

VMSIIHE Newsletter

Laurels / Accolades

VMSIIHE was awarded a Special Citation and conferred with the EGA 2022 Trophy (designed from recycled material) along with EGA 2022 Certificate (detailing the institute's initiatives) and a very special Tree Certificate for 3 Trees ("Trees for Water" planted at Bhilwara, Rajasthan, India) that have been planted by EGA in VMSIIHE's name.



Envirocare Green Awards (EGA) is an initiative by Envirocare Labs started in 2018 with a vision to motivate and empower professionals & organizations in the field of environment. The Award is conferred to those who strive to protect the environment by adopting or innovating measures that helps create a sustainable environment.

EGA 2022 received 46 original submissions from 7 countries, across multiple categories. The EGA secretariat initially screened the applications for data completion. The 2nd round involved assessment by 11 Jury members where the applications were evaluated for its *People, Planet and Profit* initiatives and given marks out of 100. The shortlisted 27 applicants from 4 different countries were then asked to present their work as part of the 3rd round of evaluation. 11 Jury, 11 Patrons, 7 Advisors and 12 Partners benchmarked the presentations on parameters like Uniqueness, Scalability, Presentation skills, Timing and Q&A. This evaluation was for 50 marks.

(Courtesy EGA)

Citation Award

Encourage | Empower | Enlighten



20th July 2022

From the desk of

Dr. Nilesh Amritkar, Founder Chairman, Envirocare Green Awards

Dear V. M. Salgaocar IIHE,

Congratulations for being awarded the Special Citation at Envirocare Green Awards 2022 under category 'Academia'.

It indeed is encouraging, empowering and enlightening to learn about the initiatives you and your organization have taken towards sustainable care.

EGA 2022 received 46 original submissions from 7 countries, across multiple categories, making the final selection process a welcome challenge to the Jury panel. The EGA secretariat initially screened the applications for data completion. The 2nd round involved assessment by 11 Jury members where the applications were evaluated for its People, Planet and Profit initiatives and given marks out of 100. The shortlisted 27 applicants from 4 different countries were then asked to present their work as part of the 3nd round of evaluation. 11 Jury, 11 Patrons, 7 Advisors and 12 Partners benchmarked the presentations on parameters like Uniqueness, Scalability, Presentation skills, Timing and Q&A. This evaluation was for 50 marks.

The decision to select you in the category 'Academia' reflects the quality & the merit of your initiative, and it is a testament to the caliber and intensity of the competition.

Being awarded the Special Citation, you have been conferred with the EGA 2022 Trophy (designed from recycled material), EGA 2022 certificate (detailing your initiatives) and a very special Tree Certificate for the 3 Trees (Trees for Water planted at Bhilwara, Rajasthan, India) that have been planted by EGA in your name.

Trees for water: The trees play an important role in the hydrological cycle of forest ecosystems. The villages chosen for plantation activity face extreme water scarcity. Scanty monsoon fills up to 0.61% of the dam's capacity. Plantation of trees in this drought-prone region is expected to improve the water table. The plantation of trees will hold the water with the help of its roots, preventing them both from percolating deep into the soil as well as getting evaporated. Trees planted includes Neem (Azadirachta indica), Shisham (Dalbergia sissoo), Babool (Acacia nilotica), Kumtha (Acacia senegal), Kher (Acacia catechu), Chural (Holoptelea integrifolia), Karanj (Pongamia pinnata), Jangle jalebi/Kekar (Pithecellobium duice), Imli (Tamarindus indica), Ber (Ziziphus mauritiana), Ronj (Acacia lecophioea). Upon maturity, each tree can absorb approximately 20kg of CO2 per year which is considered globally as a conservative estimate for sequestration potential of trees. It is truly a proud moment for all of us at EGA to have planted 121 Trees this year.

Celebrate Environment, Celebrate Sustainability, Celebrate Life. Congratulations once again and we look forward to your continual contribution in creating a sustainable world for our future generations.

Best Wishes,

Deenal C. Shah EGA Secretariat.

Do follow us on our LinkedIn page: https://www.linkedin.com/showcase/envirocary-green-awards for regular updates on Environment & Sustainability.

