V.M. SALGAOCAR INSTITUTE

of

INTERNATIONAL HOSPITALITY EDUCATION

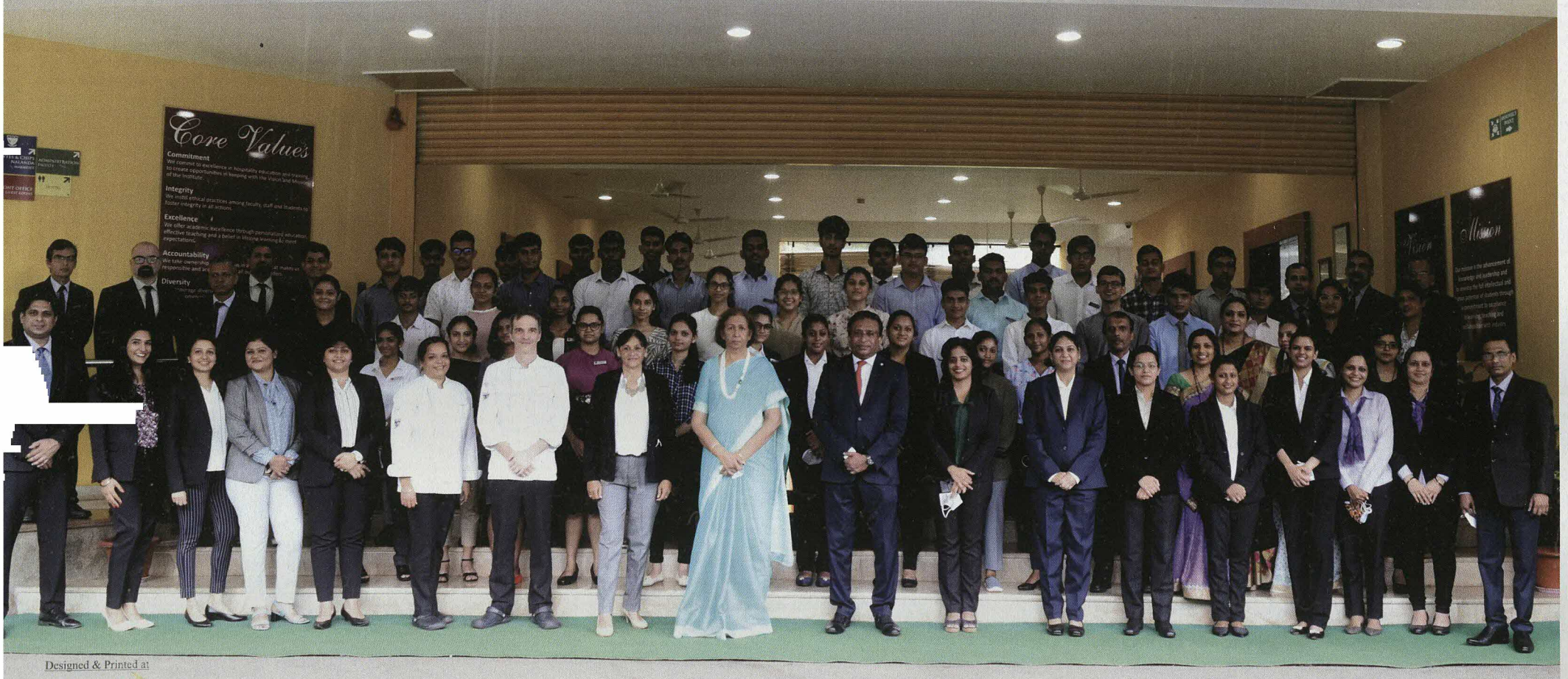


Le Voyage

Yearbook

2023-2024

V.M. SALGAOCAR INSTITUTE
of
INTERNATIONAL HOSPITALITY EDUCATION



Designed & Printed at
PhotoGenie
M: 9422059821

www.vmsiihe.edu.in

atithi devo bhava

VMSIIHE

V. M. SALGAOCAR INSTITUTE
of
INTERNATIONAL HOSPITALITY EDUCATION



Manora-Raia, Salcete, Goa - 403720, India

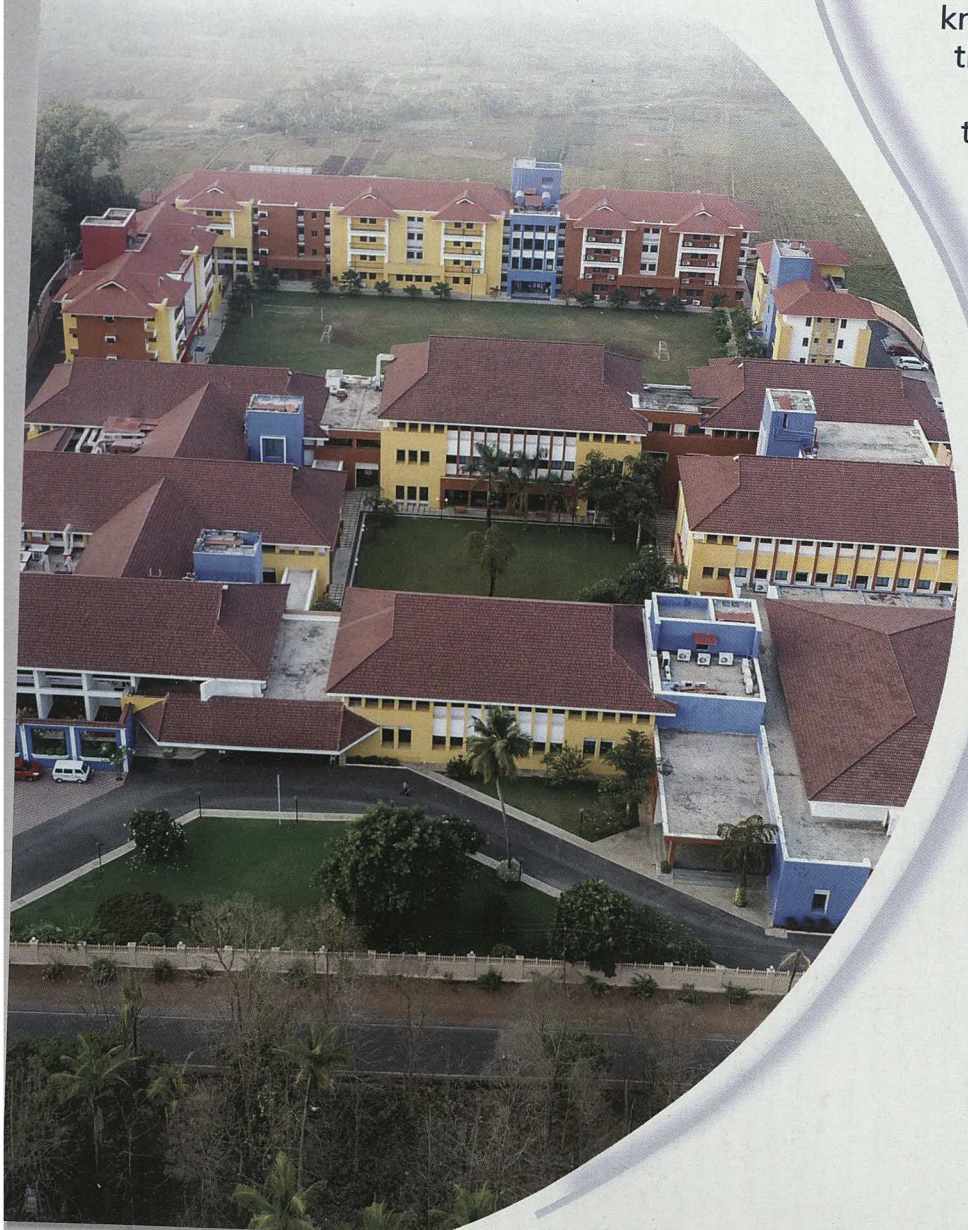
Tel +91 (832) 6623000 Fax +91 (832) 6623111

info@vmsiihe.edu.in | www.vmsiihe.edu.in

YouTube VMS Institute of International Hospitality Education

vmsiihe Salgaocar

V.M. SALGAOCAR INSTITUTE
of
INTERNATIONAL HOSPITALITY EDUCATION
Affiliated to Goa University



Vision:

Our vision is to be the best educational institution in international hospitality management creating world-class leaders committed to excellence.

Mission:

Our mission is the advancement of knowledge and leadership and to develop the full intellectual and human potential of students through a commitment to excellence in learning, teaching, and collaboration with industry.

Core Values:

1. Commitment
2. Integrity
3. Excellence
4. Accountability
5. Diversity
6. Professionalism

Institute Anthem

Chorus:
Come seek the light,
Our voices sound;
The patron is God,
The patron is God.
Come worship knowledge,
See the lord;
The patron is God,
The patron is God. (x2)

Verse 1:
We!
We shall create a batch of gold,
Unlock the powers of the soul;
Deliver to the planet's needs,
Forever then we shall repeat!

Verse 2:
Time!
It always runs so keep it close,
Make sure we never let it go;
Keep on our toes the world is fast,
Make an impact for years to last

Repeat chorus (x2)



Compiled by
Bob Abreo & Ujjwal Tripathi
Batch 2015-2018



Yearbook Commitee

EDITORIAL BOARD

Ms. VALERIE JACQUES
Editor

Dr. LYSETTE D'SOUZA
Member

The Editorial Board of our Institute magazine, we extend our warmest greetings to each and every one of you.

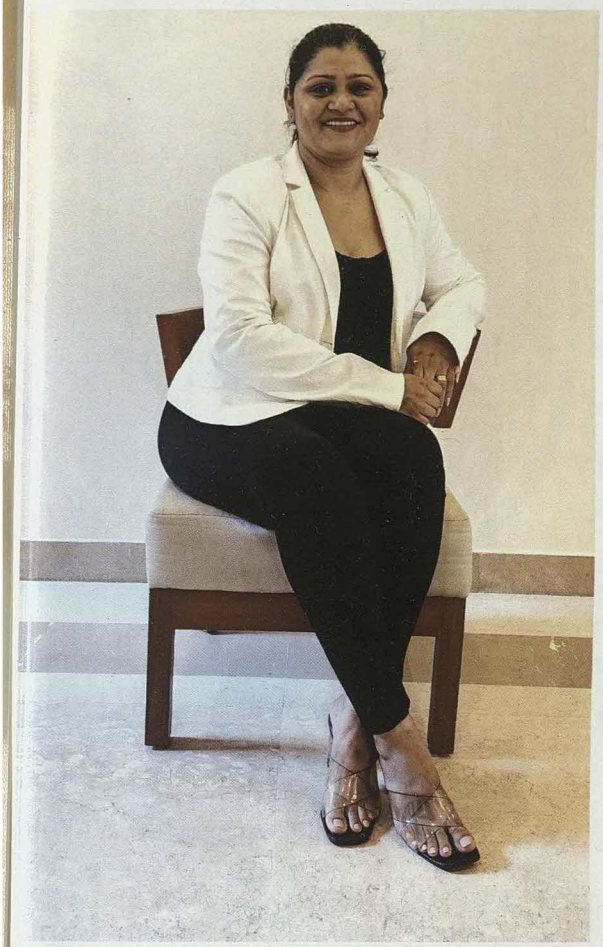
We are thrilled to present yet another edition filled with captivating stories, insightful articles, and creative expressions from the talented minds within our college community.

This magazine serves as a platform for showcasing the diverse talents and achievements of our students and faculty, and we are immensely proud to be able to share them with you.

We encourage you to delve into the pages of this magazine, to explore, to learn, and to be inspired by the voices and perspectives within.

Thank you for your continued support and readership. Your engagement is what motivates us to strive for excellence with each issue.

Happy reading!



