

Criteria 3

Sub Criteria 3.4.3

Extension Activities for the year 2019-20

Sr. No.	Extension Activities	Page Number
01	Interclass debate competition (gender issues in the society)	02
02	Fashion show based on gender stereotypes called Barazi runway to break the gender stereotypes. The Barazi Runway was organised to mark the celebration of "International Youth Day"	03-06
03	Donation of 50 dustbins to the Raia Village Panchayat.	07
04	Awareness talk on HIV AIDS.	08
05	Collection Drive for Homeless People of Vasco	09-10
06	Visit to home for the aged	11-12
07	Donation to a school student on republic day	13
08	Blood Donation Camp	14-15
09	Friendly Football Match	16-17
10	Mask Donation Campaign for residents of Manora, Raia	18-19



GENDER CHAMPIONS LEAGUE - DEBATE COMPETITION

The Gender Champions of V.M Salgaocar College of International Hospitality and Education. (Riya Chandra - Gender Champion Female and Rahil Haldankar - Gender Champion Male) took the opportunity of inaugurating the first event under "Gender Champions League" (GCL) in the month of July.

Under the GCL, the first competition was a debate held on 17th July 2019. The Debate competition consisted of four teams competing against each other on the following topics:

- Should toys be gender neutral?
- Does hook up culture demonize women?
- And the final topic for debate was Does an empowered women create a sense of insecurity amongst men?

The first round topics were disclosed to the participants well in advance. Whereas the final topic for the final round was disclosed on the spot. The participants were given few minutes to ponder over the topic & jot down their points to debate with the opponent team. The participants showed great enthusiasm & debated well. All the classes put up a great show which brought in different opinions from the youth of today on these sweltering topics. The primary objective of this debate was to allow students to generate effective critical thinking into primary issues in the given topics.

At the end of the debate competition, the First Years (Lisbon Batch) emerged as winners and are in the lead to win the "GCL BATCH OF THE YEAR TITLE"





BARAZI RUNWAY REPORT



The Gender Champions of our institute organised a fashion show based on gender stereotypes called Barazi runway on 09th of August 2019. The idea behind having this fashion show was to encourage the participants to break the gender stereotypes. **The Barazi Runway was organised to mark the celebration of "International Youth Day"** which is an awareness day designated by the United Nations. The purpose of the day is to draw attention to a given set of cultural and legal issues surrounding youth. The Gender champions decided to use this opportunity to spread awareness & break the Gender stereotypes in the most creative manner.



The Barazi Runway ("Barazi" meaning "Equality" in Albanian), was used as a platform to display Gender Stereotypes through creative costumes and style. It aimed at testing every team's ability to think out of the box and break the given Gender Stereotypes through something that speaks the most to the youth of today, "FASHION".

Every class was asked to have two models and two designers. Each pair of a model & designer was given a Gender Stereotype. The whole event was carried out into three rounds. First Round: Only the models walked on the ramp with their preferred background music, dressed in Gender Stereotype costume. Second Round: The models walked with their designers wherein the designers had to describe the costume. Also the judges shortlisted the finalists based on the costume description & the criteria's for judging. Third Round: The shortlisted participants (Models & Designers) had to answer the questions asked by the judges based on Gender Stereotypes.

The non-participating students were encouraged to support their respective class participants in designing the outfits and help them win!

WINNERS



JUDGES



BEST COSTUME-ONLY WOMEN DO ALL THE SHOPPING



POSTER OF BARAZI RUNWAY

GENDER CHAMPIONS

PRSESENT

THE BARAZI RUNWAY

Let's strut away from stereotypes an bling on the equality in style!

Friday 9th AUGUST 2019 3:15pm onwards MULTIPURPOSE HALL



Community Extension Programme by VMSIIHE

Under the aegis of the Swacch Bharat Programme, the VMSIIHE Institute has adopted the Manora – Raia village and will conduct basic awareness programmes for the villagers on cleanliness and to drive behavioral change with respect to sanitation. Awareness Programmes in hygiene and sanitation besides cleanliness drives will be conducted in Raia village in collaboration with the Raia Panchayat. Under the Solid Waste Management Programme (SWM), the Institute has donated 50 garbage bins (25 for wet and 25 for dry) to the Raia Panchayat on 28th August 2019. The Sarpanch, Ms. Esmaralda Gomes and the Secretary received the bins from the Administrator, Dr. Marie Raj. Compliance Office/Co-ordinator, Ms. Martha Rebello, Accounts Manager, Mr. Shivanand Madiwal, NSS Office Bearer Ms. Rachel Amaral and Mr. Savio D'Souza were also present.