Tree Certificate



Van Mahotsav Celebrations

Van Mahotsav or forest festival was initiated by Mr. Kanaiyalal Maneklal Munshi, an Environmentalist and Union Minister of Agriculture and Food (1952-53), to increase the area under forest cover and motivate people for forest conservation and planting trees. The festival is celebrated simultaneously in different states of India in the first week of July to spread awareness. The objective behind celebrating Van Mahotsav is to keep local people involved in plantation drives and spread environmental awareness.









The event organised at our Institute on July 8, 2021 began with the lighting of the lamp by Prof. Irfan Mirza, Director/Principal. Ms. Sujatha Madhavan, Assoc. Prof., Food Production, spoke and encouraged the staff to spread awareness about saving the planet. This year we distributed fruit saplings to the staff and local farmers which were collected from the Forest Department of Margao. The gardeners of the Institute received a special reward as recognition of their labour.

Green Audit Report

A Green Audit of our Institute was carried out by Shubhankar Environmental Services, Ponda, Goa. The Report was submitted on 22/6/2022.

While some specific recommendations for waste, water and biodiversity were made, it was also suggested that the Institute could explore the possibility of preparing an Annual Sustainability Report:

- To showcase VMSIIHE on national and international platforms such as Higher Education Sustainability Initiative (HESI) and participate in international events / competitions.
- Active student initiatives to be encouraged.
- Collaborations with renowned hotels, educational institutes, individuals who have earned accolades in this area.

New Beginnings...

A new Program - B.Sc. Culinary Arts - has been introduced at VMSIIHE.

New faculty who have joined the VMSIIHE team this academic year are:

Edgar D'Souza, Asst. Prof. – F&B Service Alisha Carvalho, Asst. Prof. – English

Alyce Rodrigues, Asst. Prof. — Microbiology (Food Science)
Dewaraj Hirekurabar, Director — Physical Education & Sports

Knowledge Enhancement

Workshops / Conferences / Webinars / Training Sessions

Designing E Portfolios

The IQAC Cell of VMSIIHE organized a workshop on 'Designing E Portfolios' for its faculty on 16th June 2022. The resource person for the workshop was Asst. Prof. Andrew Barreto, Chowgule College, Margao.



The objective of the programme was to create an E-Portfolio and how students could design one to visually track their progress in the 3 years at college. The application of e portfolios was discussed in detail. For instance, the kitchen department could use it to allow students to track their kitchen experiences and help them to develop their resumes. The workshop ended with a Q & A session.

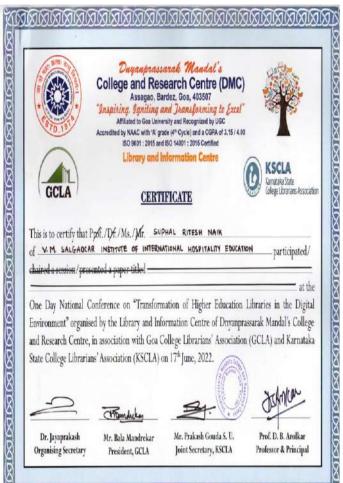
National Conference on Transformation of Higher Education Libraries in the Digital Environment

A One Day National Conference on "Transformation of Higher Education Libraries in the Digital Environment" was conducted by the College Librarians' Association (GCLA) & Karnataka State College Librarians' Association (KSCLA) on 17th June 2022 at DMC and Research Centre, Assagao, Bardez.

Ms. Suphal Naik, Librarian, VMSIIHE, attended the same.







Writing an Assignment Guideline

The IQAC Cell of VMSIIHE organized a workshop on 'Writing an Assignment Guideline' for its faculty on 22nd July 2022. The resource person for the workshop was Dr. Nandkumar Sawant, former Principal, Chowgule College.



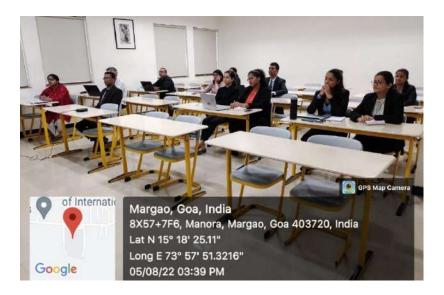


The objectives of the workshop was how to design an assignment guideline for students with specific course outcomes. Dr. Sawant spoke about Bloom's Taxonomy, format of an assignment and the rubrics for assessment. The workshop concluded with a Q & A session.