From the Editors Desk

Ms. Valerie Jacques
Editor

Welcome to the 8th edition of "Le Voyage"!

As I sit down to pen my final editorial for the Institute magazine, I find myself overflowing with a multitude of emotions—gratitude, nostalgia, and a tinge of bittersweet anticipation. It seems like just yesterday when I embarked on this journey, filled with excitement and a sense of purpose. Now, as I bid adieu, I am humbled by the experiences I've shared and the transformations I've undergone.

Over the last few years, **'Le Voyage'** has been more than just a publication—it has been a canvas for our shared memories and a collection of our aspirations and voices. Through its pages, we've celebrated achievements, explored ideas, and sparked conversations that have resonated far beyond the confines of our campus.

The 8th edition is a celebration of creativity in all its forms. Whether it's through written words, visual art, photography, or multimedia, we're continually amazed by the depth of talent and originality that exists within our students and Staff. We hope that the pieces featured here will not only entertain and inspire you but also spark conversations and connections that enrich our collective experience.

To our readers, I extend my heartfelt appreciation for your unwavering support and engagement. Your feedback, comments, and words of encouragement have fueled our passion and inspired us to raise the bar with each subsequent edition. It is your enthusiasm and curiosity that have propelled us forward and reinforced the importance of our mission to inform, inspire, and unite our community

Here's to the future—a future filled with endless possibilities, boundless opportunities, and the unwavering spirit of hospitality.

Le Voyage
2023-2024

Message from the Director



Prof. J.S. Mirza

Director / Principal

Warmest congratulations to the editorial team of **Le Voyage** on the release of its 8th edition.

We also take this moment to extend our heartfelt wishes for success to all graduating students from both the BSc. and MSc. programs.

An exciting highlight of this year was the inauguration of the new kitchen, "Chula," at the amphitheater. This facility serves not only for class cooking purposes but also provides hostel students with the opportunity to practice cooking during their free time.

This year has been exceptionally productive for us in terms of Memorandums of Understanding (MOUs). We are delighted to announce the signing of 5 new MOUs with various institutes, hotel chains, and agencies, including Marriott India, Goa Management Association, Goa Chamber of Commerce & Industry (GCCI), Eduadvise International, and MIT-World Peace University, Pune.

We've also had the pleasure of hosting exchange programs. Students from MIT-Pune spent two weeks at our campus, and Portugal Exchange students joined us for a four-week program.

Furthermore, this year, we're excited to continue our tradition of taking students to Switzerland and Portugal, along with introducing a new study tour to Dubai.

Among other activities, our students have organized cultural nights, theme nights, an International Food Festival, and a farmers market. Additionally, we've had the honor of assisting with the cooking and serving of dinner hosted by the Consul General, as well as preparing the main course for approximately 350 guests at the Indo-Portuguese dinner.

After much anticipation, we were delighted to extend a warm welcome to Ms. Marga Cretton, former Ambassador for International Relations at Cesar Ritz Colleges Switzerland, and Mr. Hans. Their response to our hospitality was overwhelmingly positive, reaffirming the enduring spirit of excellence that thrives within our Institute.

I extend heartfelt appreciation to all my colleagues and students for their dedicated efforts in making this academic year truly productive and for upholding the standards of excellence in learning at VMSIIHE.

Furthermore, I express sincere gratitude to Ms. Valerie Jacques and her editorial team for their outstanding work on Le Voyage.

OUTSTANDING STUDENT OF THE YEAR 2022-23

Ms. Joana Souza Lobo

Batch 2020- 2023



"Success is not the key to happiness. Happiness is the key to success. If you love what you are doing, you will be successful."
- Albert Schweitzer

The outstanding student award at the institute is a benchmark for excellence in all aspects of not only being an excellent student but an even better human in this world and to know that the I have received this award as a person who has always put my best foot forward in all aspects through these three years brings me great pride and joy.

From being taught wines and their regions to sharpening my knife skills along with business knowledge alike but it is my insatiable thirst for knowledge, coupled with an unparalleled work ethic that has brought me to this pinnacle of anachievement.

Three years was a whirlwind of failures, triumphs, growth and discovery, but I conquered all of these with the right attitude, dedication and grit learning from my experiences and learning from others and growing along with my colleagues.

And even after these three years this award is a reminder to me that motivates me to continue striving for excellence in both, my professional and personal life.

It brings tears to my eyes as I reminisce the amazing experiences that have brought me to where I am today with the guidance of my professors, chefs and parents who mentored me to be a brighter and polished person and a proud student of V.M. Salgaocar Institute of International Hospitality Education.

GENDER CHAMPIONS 2023-24



As Gender Champions for the year 2023-2024, it was an amazing opportunity for us to be role models and advocates for fostering gender equality and empowerment at our campus. Not only were we promoting equality but a diverse, happy environment where everyone grows to be pillars of hope. We would like to thank everyone who believed in us, cooperated and put in their efforts throughout the whole academic year not to forget our coordinators Ma'am Gauri and Sir Frazer for encouraging us and being good mentors in the success of this journey. We are grateful to have had Prof. Irfan Mirza's support and his continuous encouragement with our events, activities and overall wellbeing of the campus.

Let us celebrate diversity, equality, and empowerment in all its forms! We believe in fostering an inclusive environment where everyone's voice is heard, regardless of gender identity. Together, let's break barriers, challenge stereotypes, and create a community where everyone thrives. Here's to a year of progress, understanding, and support for all genders! And to the next gender champions BUCKLE UP because you are the leader of tomorrow!

Your Gender Champions

Hermenio Caldeira & Anjolie Gracias,

Signing off.

#EQUALITYFORALL

F.Y.IHM F.Y.IHM F.Y.IHM F.Y.IHM



F.Y.IHM F.Y.IHM F.Y.IHM F.Y.IHM


F.Y.CA
F.Y.CA
F.Y.CA
F.Y.CA
F.Y.CA
F.Y.CA
F.Y.CA
F.Y.CA


S.Y.IHM S.Y.IHM S.Y.IHM S.Y.IHM
S.Y.IHM S.Y.IHM S.Y.IHM S.Y.IHM


S.Y.CA
S.Y.CA
S.Y.CA
S.Y.CA
S.Y.CA
S.Y.CA
S.Y.CA
S.Y.CA

T.Y.IHM T.Y.IHM T.Y.IHM T.Y.IHM



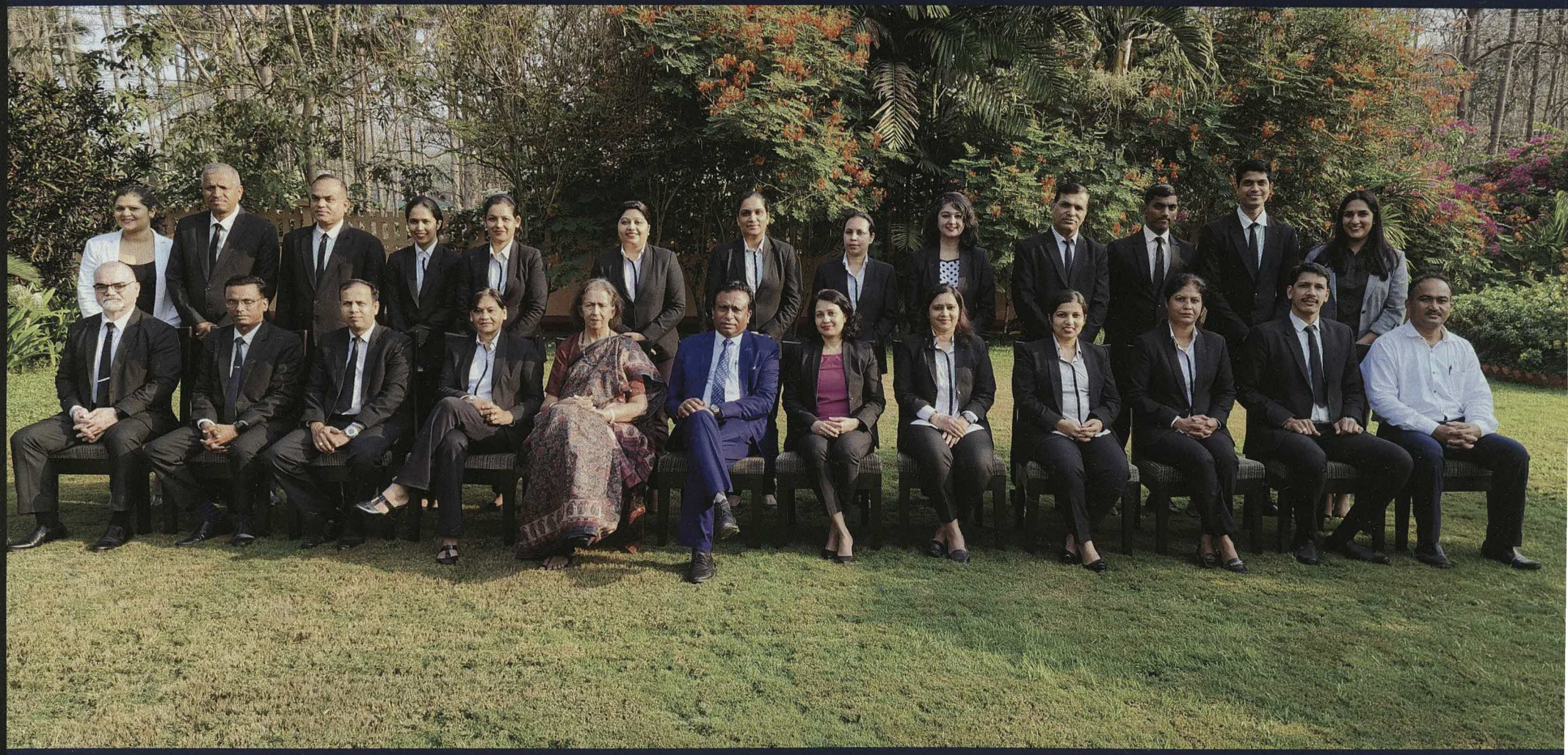
T.Y.IHM T.Y.IHM T.Y.IHM T.Y.IHM

FACULTY FACULTY FACULTY FACULTY



FACULTY FACULTY FACULTY FACULTY

ADMIN ADMIN ADMIN ADMIN



ADMIN ADMIN ADMIN ADMIN

SUPPORT STAFF SUPPORT STAFF SUPPORT STAFF



SUPPORT STAFF SUPPORT STAFF SUPPORT STAFF

CLUB REPORT

Cultural Club

FRESHER'S PARTY

The fresher's party was organized by the third year IHM and second year CA students from 02.30 PM-05.00 PM on Thursday, 27th July 2023. The theme of this fresher's party was NETFLIX: Don't be a Ringarde!

The purpose of the event was to have fun and know each other but at the same time it was very good platform for the TY and SY to showcase their talents, team spirit and leadership skills.

The FY students were very enthusiastic about the event and put in a lot of effort to dress up and put together a costume according to the theme given.

The event on very smooth. The fresher's liked the event very much, even the faculty members enjoyed the show. Mr.& Ms. FRESHERS 2023 was Mr. Zoran Miranda and Ms. Samantha Fernandes respectively.

The staff and students were treated to a delicious spread of snacks and dessert by the SY CA students in the cafeteria.







