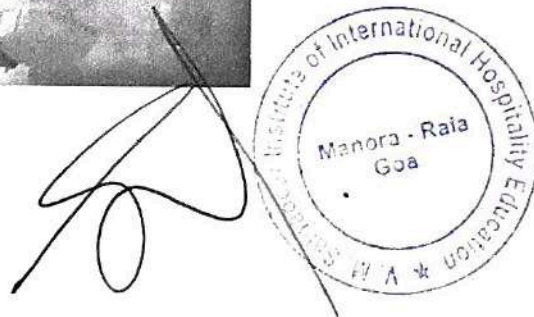
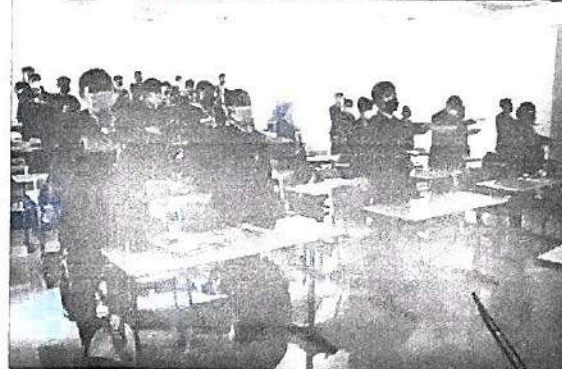
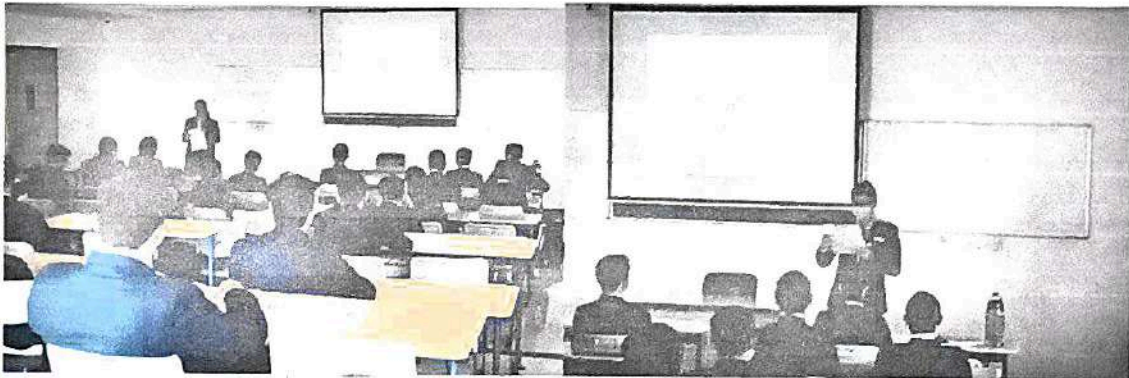
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NSS UNIT

ACADEMIC YEAR 2021-22

CELEBRATION OF GANDHI JAYANTI: REPORT

On occasion of Gandhi Jayanti, the NSS unit of V M Salgaocar Institute of International Hospitality Education had organised a small programme for NSS Unit on 1st October, 2021. The Programme started with the speech by NSS Volunteer Shakambhri Patil expressing her views on the personality and teachings of Mahatma Gandhi. In the programme the NSS students took an oath about devoting themselves for cleanliness, followed by a screening of a small video on Mahatma Gandhi. The programme ended with an interactive session on the values portrayed in the video like truth, patience, humanity, peace, in violence, etc. NSS programme Officer coordinated the programme.





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Report

Blood Donation Camp – 12th October 2021

On 12th October 2021, a group of the S.Y. students from V. M. Salgaocar Institute of International Hospitality Education organised a Blood Donation Camp for the staff and students at the Institute. A team of doctors from Hospicio Hospital conducted the camp from 10:00am to 1pm. A total of thirty donors participated in the camp. Refreshments were served and donor cards were distributed.

Report prepared by Nelissa Alcasoas

Blood Donation Camp

Tuesday, 12th October 2021

9:30 am to 12:30 pm

Lisboa, VMSIHE



**Donate Blood
To Save A Life**

From:
Blood Bank,
Hospicio Hospital,
Margao-Goa

Date: 12/10/2021

To,
Prof. Irfan Mirza,
Director / Principal,
V.M. Salgaocar Institute of
International Hospitality Education,
Manora, Raia, Salcete Goa

Sir,

We thank you for helping us to hold Voluntary Blood Donation Camp at your Reputed Institute of Hospitality Education. It was indeed a Good Donor Response.