Report - Talk on HIV/AIDS

The NSS unit in collaboration with the Gender Champions of V.M. Salgaocar Institute of International Hospitality Education organised a talk on HIV/AIDS at the Institute on 28th November 2019. The program commenced with a formal welcome by the Gender Champion Ms. Riya Chandra. The resource persons for the program was Ms. Louella Sequeira Vaz, Sanitary Inspector, PHC Loutolim and Ms. Gabriella Menezes, Counsellor, PHC Loutolim. They emphasized the importance of the awareness of the deadly disease and highlighted the causes, symptoms and preventive measures of the disease. They also covered how nutrition is an important aspect of one's life. The students were given an opportunity to clarify their doubts with the resource persons at the end. The program ended with the vote of thanks that was proposed by Gender Champion Rahil Haldankar.

Nan Man Manora - Raia 110 -



Report

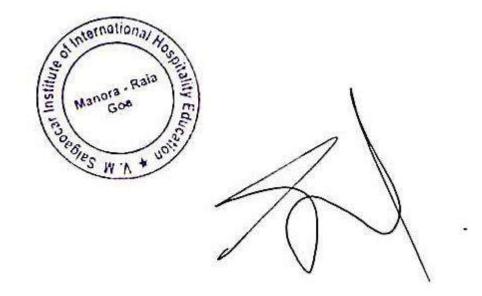
Collection Drive for Homeless People of Vasco

The NSS unit of V.M. Salgaocar Institute of International Hospitality Education conducted a donation drive along with NGO "The Healers" for homeless people in Vasco on 4th December 2019. Prior to the drive, staff and students deposited blankets, bedsheets, towels, woollen caps, old clothes, socks, backpacks, cloth bags and mats in the collection box in the campus. Students along with some staff walked through the streets of Vasco city distributing biryani packets and clothes etc. to the homeless people. They got to interact with many people and it was an enriching experience to see the smiles and gratitude that they exhibited.











Visit to St. Joseph's Home for the Aged

The NSS unit of VMSIIHE organised a visit to St. Joseph's Home for the aged on Friday, 20th December 2019. The students accompanied by 3 NSS officers interacted with the elderly and organised a few games and spot prizes for them. The students also sang carols and encouraged them to sing songs too. Donations in the form of used clothes, shoes, bags, bed sheets, towels etc. was collected prior to the visit in the college and donated to the Mother Teresa Missionaries for Charity Foundation. It was a touching experience for the students as they learnt that many of the residents were destitute, differently abled or abandoned. They left with many memories and most of them promised to go back to visit them again.







VMSIIHE students celebrate Republic Day in a different way

07/02/2020

VMSIIHE students celebrate Republic Day in a different way



NT KURIOCITY

The NSS unit of VM Salgaocar Institute of International Hospitality Education (VMSIIHE), Raia organised a Republic Day program on campus. Students raised funds and contributed towards the education of a school student from Raia on Republic Day. The funds were handed over to the student at the ceremony.

Chief guest for the function was daughter of late Wolfgang D Petri, founder of the famed Cesar Ritz Colleges, Switzerland, Gaby Petri and her husband Erwin. Along with director/principal professor, Irfan Mirza they unfurled the National flag which was followed by the singing the National Anthem.

Addressing students, Petri spoke about how it is important to work towards a goal. She shared the example of her own father who started off as a waiter and rose up the ladder eventually establishing the distinguished Cesar Ritz Colleges in Switzerland. The students staged a performance which ended with the patriotic song Vande Mataram.



Report

Blood Donation Camp – 11^{th} March 2020

On 11th March 2020, some of the S.Y. students from V. M. Salgaocar Institute of International Hospitality Education organised a Blood Donation Camp in connection with the NSS Unit of the Institute. A team of doctors from Hospicio Hospital conducted the camp from 10:00am to 12:30pm. A total of twenty-five donors participated in the camp. Refreshments were served and donor cards were distributed.