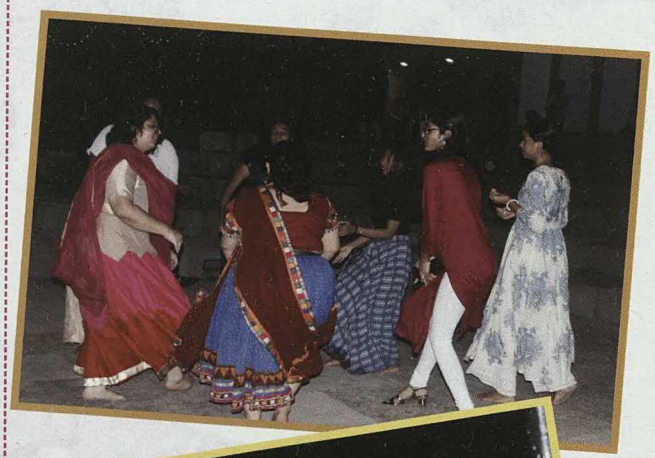
TEACHER'S DAY

The Cultural club along with the students hosted a small Teacher's day programme in the cafeteria for the faculty and staff members during the evening tea break.

There was a flash mob followed by a thank you speech and a beautiful video.

GARBHA NIGHT

On the occasion of Navaratri (18th October 2023) the students of V. M. Salgaocar Institute had organised a garba night. The Garba Night celebration took place in the institute's open-air amphitheater, adorned with traditional decorations and colorful lighting, creating a festive ambiance. The event aimed to showcase the rich traditions and culture of India, particularly the state of Gujarat, through dance, music, and festivities. The event was for the hostel students, and few faculty members. The Garba Night was a major success, demonstrating the enthusiasm and cultural diversity within the college. The heart of the celebration was the energetic and rhythmic Garba and Dandiya Ras dance forms. Students dressed in traditional attire, with vibrant chaniya cholis for the women and kurtas for the men. Students of the Final year had organized the event, there were multiple dance performance by the Master and Final year students of which the melodic tunes kept the crowd engaged with their captivating performances.





To satisfy everyone's culinary cravings, a variety of authentic Indian snacks and beverages were available, ranging from fafda, jalebi dhokla to refreshing juices. The food stalls were a hit, offering a delightful taste of traditional Indian flavors.



A highlight of the evening was the Garba dance competition, where students showcased their choreography and dance skills. The competition added an element of excitement, and the winners received attractive prizes, fostering healthy competition and team spirit.

Garba Night also served as a platform for cultural exchange, with all students participating enthusiastically and showcasing their own dance forms and costumes. This exchange of cultural experiences added a unique dimension to the event.

The Garba Night celebration at the institute was a resounding success, showcasing the college's commitment to cultural diversity and inclusivity. It provided an opportunity for students to immerse themselves in the vibrant traditions of India and fostered a sense of unity and harmony within the college community. The event was a testament to the importance of cultural celebrations in higher education and will undoubtedly be remembered as a cherished part of the college's cultural calendar.

SKILLS "N" THRILLS 2023

Skills N Thrills 2023 was an event organized by the Cultural Club on Friday, 27th October 2023. The purpose of this event was to have fun and bring out the spirit of healthy competition among our students. Since this was an inter-class competition it was a good opportunity for the students to get to know their classmates and also to showcase their talents.

The Skills N Thrills 2023 comprised of 7 competitions namely:

1. Mad Ads
2. Beat the Street
3. VMSIIHE Warrior
4. The Great D-Baker
5. Walk the Talk
6. Singing
7. Roller Coaster Ride

The Mad Ads was a competition in which the students had to sell a crazy idea to the audience by enacting the advertisement. The judges for this competition were Dr. Semele and Ms. Valerie. Everyone put in a lot of effort but the class that captured the audience attention with their product were T.Y.IHM. securing the 1st place followed by S.Y. CA securing the 2nd place.

In Beat the Street students showcased their dancing talents and danced like no one watching. The dance styles ranged from freestyle to classical, giving the audience a variety to enjoy. The judges for this competition were Ms. Jinnie and Ms. Shameem. The clear winners of Beat the street were T.Y.IHM. followed by the S.Y.CA.

The Great D-Baker participants had to voice out their opinions and give the opponents a tough competition through debate. Each team had an introductory round, followed by the rebuttal and finally summarization on their point. The judges were Ms. Martha and Dr. Lysette. The T.Y.IHM took the 1st followed by the S.Y.CA. as the runners up.

Walk the Talk was a great way to show the audience a new and unique way of dressing based on the theme "Elements of Nature". The judges for the fashion show were Chef. Sebastian and Ms. Valerie. The winners of this event were the T.Y.IHM who captured all 12 elements of nature in their creative costumes and runners up were S.Y.CA who captivated the audience by using the elements of nature in their costumes.

For the Singing competition, the judges were Mr. Frazer and Ms. Gauri. The winner of this round were T.Y.IHM, while there were 2 runners up S.Y.CA and F.Y.CA.

The VMSIIHE warrior competition had 3 rounds and one team would get eliminated at the end of each round. All 3 rounds were fun and entertaining. The first round was "holding a plank for the longest", F.Y.IHM. having got eliminated at the end. The 2nd round "Slow and Steady" ended with S.Y.CA. getting eliminated from the run. The last round was "VMSIIHE Mavericks". The VMSIIHE Warrior was Reece Estrocio (T.Y.IHM) and runners up Agastya Hede (F.Y.CA)

The event ended with the Roller Coaster Ride which was based on the participant's general knowledge and a little bit of luck. Basically, the competition was the game of snakes and ladders with a twist. Where in to start off the participants needed a 6 and eventually to roll the dice they had to answer A question correctly and move forward trying to miss the snakes and grab onto the ladders while they make their way to the finishing line (HOME). The runners up of this competition were the S.Y.CA and the winners were none other than T.Y.IHM

The overall winners of Skills N Thrills 2023 were T.Y. batch who took pride in yet again being topmost in the hierarchy.

The event went on very smooth. All the students cheered for their class during the competitions. The atmosphere was filled with fun and cheer. All the students enjoyed the event and even suggested to have such type of events more often, even the faculty members who attended the event enjoyed the show.

CHRISTMAS ACTITIVIES

The cultural club started with Christmas season preperations from the 2nd week of December 2023.

Friday, 15th December 2023.

The cultural Club Coordinator Ms. Alethea, along with the help of Mr. Frazer, Ms. Alcye and some students put up the Christmas tree and deco. It was an evening full of fun and cheer as the spirit of Christmas spread around the campus.

Serenading

The Cultural Club Coordinator, Ms. Alethea, along with several faculty members (Mr. Frazer, Mr. Virender, Mr. Rafi, Ms. Edna, and Ms. Deepika), and hostel students, spread warmth, cheer, and the joy of Christmas as they serenaded through the neighbourhoods of Majorda and Manora on 19th and 20th December 2023, respectively. The VMSIIHE group, accompanied by Santa, delighted villagers of all ages. The residents were thrilled to see the group serenading through the streets, and they made for a very enthusiastic audience.

Christmas Celebration

The Cultural Club organized the Christmas celebration on 22nd December 2023, at the Multipurpose Hall starting at 14:00 hours. Ms. Alethea Baracho, the Cultural Club coordinator, commenced the program by extending a warm welcome to all students and staff.

This was followed by the entertainment segment showcasing different dances performed by the students of each class to enliven the Christmas spirit. Four spot prizes were awarded to the audience based on their knowledge of Christmas trivia. Students and staff engaged in festive games like Christmas taboo and Christmas charades.

Following these festivities, there was a carol singing competition among F.Y. IHM, F.Y. CA, S.Y. CA, T.Y. IHM, Faculty, and Admin staff. The judging criteria was -pitch and synchronization of voices, costumes, and overall impact. The judges for this was none other than our very own support staff; Ms. Nahida, Mr. Rovino, and Mr. Shaurayu. The winners of the carol singing competition were SYCA, with the runners-up being TYIHM.

The subsequent part of the program involved expressing appreciation for the dedication and hard work of all support staff. Prof. Irfan Mirza (Director &Principal) presented gifts to the support staff as a token of gratitude.

Following this heart-warming gesture, the exchange of Secret Santa gifts took place among both staff and students. Lastly, everyone enjoyed a lovely tea and cookie session in the cafeteria.

STUDENT'S ANNUAL PICNIC





V.M. Salgaocar Institute of International Hospitality Education organized a delightful picnic for the students of TY IHM, SY CA & IHM, and FY CA & IHM ON 24TH February 2024, providing them with an opportunity to unwind and connect with nature. The venue chosen was NV eco farm, Dabal Goa, promising a day filled with adventure and fun activities. Upon arrival, the students were greeted with an array of exciting options, including rock climbing, zip-lining, and various adventurous bridges, allowing them to indulge in thrilling experiences.



The farm had two pools, one of which was a refreshing freshwater pool, where students eagerly splashed and enjoyed the cool waters. Amidst the lush greenery, students and faculty came together to sing songs accompanied by guitars and clap box, creating an atmosphere of joy and unity. The music echoed through the surroundings as everyone danced and vibed around.

Aside from the main attractions, students also engaged in various sports activities like football and volleyball, showcasing their teamwork and competitive spirit. These activities not only provided entertainment but also promoted physical exercise and healthy competition among the students.

Lunchtime brought everyone together around plates of delicious biryani, fostering a sense of togetherness and community as they shared meals and stories. The bus ride to the farm was equally memorable, with students filling the air with songs and laughter, enhancing the journey with their infectious energy.

Overall, the picnic was a resounding success, leaving a lasting impression on everyone who participated. It was a day filled with laughter, adventure, and bonding, creating cherished memories that will be fondly remembered by all.



Kaizen Cuisine Club Annual Report 2023-2024

The Kaizen Cuisine Club has had a remarkable year filled with culinary creativity, community engagement, and a celebration of diverse gastronomic traditions. Here's a comprehensive overview of our key events:

1. ONAM CELEBRATION LUNCH

On the auspicious day of Onam, students of the cuisine club prepared the traditional onam sadhya consisting of 27 delectable dishes for more than 280 people including distinguished guests, faculty, staff members and students. The celebration comprised of some beautiful performances and a detailed explanation featuring the essence of Onam sadhya.

In addition to organising the lunch, we also held a sale of Injipuli, a traditional ginger pickle as well as palada payasam, an indulgent dessert.

2. FATHER AGNEL'S FOOD DONATION DRIVE

Demonstrating a commitment to social responsibility, our T.Y IHM students took the lead in preparing sliders and sandwiches for a food donation drive organized by Father Agnel's School. This not only showcased their culinary skills but also highlighted the club's dedication to making a positive impact in the community.

3. INTERNATIONAL CHEF'S DAY – FARM TO TABLE COOKING COMPETITION

In celebration of International Chef's Day, the club organized a Farm to Table Cooking Competition where students unleashed their creativity using locally sourced ingredients. The competition not only spurred innovation but also reinforced the importance of sustainable and locally inspired cooking. Heartfelt congratulations to the winners for their exceptional culinary process.

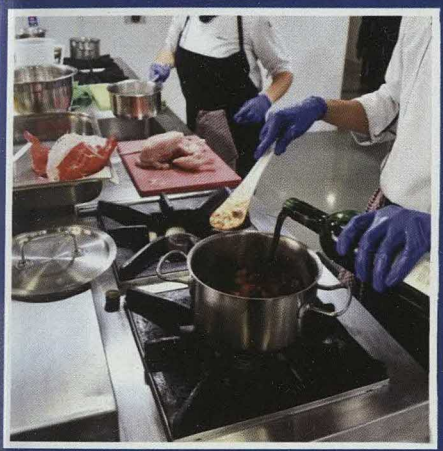
1st Place: Flenio Rodrigues and Rhian Barretto (S.Y C.A)

2nd Place: Kirti KC and Janhavi Sable (S.Y C.A)

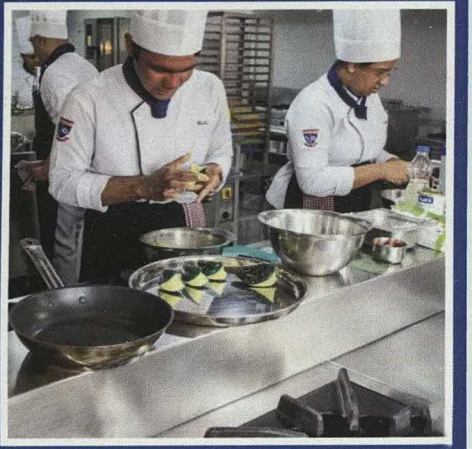
3rd Place: Bilal Mohammed and Aleena Daniel (S.Y C.A)













Cuisine Club



WINNERS

Miss Rhian Barretto and Mr Flenio Rodrigues

International Chef's Day

FARM TO TABLE

Chef competition



4. GANESH CHATURTHI HAMPERS SALE

During the festive occasion of Ganesh Chaturthi, the Cuisine Club curated and sold thoughtfully crafted hampers, featuring traditional delights such as Modaks, Chaklis, and Laddoos. This venture not only added a delightful touch to the celebrations within the institute but also showcased the students' ability to blend tradition with entrepreneurial spirit.