Training Session on Urkund (Ouriginal)

The IQAC Cell organized a training session on Urkund for its faculty on 5th August 2022. The resource person for the session was Ms. Prity Rathi, Urkund Trainer.

The objectives of the session were to understand how to use the software and run reports and papers for plagiarism check.



Workshop on 'From Complaints to Compliance: Teaching a free spirited Teenager'

The IQAC Cell of VMSIIHE organized a workshop on 'From Complaints to Compliance: Teaching a free spirited Teenager' for its faculty on 26th August 2022. The resource person for the workshop was Dr. Aldina Braganza.

The objectives of the workshop was to bridge the gap of effective communication between teachers and students through mutual respect. Dr. Aldina spoke about the effects of the pandemic



on students, tech overload and overcoming hurdles while dealing with the students. She conducted an exercise on Wellness circle and spoke about selfcare among teachers and students.

Achievements

• International Paper Presentation

A paper was jointly presented by Dr. Semele Sardesai and Ms. Supriyanka Govekar titled "An Empirical Study of the Predictors of Green Purchase Behaviour" organized by European Knowledge Development (EUROKD) at the 8th International Hybrid Conference on Management Studies, ICMS-2022, Istanbul, Turkey on June 10th - 11th 2022.





Paper Submission

Mr. Edgar D'Souza has written a paper, co-authored by Dr. M.S. Dayanand and Dr. Nilesh Borde titled "Tourists' Alcoholic Beverage Consumption and Revisit Intention: A Conceptual Paper" and has been published in Turizam, an international peer reviewed journal, listed in the UGC Care Journals. This was a literature review paper that collates literature in the area of the alcoholic beverage consumption experience of tourists and their behavioural intentions.

Knowledge Portal

New Arrivals...















IQAC Meeting

The IQAC Meeting was held on Friday, 15th July 2022 in the Board Room of VMSIIHE. The new members were welcomed by the IQAC Co-ordinator, Ms. Nelissa Alcasoas. Academic and other matters were discussed. Suggestions for improvements were noted.

Wellness Programmes

International Yoga Day

The 8th International Yoga Day was celebrated at VMSIIHE on 21/6/2022. The theme for this year is 'Yoga for Humanity' and how the practice of Yoga can promote a holistic route to health while taking into consideration the fact that the last few years have caused significant mental, emotional and mental strife in individuals all over the world.

We were privileged to have Ms. Anjali Ranade, the yoga expert. Her passion is Vedic Mathematics and Yoga. She is a Vedic Maths trainer and is also working with Art of Living.

The participants consisted of faculty and staff of VMSIIHE. This session was a combination of powerful breathing exercises, rotation exercises and meditation.





Covid-19 Vaccine

On 04th August 2022, The NSS Unit of VMSIIHE organised a Booster / 1st & 2nd dose camp. A team of doctors & Nurses from Loutolim PHC conducted the camp from 09:30am to 12:00pm. A total of twenty-Six staff member & 2 students participated in the camp.





ibreast screening

HR department organized 'ibreast screening' for the lady staff on 26/08/2022 at VMSIIHE. A total of 30 lady staff participated in the screening.

Two staff members from District Hospital Margao Goa came to do the screening and explained the benefits of ibreast screening:

- It helps get more women screened for breast cancer.
- It helps in detection of lesions in breast, which could lead to cancer.
- Quick and painless breast exam designed to detect early breast cancer symptoms.



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Food for the Soul...

Festivals offer an excuse to tickle our palates and enjoyed traditional meals

Eid Celebrations – 8/7/2022





Ganeshotsav - 29/8/2022

The festival celebrates Ganesha as the God of New Beginnings and the Remover of Obstacles as well as the god of wisdom and intelligence. This festival is observed throughout India, especially in the states of Tamil Nadu, Maharashtra, Karnataka, Kerala, Andhra Pradesh and Goa.







Visitors to the Institute

Dr. Antonio Crystello Tavares, Consul General of Portugal along with Mr. Paulo Gomes, Director of Fundação Oriente and Ms. Ethel Bruto da Costa visited our Institute.





Prof. Irfan Mirza Editor in Chief Dr. Marie Raj Editor Sushma C. Lotliker Sub Editor

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