Report prepared by Nelissa Alcasoas



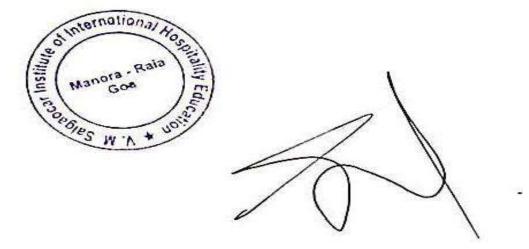




List of donors for Blood Donation camp at VMSIIHE – 11th March

<u>2020</u>

- 1. Kalindi Sunthankar
- 2. Rozann Cardozo
- 3. Aiden Pereira
- 4. Rithik Dutt
- 5. Jacky Jha
- 6. Hershelle Pegado
- 7. Slydon Fernandes
- 8. Aryan Amonkar
- 9. Abhijeet Chaudary
- 10. Harshavardhan Nannuri
- 11. Sarfraz
- 12. Savio D'souza
- 13. Roliett Fernandes
- 14. Rajas Sathe
- 15. Velan Dasilva
- 16. Utkarsh Naik
- 17. Adrich Coelho
- 18. Bevan Fernandes
- 19. Jensen Fernandes
- 20. Nishant Singh
- 21. Zaosh Namerian
- 22. Shane Fortes
- 23. Gabriel Zurarte
- 24. Juventius Rodrigues
- 25. Afrin Khan





Shameem Memon <shameem.memon@vmsiihe.edu.in>

Fwd: CSR Program

1 message

Nelissa Alcasoas <nelissa.alcasoas@vmsiihe.edu.in> To: Shameem Memon <shameem.memon@vmsiihe.edu.in> Thu, Jan 25, 2024 at 10:46 AM

------ Forwarded message ------From: **Nelissa Alcasoas** <<u>Nelissa.Alcasoas@vmsiihe.edu.in></u> Date: Thu, Mar 12, 2020 at 9:14 AM Subject: CSR Program To: st.anthonys_h@yahoo.in <st.anthonys_h@yahoo.in>

Dear Sir/Maam,

As per the telephonic discussion with your P.E. Teacher, Mr. Ronnie, this is to inform you that our S.Y. B.Sc students are organising a Corporate Social Responsibility (CSR) Program for the College and have chosen your esteemed St. Anthony's High School as a part of their project. The students are avid football players and the program revolves around the spirit of football as a sport. They would like to play a friendly football game and give out football shoes to students who love the sport and need a helping hand with attaining the resources required for it.

It would be our pleasure to invite your team to our Institute on **Tuesday, 17th March 2020 at 10am**. This will give our students first-hand experience of cultivating a philanthropic approach towards different members of the society.

Warm regards,

Nelissa Andrea Alcasoas

Asst. Professor General Management

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Warm regards,

Nelissa Andrea Alcasoas

Asst. Professor General Management

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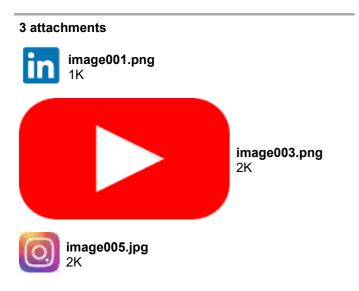
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Report

NSS UNIT: MASK DONATION CAMPAIGN 2020

On 15th May 2020, the NSS Unit of VMSIIHE organised a Mask Donation Campaign for residents of Manora, Raia. The students distributed 250 masks to approximately 60 houses surrounding the college in an attempt to help locals adapt to the current challenges of the COVID 19 pandemic. They spoke to the locals about the importance of wearing masks when they go out, proper washing of hands, social distancing etc. The locals appreciated and were very pleased with the bold gesture that the students did during these challenging times.





Students of VMSIIHE donate masks to residents of Raia

BY A REPORTER

reporters@gomantaktimes.com

PANAJI: The NSS unit of VM Salgaocar Institute of International Hospitality Education (VMSIIHE) organised a mask donation campaign for residents of Manora, Raia.

The students distributed 250 masks to approximately 60 houses located around the institute in an attempt to help locals adapt to the current challenges of the COVID-19 pandemic.

The students spoke to the locals about their worries and educated about the importance of wearing masks when they step out of the homes, proper washing of hands, social distancing and other measures.



The NSS unit of VMSIIHE organised a mask donation campaign for residents of Manora, Raia.

The residents appreciated the efforts and were very pleased with the bold gesture that the students made during these challenging times.

Students of VMSIIHE donate masks to residents of Raia, spread awareness on hygiene guidelines



Team Cafe cafe@herald-goa.com

The NSS Unit of V.M Salgaocar Institute of International Hospitality Education (VMSIIHE) organised a Mask Donation Campaign for residents of Manora, Raia. The students distributed 25D masks to approximately 60 houses located around the institute in an attempt to help locals adapt to the current challenges of the COVID 19 pandemic. The students spoke to the locals about their worries and educated about the importance of wearing masks when they step out of the homes, proper washing of hands, social distancing and other measures. The residents appreciated the efforts and were very pleased with the bold gesture that the students made during these challenging times.