5. FRUIT MIXING CEREMONY:

Embracing the Christmas spirit, the club organized a traditional fruit mixing ceremony. The entire institute came together in the cafeteria to soak dried fruits and nuts in rum, a precursor to the delicious Christmas cakes that were later prepared. This ritual not only added to the festive anticipation but also fostered a sense of community among the participants.







6. FOOD CART AT RAVINDRA BHAVAN:

Students from S.Y C.A displayed their culinary finesse by setting up an engaging food cart at Ravindra Bhavan during a Chef competition. The focus on millet-based dishes not only showcased the students' versatility but also promoted the nutritional benefits of this often-overlooked grain.

7. CHRISTMAS CAKE SALE:

Students celebrated Christmas by preparing a Christmas cake. This initiative not only spread the joy of the festive season but also highlighted the rich culinary heritage embedded in our diverse student body.

8. SPORTS DAY FOOD CART:

During VMSIIHE's sports day, the Cuisine Club played a crucial role by organizing a dynamic food cart. Their culinary offerings provided a burst of energy for the hungry athletes and showcased the club's adaptability in catering to various events within the institute.

In conclusion, the Kaizen Cuisine Club's activities throughout the year have been a testament to the students' passion for culinary arts, their dedication to community engagement, and their ability to infuse creativity into every endeavour. As we look back on this year's accomplishments, we eagerly anticipate another year of culinary excellence, learning, and community enrichment.

DRUG ABUSE AND ITS REMITTANCES

The Counselling department in collaboration with the NSS unit organized on 'Drug Abuse and Its Remittances' on 04th September 2023. The speaker for this session was Adv. Krishnakant Hegde Desai followed by street plays on Drug Abuse and Inequality by the students of FY IHM and TY IHM respectively.

Adv. Krishnakant spoke about ramifications of consumptions and possession of drugs, he stressed upon the health effects, legal repercussions and quasi legal repercussions (Visa getting denied). He also mentioned about choosing friends and acquaintances well as these things can also make one liable for legal repercussions. How one bad choice or decision can put an end to one's career etc. Any knowledge of possession or usage should be informed to appropriate authorities immediately. In scenarios where, one finds abandoned drugs or narcotics one should immediately call the cops/police and not touch the bag/substance as that could be taken/used as evidence against you. He also gave a lot of hypothetical case scenarios to the students for their better understanding and also cases they could easily relate to as adolescents. The session ended with Q&A round. Overall the session was very impactful.

TEAM BUILDING

The Counseling department planned an activity session for the F.Y. IHM & T.Y.IHM students on Tuesday, 21st November 2023 for 2 hours each. The main focus of this session being "Team Building"

We took an activity-based learning approach, which helped the students have fun along with understanding a few concepts of working in a team. The major ideas we highlighted were: Communication, trust, collaboration/ team work and leadership.

The session started with an icebreaker for the students to feel comfortable and build rapport with each other.

Some of the activities that focused on team building were: broken telephone (focusing on communication – nonverbal and verbal); follow the leader (leadership) and arrange yourself (collaboration/team work).

TIME MANAGEMENT

The Counselling department in collaboration Rotary Club of Margao Sunrise organized a talk on 'Time Management'. The key speaker Mr. Neeraj D'Aguair – Administrator at NUSI Maritime Academy Goa.

He spoke on how Time management is not an art but a skill that needs to be acquired. He busted a few myths about time management like people work better under pressure, that there is never enough time etc. He also stressed on SMART goals and how time specific goals need to have time management as its priority.

He mentioned some unproductive tasks that take away most of your time such as social media, working without a plan, procrastination, multitasking, waiting for the right mood etc.

Mr. D'Aguair also stressed on the importance of time management:

- Enables us to accomplish goals faster
- Prioritizes one's work
- One can do more in less time
- Reduces stress levels
- Helps one to become more efficient and have eye for detail
- Helps one to have more control over their life

Some of the techniques of Time management that he touched upon were:

- Schedule your day
- Understand how you are spending time and where you're losing it
- Set goals and measure its progress
- Take breaks
- Remove distractions
- Pay attention to your body's highs and lows
- Do not multitask. Focus at the task at hand
- Do difficult tasks at first and tackle the easier ones later
- Maintain a master list of your to-dos
- Learn to say 'NO'
- Use technology to help you and control your phone, do not let it control you
- Prioritize your work (urgent, important, can wait, not important)

He concluded with the quote " Time is what we want most, but what we use worst."

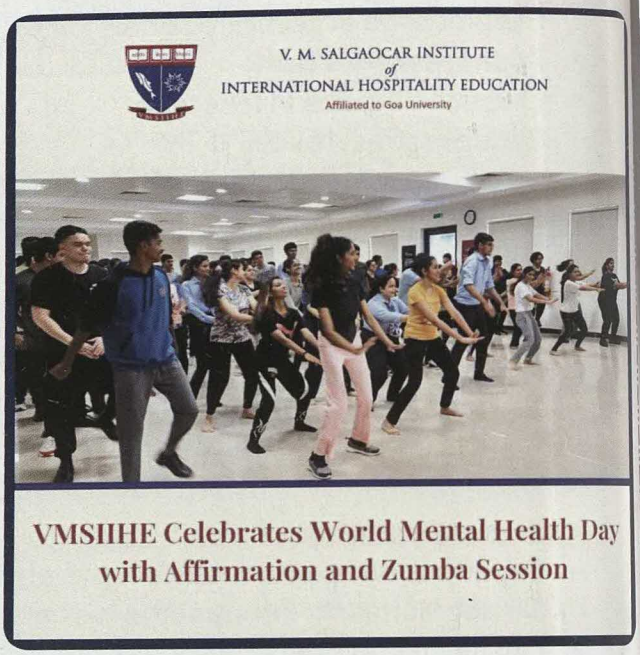
V. M. SALGAOCAR INSTITUTE
of
INTERNATIONAL HOSPITALITY EDUCATION
Affiliated to Goa University



Shaping a Conscious Future

Session on Drug Abuse and Its Remittances

WORLD MENTAL HEALTH DAY



VMSIIHE Celebrates World Mental Health Day with Affirmation and Zumba Session

World Mental Health Day 2023 is an opportunity for people and communities to unite behind the theme "Mental health is a universal human right" to improve knowledge, raise awareness and drive actions that promote and protect everyone's mental health as a universal human right. Mental health is a basic human right for all people. Everyone, whoever and wherever they are, has a right to the highest attainable standard of mental health. This includes the right to be protected from mental health risks, the right to available, accessible, acceptable, and good quality care, and the right to liberty, independence and inclusion in the community.

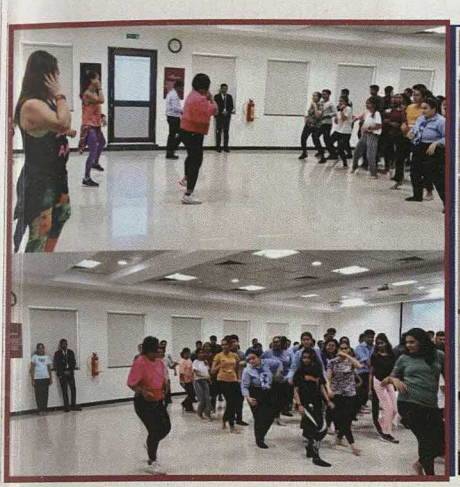
Good mental health is vital to our overall health and well-being. Yet one in eight people globally are living with mental health conditions, which can impact their physical health, their well-being, how they connect with others, and their livelihoods. Mental health conditions are also affecting an increasing number of adolescents and young people.

To celebrate the WMHD at VMSIIHE the Counselling Department came up with the idea of having an affirmation board where staff and students could pen down positive notes or words of affirmation and also a series of challenges to start with for a better mental, emotional and physical well-being.

The Counselling department also organized a 75-minute Zumba session for staff and students in the Multipurpose hall. Ms. Carroll Barretto and her team are professional Zumba trainers and have been in this field for over 5 years. The purpose of having a Zumba session was to help improve mood, increases energy levels and releases endorphins which make staff and students feel better about themselves. Some of the other benefits of dance therapy is

- Improve self-esteem. The amount that you respect and value yourself is your self-esteem. Showing yourself that you can learn and master new moves and skills through dance can improve your self-esteem and confidence.
- Improve one's mood and attitude. Dancing can improve one's mood while you learn, move, and perform. In fact, many people take up dancing because they put them in a good mood.
- Ease depression and anxiety. Dance is an effective type of exercise that raises your heart rate and works your muscles. Exercise can help with symptoms of depression and anxiety by releasing certain chemicals in your brain. It also provides a way to escape repetitive negative thoughts and worries.
- Protect one's memory. As we age, it gets harder to remember names, places, and other details. Learning new things, like different moves and styles of dance, sharpens your brain's ability to remember these kinds of details. This can help prevent dementia.

The students and staff had a really good time dancing their hearts out and the entire atmosphere was filled with positivity.







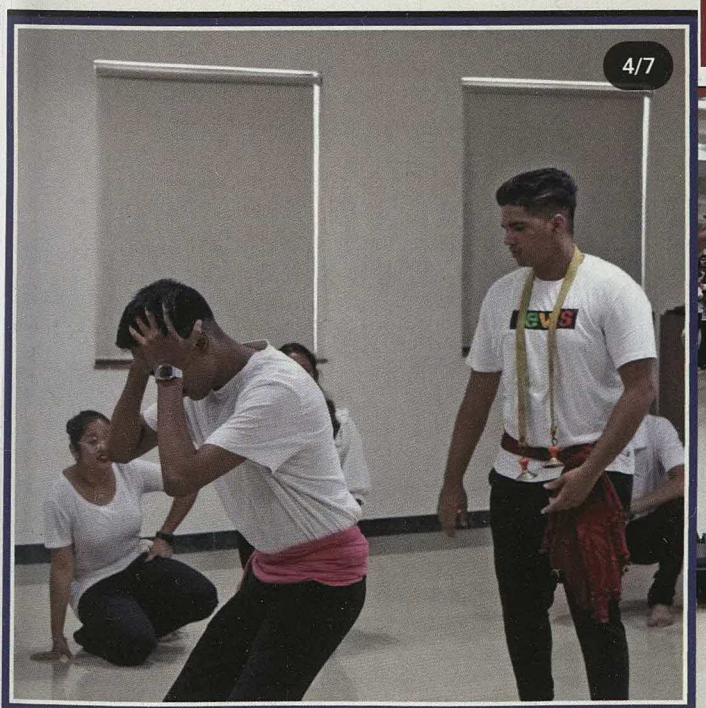
V. M. SALGAOCAR INSTITUTE
of
INTERNATIONAL HOSPITALITY EDUCATION
Affiliated to Goa University





Mastering Time Management

Insights from Mr. Neeraj D'Aguair at VMSIIHE





SPORTS CLUB









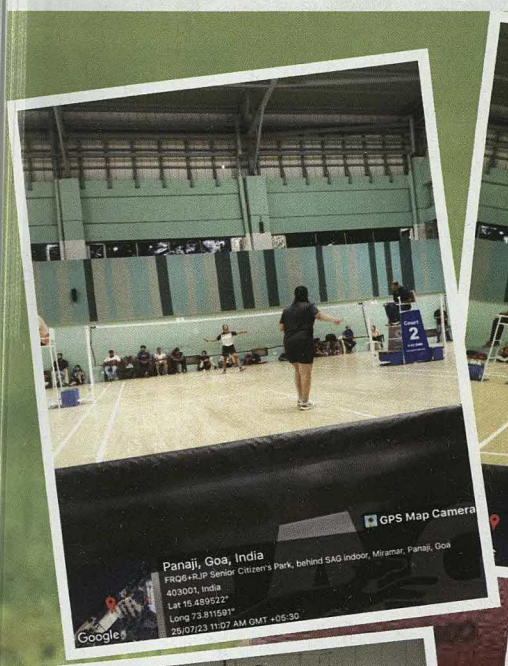
The institute team participated in various intercollegiate events for the year 2023-24 at the university level.