Hoping to have such Good relationship in the future.

Thanking You.

Yours Sincerely



(Dr. Ravin Rego)
M.O Blood Bank



THANKS TO YOU – MANY LIVES SAVED

Names of the Blood Donors at V.M.S.I.I.H.E Raia Camp

1. Avinash Ajay	B Positive
2. Prajwal Tople	B Positive
3. Kevin Raj Silas	B Positive
4. Asher Dias	O Positive
5. Reece Estrochio	B Positive
6. Nikhil Godinho	O Positive
7. Sebastian Breitingner	A Negative
8. Dinesh Mukhiya	A Positive
9. Virendra Singh	B Positive
10. Anuj Khedekar	B Positive
11. Gagan Biradar	B Positive
12. Shakambhari Patil	A Positive
13. Mehboobi Mulla	O Negative
14. Rudraj Pai Panandikar	O Negative
15. Elicio Fernandes	O Positive
16. Jude Souza Ferrao	O Positive
17. Shoheel Pereira	B Positive
18. Atwin Gama	AB Positive
19. Kuldeep Jogi	O Positive
20. Harshad Thanekar	A Positive
21. Simran Peixoto	O Positive
22. Siddharth Gawde	O Positive
23. Keith Vaz	A Positive
24. Sanloy Cynoyd D'Mello	A Positive
25. Krishnakant Naswarya	AB Positive
26. Hermanio Caldeira	B Positive
27. Shiji Sherief	O Positive
28. Zoe Rodrigues	O Positive
29. Ryan Correia	B Positive
30. Adwait Kelkar	O Positive





Report

Beach Cleaning Varca Beach: 30/10/2021

On Saturday, 30th October 2021, a group of S. Y. B.Sc. students as a part of their CSR Program for their subject Management Process 2, got together to rid one stretch of Benaulim beach of garbage that they found littered. Equipped with garbage bags, gloves and caps, the students worked hard for 3 hours picking up litter strewn at the beach. It was segregated into plastic, glass, wet waste and paper. They returned from the litter sweep with 12 garbage bags. They shared their experiences with their classmates and developed awareness on the importance of properly disposing of waste.

Prepared by Nelissa Alcasoas







NSS Unit

National Integration Day 2021

Rangoli Competition

On 19th November 2021 the NSS Unit of V.M. Salgaocar Institute of International Hospitality Education, Manora -Goa organised Rangoli Competition for NSS volunteers on the occasion on National Integration Day which is also known as Quami Ekta Divas that commemorates the birthday of India's first-ever female Prime Minister Indira Gandhi. Keeping up with this thought, the talent and creativity of the students was well brought out in an Inter-House Competition.

The competition was held in Multipurpose Hall from 10.15 am to 12.15 pm under the theme 'National Integration' and received overwhelming response with 12 teams and 24 participants. The students put their best foot forward and took part in the competition with zest. Innovation and creativity are the words that best describes their efforts.

The competition was judged by Ms.Sharadha Prabhu, the HR Officer of our institute and Ms.Chaitra Phaldessai, Purchase Officer of our institute.

Ms.Shrushti Jadhav & Kalindi Sunthankar bagged the first place in competition, followed by Mr.Acquin Fernandes & Sairaj Dessai won second place and Ms.Cleopatra Alvares & Mr.Kaushik Painginkar secured the third Place.

For the prize distribution, Prof.Mirza, Principal/Director of the institute, Dr.Marie Raj, Administrator and Ms.Martha Rebello, Compliance Officer were present. The programme was organized and coordinated by Mr.Frazer Rodrigues, NSS Coordinator and Ms.Shameem Memom, NSS Programme Officer. Prize distribution programme was compered by NSS Volunteer Ms.Eesha Newalkar from TYBSc.