- We participated in the Men's and Women's badminton tournament which was held at campal on 25th July 2023
- We participated in the Men's Table Tennis tournament which was held at campal on 18th July 2023
- We participated in the inter collegiate Chess (Mix) Championship which was held at Sridora Caculo college Khorlim Mapusa from 1st to 3rd August 2023 and we moved from the 40th position to the 29th position.
- We participated in the Powerlifting Men's championship which was held at Goa university Jubilee Hall on 9th August 2023.
- We participated in the Cross-Country Race held at Taleigao on 19th August 2023.
- We participated in the Best Physique for Men held at Goa university Jubilee Hall on 15th September 2023.
- We participated in the inter collegiate Football tournament held at Goa University Ground on 28th September 2023
- We participated in the Inter Collegiate Cycling championship held at Navelim on 20th December 2023
- We Participated in the Inter collegiate Basketball Men's tournament held at Manohar Parrikar indoor stadium Margao on 16th January 2024.

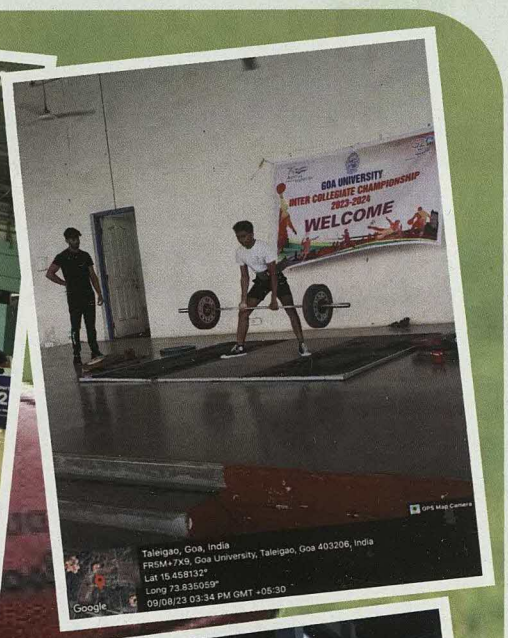
The sports Club had organised a Sports day on the 12th of January 2024 for the students in which the students were divided into 4 houses and competed amongst each other for the winner's title. There were a variety of sports such as cricket, futsal, table-tennis, track and field events, triathlon, obstacle race and so on for the students as well as the staff. The blue house emerged victorious and took the winners trophy home.

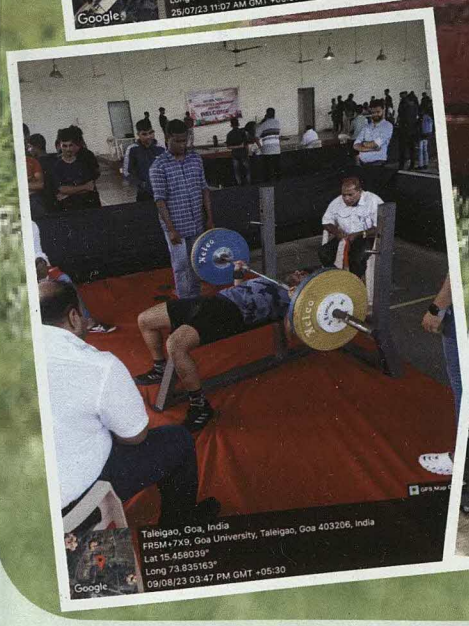


We also organised recreational games like Foot volley, Foot cricket, Squat and Push up competition etc. and a variety of interclass matches of football, table tennis, basketball, cricket, volleyball and so on.

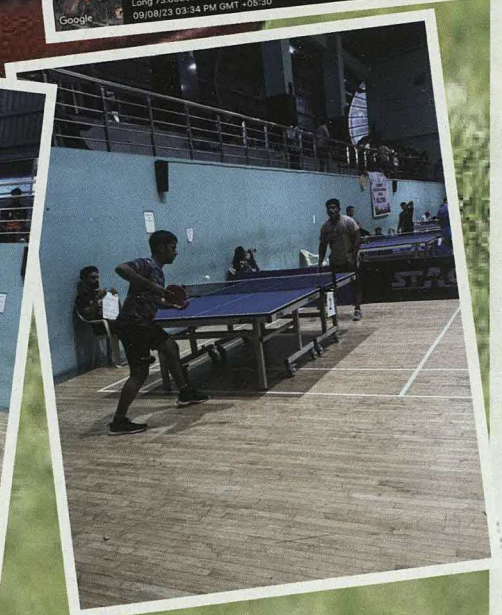












NSS Report

1. **Talk on "Democracy and Free and Fair Elections -** The Constitutional Imperatives" - NSS unit organised a talk for the FY IHM and FY CA students on 2nd February 2024. A total of 36 students attended the talk. The topic was on "Democracy and Free and Fair Elections- The Constitutional Imperatives" by Dr. Sandhya Ram S.A from V.M. Salgaocar College of Law. The students were sensitized about elections and the role of democracy for free and fair elections. They were briefed about their voting rights and the procedures involved in registering and casting ballots.



2. **Skit competition -** The Red Ribbon club of VMSIIHE organised a skit competition for all the students of IHM and CA on 6th March 2024. A total of 141 students attended the competition. The topic was "AIDS Awareness". There were three skits enacted in Konkani on the above theme. The competition managed to grab the attention of all the audience and drew their attention to the social aspects involving AIDS.

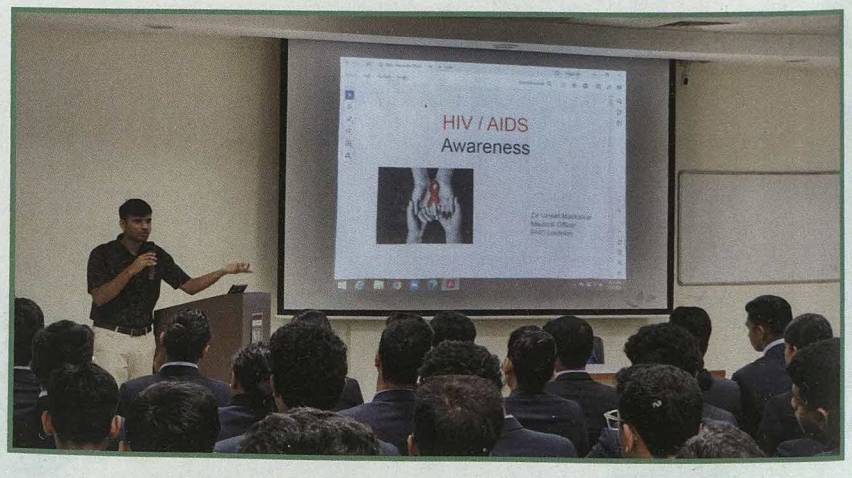
3. **Poster competition -** The Red Ribbon Club organised on 6th March 2024 a poster competition on the topic "AIDS Awareness" for the TYIHM students There were 6 entries. Students showcased their depiction of AIDS and its ill effects in a vibrant and creative manner.

4. **Mera Pehla Vote Desh ke Liye -** The NSS unit of VMSIIHE organised a two-day event on 6th and 7th March 2024 on Election Awareness. The Election Commission along with the Government of India started a campaign - Mera Pehla Vote Desh ke Liye. As a part of the program the following events were conducted:

a. <u>Slogan competition</u> for all the students of VMSIIHE- Received a total of 14 entries.

b. <u>Oration</u> by students on the subject matter like democracy, voting and role & involvement of youth in politics and elections.

c. <u>Skit</u> in Konkani by the TYIHM students on Election Awareness.



d. Demonstration about filling the application form for a new election card.

The event was covered by Doordarshan and Prudent Media. They telecast the whole event and also interviewed first time voters.

5. **Women mental health & well-being and Suicide Gatekeeper** - NSS unit organised a workshop for the TY IHM and SY IHM students on 5th February 2024. A total of 76 students attended the workshop. The topic was "Women mental health & well-being and Suicide Gatekeeper" by Ms. Sanya Pereira from COOJ. The session brought attention to the significance of women's mental health and overall well-being in today's increasingly sophisticated environment. Through the use of a role play, the students were made aware of the warning signals and preventative actions that are associated with suicide.





6. **AIDS Awarness** - The Red Ribbon club organised a workshop for the TY IHM, SY IHM and FY IHM students on 21st February 2024. A total of 101 students attended the talk. The topic was "AIDS Awarness " by Dr. Veenet Madkaikar, Medical officer from PHC- Loutolim. The workshop educated the students on the dangers of HIV/AIDS, the various ways the virus can spread, and the part that society and individuals can play in promoting acceptance of the disease.

7. **Outreach on AIDS Awarness** - The Red Ribbon club organised a workshop for the residents of Ria on 6th March 2024. 22 locals and 25 students attended the workshop along with the residents. The topic was on "AIDS Awarness" by Dr. Deesha Verlekar, Medical officer from PHC- Loutolim. The workshop educated the residents of Ria along with the students on the dangers of HIV/AIDS, the various ways the virus can spread, and the part that society and individuals can play in promoting acceptance of the disease. The Medical Officer dispelled several misconceptions pertaining to AIDS and the perils of its transmission.



8. **Road safety** - The N.S.S. unit of V.M. Salgaocar Institute of International Hospitality Education conducted a short film screening programme and slogan making competition on 31st July 2023 for the students of International Hospitality Management and Culinary Arts at the Institute's campus. Four short films on road safety were screened followed by an interactive session with the students regarding message given in the short film. The short films were related to first aid during an accident, use of helmet, over speeding and use of mobile phones during driving or while walking on the roads. A total of 52 students attended short film screening programme. After screening of the short film, slogan making competition was conducted, 19 students participated in the slogan making competition and made very innovative slogans on road safety.

IQAC

Name of the workshop : Getting ready for NAAC

Date : 19th October 2023

Brief description : The IQAC Cell of V. M. Salgaocar Institute of International Hospitality Education organized a one-day workshop "Getting ready for NAAC" for its faculty and staff on 19th October 2023 from 10:30am- 4.30pm. The resource person for the workshop was Prof. Dr. F. M. Nadaf, Deputy Director Higher Education, DHE, Goa. Ms. Deepika Malaviya welcomed everyone and requested Ms. Shameem Memon to introduce the resource person. Ms. Nelissa Alcasoas then welcomed the speaker with a bouquet. Dr. Nadaf highlighted the NAAC requirement and inquired about the gaps found in each criterion. He guided every criterion on ways to fill those gaps and even provided guidance on how to troubleshoot certain problems encountered by the team members. His expertise helped the staff understand that every institute and college have some low scoring criteria which are unavoidable so therefore we should work on highlighting our strengths. The session got over after a detailed discussion which included questions from the staff and faculty. The vote of thanks was given by Ms. Nelissa Alcasoas.

Name of the workshop : Free eye check-up camp

Date : 28th November 2023

Brief description : The IQAC and NSS Unit of V. M. Salgaocar Institute of International Hospitality Education in association with ASG Hospital and the International Human Rights Association organized a free eye check-up camp for its staff, students and the public on 28th November 2023 from 10:30am- 4.30pm. Mr. Krishnakant Naswariya welcomed the audience. Dr. Mayvel Fernandes gave a talk on the importance of eye health and answered queries from the crowd. 116 people participated in the camp with 23 being from the public. The vote of thanks was given by Mr. Regan Almeida.

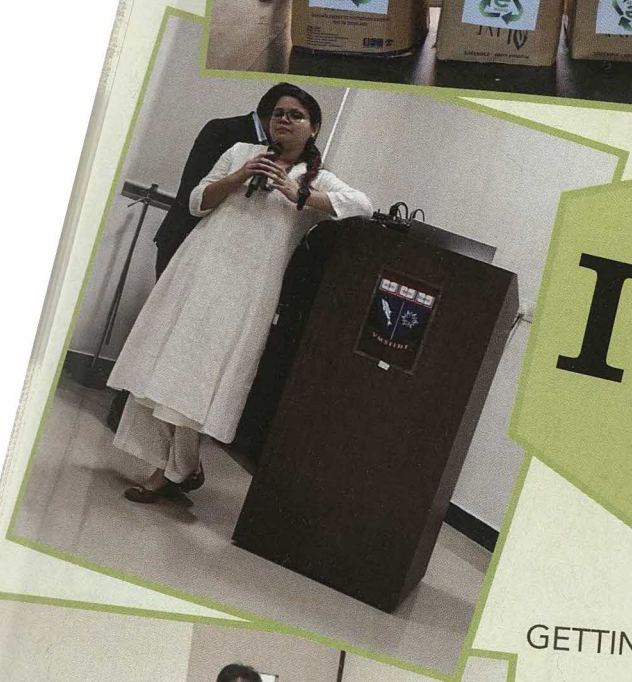
Name of the workshop : NAAC- Planning and Execution of First Cycle

Date : 6th January 2024

Brief description : The workshop on 'NAAC- Planning and Execution of First Cycle' by Dr M. D. Lawrence on Saturday, 6th January 2024 was attended by the institute's Director / Principal Prof. Irfan Mirza, administrator Dr Marie Raj, and the NAAC coordinators with their respective team members. The workshop commenced with an introduction of Dr Lawrence who is currently the Vice Chancellor of Dr P. A. Inamdar University, Pune. He was welcomed by the VMSIIHE staff and following that Dr. Lawrence chaired the presentations by the criteria teams of NAAC.







IQAC



GETTING READY FOR NAAC

NAAC
PLANNING AND EXECUTION
OF FIRST CYCLE

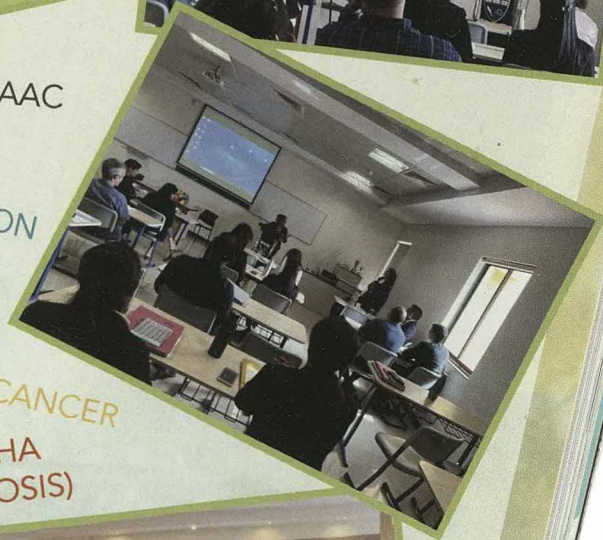
FREE EYE CHECK-UP
CAMP

CERVICAL CANCER

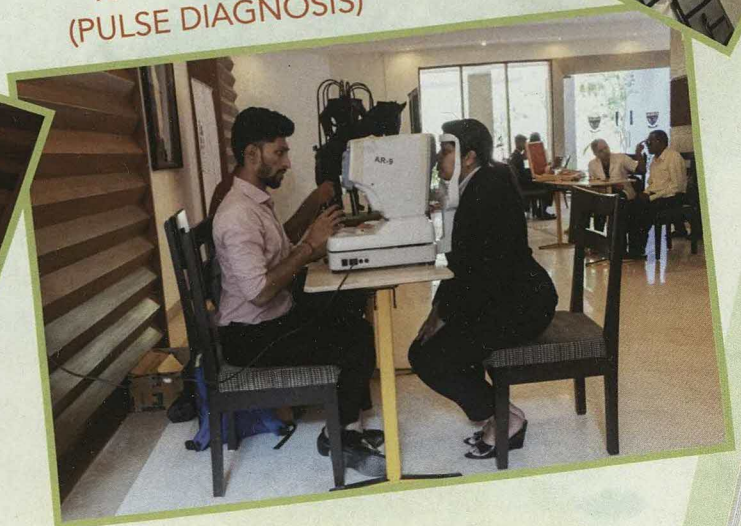
TAX PLANNING

NADI PARIKSHA
(PULSE DIAGNOSIS)









: Three criteria presented their key indicators and benchmarking for the quantitative sub criteria, before the tea break at 10.00 am. The workshop resumed at 10.20 am and the other four criteria presented in the next one hour. Dr Lawrence gave valuable in puts throughout the presentations. At 11.30 am Dr Lawrence addressed the members and had an insightful session about the NAAC procedures as well as the detailed process of the NAAC visit. As he has been an assessor for NAAC for 20 years his expertise was very astute. The workshop ended at 12.30 pm with a vote of thanks.

Name of the workshop : Tax planning
Date : 13th February 2024

Brief description : The IQAC Cell of V. M. Salgaocar Institute of International Hospitality Education organized a workshop for its staff on 'Tax planning' on 13th February 2024 from 3:15am-5pm. The resource person for the workshop was CA Sneha Menon. Ms. Deepika Malaviya welcomed the speaker. The interactive session covered financial planning, tax planning and tax saving with illustrations.

Name of the workshop : Nadi Pariksha (Pulse diagnosis)
Date : 22nd February 2024

Brief description : The IQAC and HR Department of V. M. Salgaocar Institute of International Hospitality Education in association with Sri Sri Tattva organized a Nadi Pariksha (Pulse diagnosis) for its staff on 22nd February 2024 from 9am- 1.30pm. Dr. Digvijay Gawli, an Ayurvedic doctor examined the staff and diagnosed their problems accurately. 32 staff participated in the health check-up. The staff reaped the benefits of Nadi Pariksha which is correctly identifying ailments as well as imbalances in the body, mind, and emotions.
It is a non-invasive science that makes it possible to address the cause of health problems rather than merely their symptoms.
When the pulse is checked, practitioners determine which dosha is dominant or unbalanced and then propose personalised treatments

Name of the workshop : Cervical Cancer
Date : 11th March 2024

Brief description : The IQAC of V. M. Salgaocar Institute of International Hospitality Education organized a talk for its women staff and students on 'Cervical Cancer' on 11th March 2024 from 11am-11:45am. The resource person for the talk was Dr. Sawani Hedge. Ms. Rachel Barretto welcomed the speaker. The interactive session covered symptoms, effects and prevention and treatment of cervical cancer. 52 women attended the talk.

Name of the workshop : Nadi Pariksha – Outreach program
Date : 20th March 2024

Alumni









NOSTALGIA 2023

V.M. Salgaocar Institute of International Hospitality Management (VMSIIHE) organized its 4TH alumni meet "NOSTALGIA 2023" on 08th December 2023. A total of 24 alumni attended the get together.

The Director/Principal Prof. Irfan Mirza and the alumni co-ordinator Ms. Alethea Baracho welcomed the former students once again on campus. Many alumni got a chance to interact and meet their batch mates, seniors/juniors after many years and were very happy and excited catching up with each other.

Time flew by very quickly through informal catching up and remising of old memories while treating our taste buds with the wonderful spread of dishes. The students of VMSIIHE put up a very entertaining segment for the alumni.

- Classical performance by Crystella Menezes (TYIHM)
- Goan dance (FY C.A. & TYIHM)
- Bollywood dance (SY M.Sc. & TYIHM)
- Song by Lakshmi (FY C.A.)

The staff members and alumni got a chance to relive some of the best memories that were created here on this very campus as a VMSIIHE family. The alumni left the campus feeling nostalgic about their college days and creating new memories as well.

ALUMNI SERIES

Emerald Monteiro an alumna of VMSIIHE who is currently MT at JW Marriott in Front office spoke to the students of TY about how cracking a management trainee (MT) interview in the hotel industry necessitates a combination of industry knowledge, interpersonal skills, and a positive attitude.

They should research the hotel's brand, its values, and recent industry trends to demonstrate their understanding during the interview. Strong communication skills and the ability to work effectively in a team are vital, as MT roles often involve coordinating with various departments. Additionally, showcasing adaptability, problem-solving abilities, and a customer-centric approach can greatly enhance one's chances.

Beyond technical competencies, attitude and conduct play a pivotal role, as interviewers assess candidates for their professionalism, enthusiasm, and cultural fit within the organization. Exhibiting a proactive attitude, displaying eagerness to learn, and maintaining a respectful composition throughout the interview process can significantly impact the candidate's success in securing the MT position.

Schlesser Fernandes an alumnus of VMSIIHE who is currently working as a bartender for TIKIBAB a famous Goan beach, who is also a freelance bartender for a co-owned bar company called **IDEAL BARTENDERS** took a session with the Portuguese exchange students of Turismo de Portugal and demonstrated the art of making a few customized Feni cocktails.

He also spoke about how Feni cocktails often incorporate the unique flavours of Feni, a traditional spirit from Goa, India, distilled from cashew apples or coconut sap. Feni itself carries a distinctive taste, with a slightly fruity and nutty flavor profile. Cocktails made with Feni often blend this flavor with various ingredients to create refreshing and innovative drinks. Feni cocktails not only highlight the distinct taste of this Indian spirit but also offer a delightful fusion of flavors that cater to a diverse palate.

Gender Champions

WOMEN'S EQUALITY DAY 2023

Gender Champions of VMSIIHE organised a programme on Monday, 28th August 2023 in Zakuro (Cafeteria) from 3.00 pm to 3.15 pm to commemorate Women Equality Day which was celebrated on Friday 26th August 2023. The main objective of the programme was to promote and depict positive and influential female role models from the history and the present and highlight their achievements and the change they brought in the society in various fields especially gender equality issues. The programme aimed at Raising consciousness and awareness about gender inequality issues, helping educate the audience about achievements, inspire confidence amongst youth, fostering discussion about gender equality and women's contribution to society, also to encourage awareness of historical struggles and achievements as well as empower individuals to challenge stereotypes and pursue their own aspirations.

WORLD SUICIDE PREVENTION DAY

World Suicide Prevention Day is an annual awareness event, taking place on 10th September 2023 to raise awareness about suicide and promote worldwide action to prevent it. Suicide is a global concern, and this day serves as an opportunity to unite communities, organizations, and individuals to promote activities that can help fight negative thoughts and support those who may be struggling within but it's also a day that encourages us to embrace the transformative power of a "Positive Mental Attitude". Keeping the theme in mind 'Creating Hope through action' The Gender Champions of VMSIIHE arranged an event on Monday 11th September 2023 at 4:30pm at the amphitheatre.