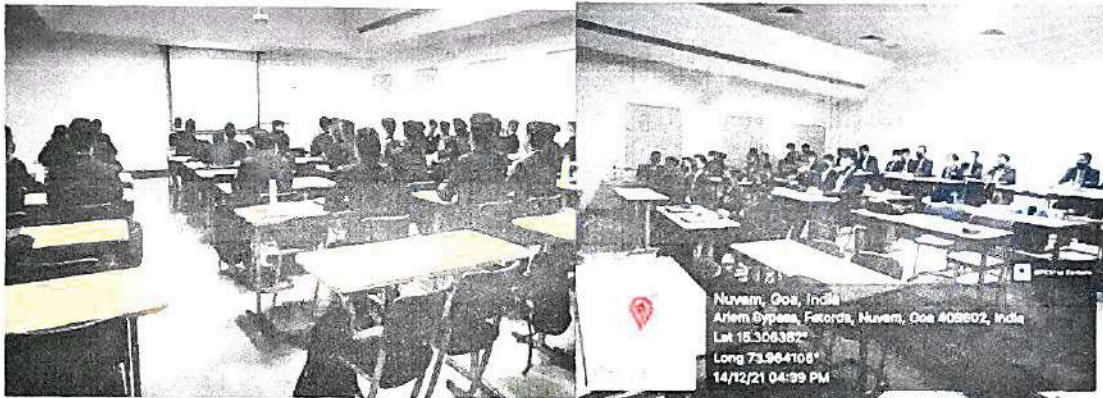
NSS Unit

Academic Year 2021-2022

Talk on Value Education

The NSS unit of the institute organised an online session and the topic focused on Value Education on Tuesday, 14th December 2021 from 3.15 pm to 5 pm. The talk was delivered online by resource person Ms. Caroline Stewart Silva, a professional life coach who operates a life skills training institute named "IMPACT TRAINING SOLUTIONS". The talk was attended by 85 NSS volunteers which focused on three important areas namely Commitment, Character and Empathy.

The speaker emphasised the need of moral values for students besides their academic curriculum. Volunteers actively participated in the discussion and answered the questions asked by the speaker. The programme was coordinated by Mr. Frazer Rodrigues, NSS Coordinator and Ms. Shameem Memon, NSS Programme Officer. Ms. Eesha Newalkar proposed vote of thanks. The resource person ended the session with beautiful quote by Theodore Roosevelt, "Nobody cares how much you know until they know how much you care".





Report

As a part of the Red Ribbon Club, a group of T.Y. students along with a teacher from V. M. Salgaocar Institute of International Hospitality Education visited Nitya Seva Niketan, Rivona on 28th December 2021. The day was a very eventful and memorable one for both the children at the centre and the college students. The children at the centre had a dance competition on the same day and the T.Y. students enjoyed being a part of the audience. The T.Y. students organised a few spot prizes and danced and sang carols with them. The snacks distributed were prepared by the T.Y. students. Goodie bags with stationery items and groceries were also distributed to the children at the centre. The students put a donation box at the Institution where items that were required by the Centre were donated by other students and staff. Items included biscuits, noodles, pulses, rice, flour, etc. The students later spent time talking and playing with the children; the caretakers at the Centre created a lot of awareness about the ailments that the children face. The students shared their experiences with the College the following day and it created a lot of awareness about the Centre. Many of the students wished to visit the Centre again in future.



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NSS Unit

International Women's Day 2022

Card Making Competition

A blend of exceptional creativity and imagination was displayed by the NSS volunteers of V. M. Salgaocar Institute of International Hospitality Education, Manora –Goa during the Card Making Competition held on 08th March 2022 on the occasion of International Women's Day.

The competition was held in Multipurpose Hall from 10.15 am to 11.15 am under the theme "Gender equality today for a sustainable tomorrow."

The competition was judged by Ms. Supriyanka Govekar, the Asst. professor in General Management of our institute and Mr. Gagan Biradar, Asst. Admin Officer of our institute.

Ms. Maria Elaine Furtado & Mr. Neevan Fernandes bagged the first place in competition, followed by Mr. Tanvi Nayar & Sairaj Dessai won second place and Mr. Muzammil Khan secured the third

Prof. Mirza, Principal/Director of the institute distributed and appreciated the participants and winners of the competition. The programme was organized and coordinated by Mr. Frazer Rodrigues, NSS Coordinator and Ms. Shameem Memom, NSS Programme Officer. Prize distribution programme was compered by NSS Volunteer Ms. Tanvi Nayar from TYBSc.