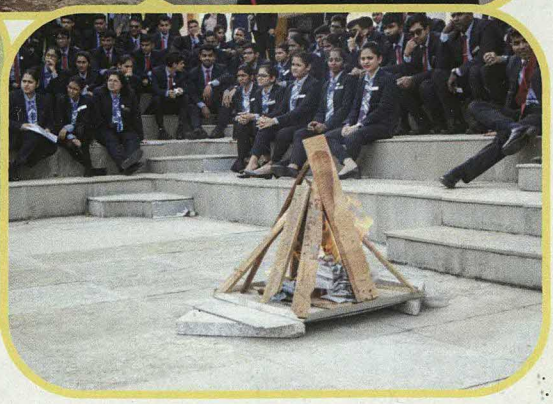


STREET PLAY

Performed street play on Gender equality and Drug abuse organised by NSS Unit and association with Gender Champion of VMSIIHE on 10th November 2023. The objective of the street play was to create awareness about drug abuse and promote gender equality among society.



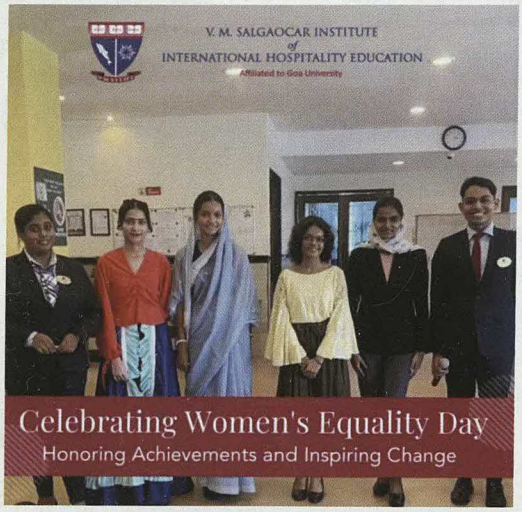




INTERNATIONAL MEN'S DAY 2023 REPORT

Female Gender Champion of VMSIIHE organised a programme on Monday, 20th November 2023 in Zakuro (Cafeteria) from 3.00 pm to 3.30 pm to commemorate International Men's Day which was celebrated on Sunday, 19th November, 2023. The main objective of the programme was to celebrate the positive influence and contributions of men in our society. The programme aimed at promoting positive aspects of masculinity, raising awareness about men's health, highlighting important issues that affect men and boys, foster important conversations surrounding men's health, emotional support, and personal growth.

POSTER MAKING COMPETITION REPORT



Theme: **"Embrace Unity: Equality for All"**

Gender Champions of VMSIIHE organised a poster making competition with the theme "Embrace Unity: Equality for All" on Thursday, 22nd February 2024 in Marriott Classroom from 4:00 pm to 5:00 pm to raise awareness about the importance of Gender equality. The main objective of the event was to encourage participants to explore the various dimensions of the importance of equality. The event aimed at empowering participants to become advocates for change by expressing their perspectives on equality, inspiring others to join the movement towards a more just and harmonious world and to spark meaningful conversations about unity, diversity, and the pursuit of a more inclusive society.

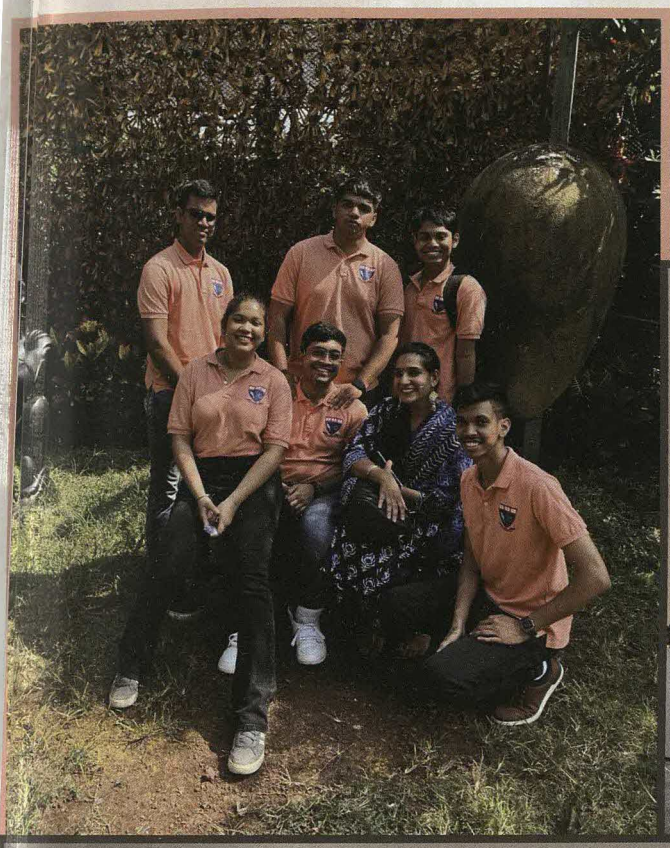
WOMEN'S DAY CELEBRATION & TALK ON GENDER EQUALITY AND EMOTIONAL WELL-BEING

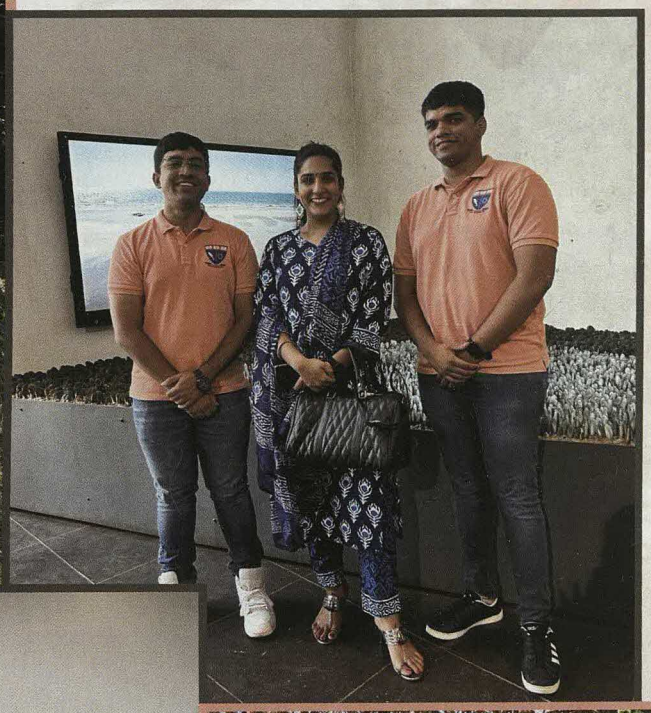




To commemorate the International Women's day 2024 on 8th March 2024 the Gender Champion (Male) Mr. Hermenio Caldeira from TYBSc IHM organised a lively, engaging and entertaining program in Zakuro Institute's cafeteria on Monday,4th March 2024 from 3:00 pm to 3:15 pm, the purpose of the programme was to celebrate women's day and to promote gender equality and to highlight the importance of women in the society.Following the cafeteria activities, the festivities continued in the Multipurpose Hall with an insightful talk by the esteemed Prof. Vithoba Laxminarayan Mhalkar, Assistant Professor at Institute of Psychiatry and Human Behaviour, Bambolim-Goa from 3:30 p.m. to 5:00 p.m. Prof. Mhalkar, known for his expertise, not only shared valuable insights on empowering women across various fields but also emphasized the importance of fostering an inclusive and supportive environment. Additionally, he addressed the crucial topics of emotional well-being and mental health, gender equality and women empowerment along with some insightful activities highlighting their significance in the overall empowerment of individuals.

YUVA TOURISM









SEED BOMBING ACTIVITY

The Rotaract Club of VMSIIHE in collaboration with VMSIIHE YUVA Tourism club conducted a seed bombing activity on 22nd August 2023 under the guidance of Rtn. Aruna and Rtn. Connie in the presence of Rtn. Sharon (President) and Rtn. Flory (Secretary) from Rotary Club Margao Sunrise.

Seed bombs are little clay-covered mounds of seeds and growing soil. They're often used to help reseed natural plants to wild areas, and they were first made popular by guerilla gardeners, people who use public space to grow things.

The clay in the seed bombs keeps birds, animals, and wind from making off with the seeds, and the soil gives them a bit of a head start. Just toss them out before a heavy rain in the spring, and watch flowers begin to sprout a few days later.

VIVA GOA

The YUVA Tourism club of VMSIIHE organized an inter-class competition "VIVA GOA" on 13th December 2023. For the very first time at the institute an entire competition was held in Goa's mother tongue 'Konkani'. The purpose of this competition was portray the rich cultural and diverse heritage the state of Goa is blessed with through various competitions and to help the students appreciate and be proud of their state.

The competitions were as follows:

Mini-Tiatr (drama)
Cantaram (singing)
Nachuya VMSIIHE (dance)

The theme for Mini- Tiatr was 'Social issues faced in Goa' and the judges for the same were Dr. Semele, Chef. Sandip and Ms. Martha. The winners of this competition were the T.Y.IHM who won the hearts of the audience with their impeccable sense of humour and wit as well as the message sent across through the play.

Cantaram was a group singing competition and the students could either choose songs in Konkani or Portuguese. The judges for this competition were Ms. Edna, Ms. Alyce and Dr. Lysette. The SYCA students awed the crowd with their melodious singing thus, bagging the first place.

Nachuya VMSIIHE was a group dance where students had to showcase their dancing skills through Goan folk dance. The judges for this competition were Ms. Shameem, Ms. Nivedita and Mr. Shubham. The class that excelled at their dance were the SYCA.

The classes that participated showed a lot of enthusiasm and creativity through their performances and everyone who attended the competition thoroughly enjoyed the performances and talent displayed by our students.



BEACH CLEANLINESS DRIVE

VMSIIHE in association with the United Club of Utorda organized a beach cleanliness drive and awareness programme on Monday, 2nd October 2023 – occasion of Gandhi Jayanti. The event was supported by Planet Hollywood Beach Resort and Jamming Goat.

The staff, students and members were divided into 4 groups and allotted different areas to clean. There were around 80 participants in the drive and they cleaned up Utorda Beach. The event was a success and everyone felt content and happy doing their bit in keeping our Goan beaches clean and tidy.

REPUBLIC DAY

VMSIIHE commemorated India's 75th Republic Day on Friday, January 26th, 2024. All members, including staff and students, adorned themselves in vibrant Indian traditional attire, adding a colourful touch to the event.

The ceremony commenced with Mas. Zoran extending a warm welcome to all attendees, marking the auspicious occasion. Following this, Ms. Endrea provided insights into India's struggle for independence. Prof. Mirza then hoisted the flag, accompanied by the rendition of the national anthem. Prof. Mirza also delivered a brief address on India's constitution and the principles of democracy, equality, and secularism.

The students captivated the audience with their melodious rendition of various patriotic songs. Subsequently, Ms. Rhea and Ms. Feronia performed a dance dedicated to India's 75th Republic Day. Furthermore, the TY students presented a poignant short play highlighting the importance of humanity and equality transcending religious, caste, and creed differences in contemporary India.

The festivities concluded with a delectable breakfast prepared by the kitchen team.

SYMPOSIUM ON 'TOURISM AND GREEN INVESTMENT'

V. M. Salgaocar Institute of International Hospitality Education organised a SYMPOSIUM on 'Tourism and Green Investment' on Friday, the 29th of September 2023.