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Report on Free Dental Check-up at VMSIIE - on 31/03/2022

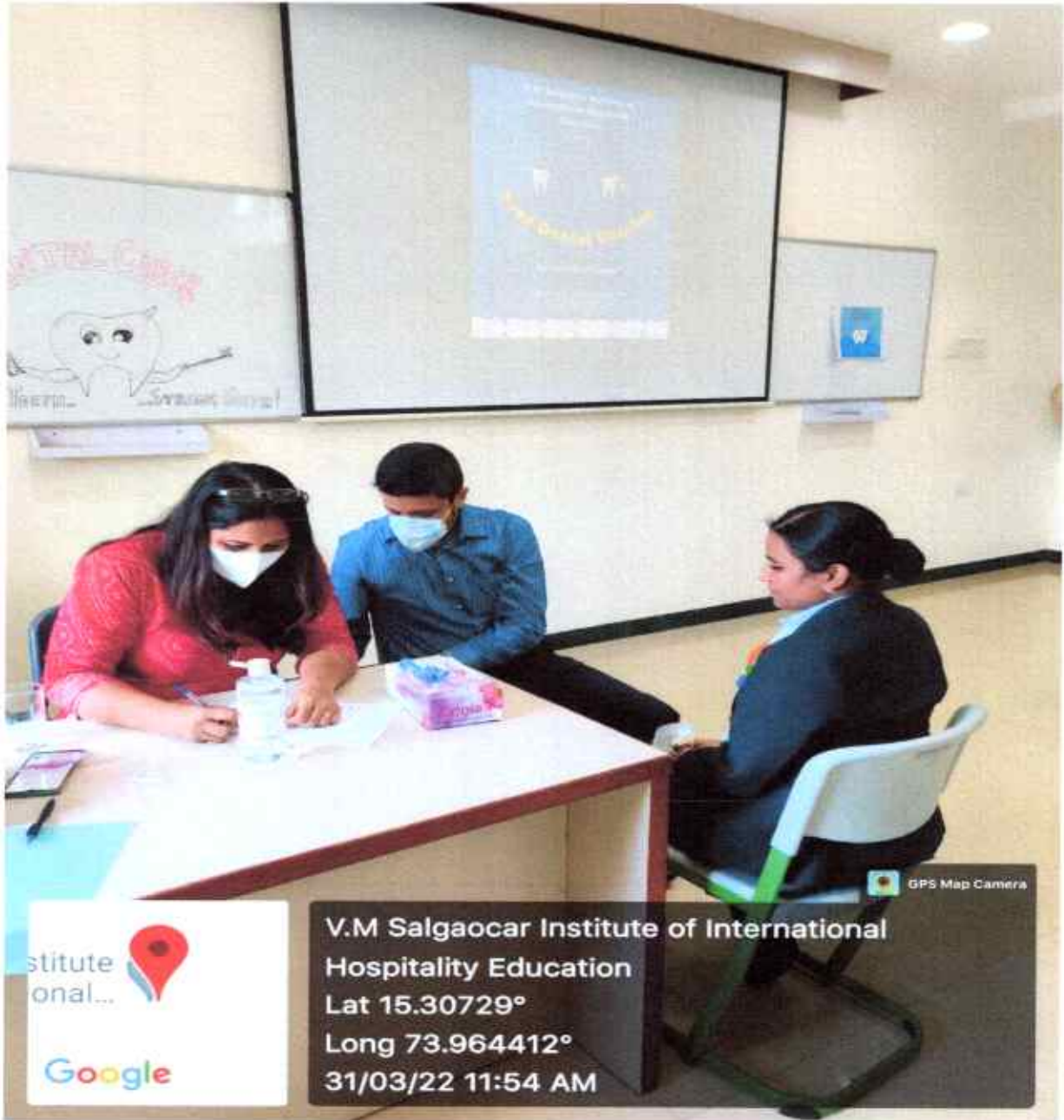
The S.Y. students of V. M. Salgaocar Institute of International Hospitality Education organized a Free Dental Checkup on 31st March 2022 at the Institute as a part of their CSR program for the subject Management Process 2. The dental checkup was carried out by Dr. Pritha Chowfin and Dr. Gaurav. There were a total of 54 patients who participated in the checkup. It was a unique program and participants got a free toothpaste.





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**V.M. Salgaocar Institute of
International Hospitality
Education**

presents



Free Dental Checkup

By- Dr.Pritha Chowfin

March 31st, 2022 | Thursday
10:00 AM-01:00PM

For more information contact Purva Sharma at
Purva.Sharma@vmsiife.edu.in