The Yuva Tourism Club and the Research cell of the institute organised the symposium to commemorate World Tourism day. The symposium began with Dr. Semele Sardesai coordinator of the research cell welcoming the gathering and introducing the symposium. This was followed by the key note address by Dr. Anmol Ahluwalia cluster general manager the Taj Group Hotels north Goa. This was followed by a presentation of entrepreneurs practicing green tourism. The first presenter was Mr Varun Hegde founder of Soul Travelling.

The second presenters were Mr Omkar Dharwadkar and Ms. Shraddha Rangnekar from Mrugaya Xpeditions. This was followed by a panel discussion which was moderated by Mr Gavin Dias General Manager GTDC. The panellists were Mr. Nilesh Shah - President- Travel & Tourism Association of Goa, Mr. Mark Mendes - Subject Matter Expert board member - Department of Tourism - Government of Goa, Mr. Ernest Dias - Travel corporation of India (TCI) Managing Committee member.

The Symposium was attended by 128 students and all the faculty members. Ms. Alethea Baracho coordinator Yuva Tourism Club proposed the vote of thanks and the mementoes were presented by the Director and principal Professor Irfan Mirza.

VISIT TO MOG MUSEUM

The YUVA Tourism Club of VMSIIHE (15 students and 1 staff member) visited the Museum of Goa located in Pilerne Industrial Estate on Saturday, 25th November 2023.

The purpose of this visit was to allow the students to learn and understand the history of Goa through modern art and also see some of the works of great Goan artists.

Museum of Goa (MOG) is a private contemporary art space. Founded by Dr. Subodh Kerkar in 2015, the Museum celebrates Goa's history and people through contemporary art. The Museum seeks to bring art and local history to larger audiences, in an attempt to bridge the huge cultural gap in the country.

Histories of Goa, a permanent exhibition at the Museum, offers a glimpse into the multiple histories of the state, highlighting lesser known stories of its storied past. MOG, also hosts temporary exhibitions all year round, showcasing the best talents from Goa and around the world. Exhibitions at MOG are disparate in their medium and diverse in their messages. The exhibition showcases contemporary artists from Goa, as well as artwork inspired by the state.

Adjoining the Museum building is our Sculpture Garden, which displays a few of Dr. Kerkar's most famous works, including the Carpet of Joy.

Rotract Club

1. TREE PLANTATION DRIVE:



V. M. SALGAOCAR INSTITUTE of INTERNATIONAL HOSPITALITY EDUCATION
Affiliated to Goa University

The Rotary Club of Margao Sunrise conducted a tree plantation drive with the Rotaract club of V.M. Salgaocar Institute of International Hospitality Education on Tuesday, 18th July 2023. 200 samplings were donated free of cost by the Forest Department in Aquem.

2. ROTARY RAIN RUN GOA 2023



Running for a Cause:
Rotaract Club of VMSIIHE at Rotary Rain Run Goa 2023

The Rotary Club of Porvorim organized its 9th Rotary Rain Run Goa 2023 on Sunday, 30th July 2023. It not only promoted fitness and sportsmanship but also aimed to support various social causes such as education and women's health.The VMSIIHE Rotaract club also took part in this rain run.



Rotaract President Rudraj Pai Panandiker along with one of the faculty coordinators Ms. Alethea Baracho successfully completed the 5kms run for the same.

3. SEED BOMBING ACTIVITY:

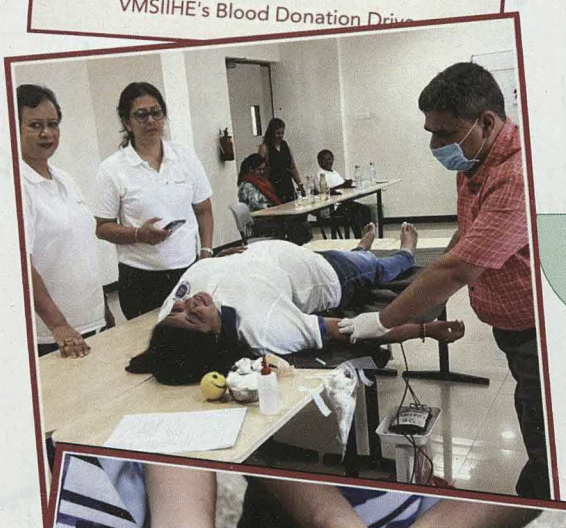
The Rotaract Club of VMSIIHE in collaboration with VMSIIHE YUVA Tourism club conducted a seed bombing activity on 22nd August 2023 under the guidance of Rtn. Aruna and Rtn. Connie in the presence of Rtn. Sharon (President) and Rtn. Flory (Secretary) from Rotary Club Margao Sunrise.



Seed bombs are little clay-covered mounds of seeds and growing soil. They're often used to help reseed natural plants to wild areas, and they were first made popular by guerilla gardeners, people who use public space to grow things.

The clay in the seed bombs keeps birds, animals, and wind from making off with the seeds, and the soil gives them a bit of a head start. Just toss them out before a heavy rain in the spring, and watch flowers begin to sprout a few days later.









4. BLOOD DONATION DRIVE 2023

The Rotaract Club of VMSIIHE conducted a blood donation drive on 6th September 2023- Accor classroom under the guidance of the parent club Rotary club of Margao Sunrise in collaboration with Hospicio Hospital Margao, Goa with a team consisting of a senior doctor, a senior lab assistant, and four dedicated nurses.

Blood donation in India is a critical and life-saving activity that plays a crucial role in healthcare and emergency medical services. The need for blood is constant, and donations are essential to ensure an adequate supply of blood and blood products for patients in need.

5. TALK ON ROAD SAFETY AWARENESS

The Rotaract Club of VMSIIHE organised a talk on road safety awareness programme on 8th September 2023- Multipurpose Hall under the guidance of the parent club Rotary club of Margao Sunrise in collaboration with Victor Hospital Margao, Goa and Association of Oral and Maxillofacial Surgeons of India.

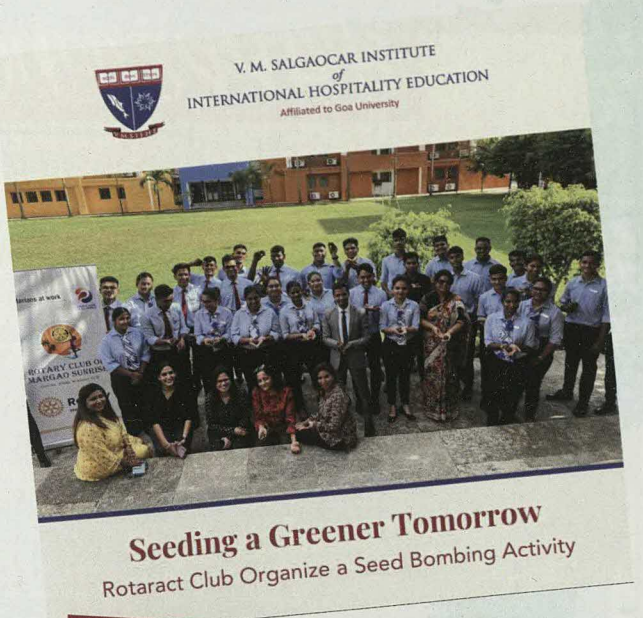
6. FUND RAISER EVENT

The Rotaract Club of Margao Rising organized its first fundraiser on February 29, 2024, at VMSIIHE to support the community. Led by Mr. Artharv Hede, a Culinary Arts student, they set up a food cart serving Asian food. The cart was open to students and faculty from 3:00 pm to 3:15 pm, and then to the public from 5:00 pm to 6:00 pm.

Teams worked on arrangements, and a variety of Asian dishes like Chinese dumplings, Vietnamese summer rolls, and Korean baos were served. Vietnamese coffee and Thai iced tea were also available. It was a successful fundraiser, leaving many satisfied customers with smiles on their faces and a good learning experience for all 26 Rotaract members to organise such events in future. The fundraiser was coordinated by Rotaract coordinators Mr.Frazer Rodrigues and Ms.Alethea Baracho.

7. WOMEN'S DAY CELEBRATION & TALK ON GENDER EQUALITY AND EMOTIONAL WELL-BEING:

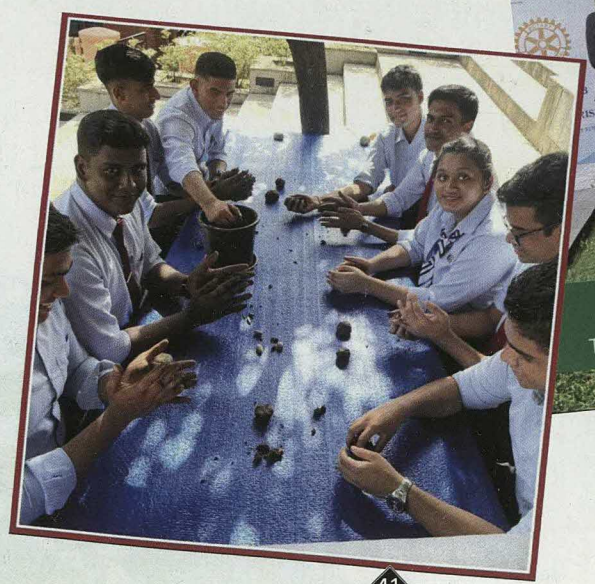
Gender Champion in collaboration with Rotaract club of Margao rising organised Talk on Gender Equality and Emotional well-being to commemorate the International Women's day 2024 on 8 th March 2024 the Gender Champion (Male) organised a lively, engaging and entertaining program in Zakuro Institute cafeteria on Monday,4 th March 2024 from 3:00 pm to 3:15 pm, the purpose of the programme was to celebrate women's day and to promote gender equality and to highlight the importance of women in the society.The festivities continued in the Multipurpose Hall with an insightful talk by the esteemed Prof. Vithoba Laxminarayan Mhalkar, Assistant Professor at Institute of Psychiatry and Human Behaviour, Bambolim-Goa from 3:30 p.m. to 5:00 p.m. Prof. Mhalkar, known for his expertise. He addressed the crucial topics of emotional well-being and mental health, gender equality and women empowerment along with some insightful activities highlighting their significance in the overall empowerment of individuals.





8. E-WASTE COLLECTION DRIVE:

The IQAC and IT Dept. of VMSIIHE along with the Rotaract Club of Margao Sunrise are organising an E-waste collection Drive from 14th March 2024 to 20th March 2024 at VMSIIHE.





HAPPENINGS @VMOS IIHE

1. SWITZERLAND TOUR

The students had an incredible time at their international educational tour to Switzerland, exploring breathtaking wineries, indulging in spirit tastings, and immersing themselves in the renowned campuses of Cesar Ritz and Glion Hospitality School. From the captivating sights to the enchanting sounds, Switzerland left an everlasting impression on our curious minds. The Students were accompanied by Director/Principal Prof. Irfan Mirza, Chef Sebastian Breitinger HOD of Food Production and Ms. Alethea Baracho- Counsellor.



2. AWARDS

Cheers to new beginnings and fond farewells! VMSIIHE celebrates the Annual TY Award Ceremony and Farewell Party with pride and joy as we honour our students' achievements and bid them a heartwarming goodbye. We are immensely proud of all their achievements and wish them the very best in their future endeavours.



3. PORTUGAL EXCHANGE PROGRAM

Witness the immersive Gastronomic journey our students experienced during the recent exchange program in Portugal. From traditional Portuguese recipes to innovative Food & Beverage techniques, our students had the opportunity to hone their skills under the able guidance of renowned hospitality professionals.



PORTUGAL EXCHANGE PROGRAM

4. YOGA DAY

VMSIIHE celebrated Yoga Day with great enthusiasm and tranquillity. The theme for this year's Yoga Day is 'Vasudhaiv Kutumbakam' which means The World Is One Family. The session was organized by Ms Tanuja Sardessai, a senior lecturer at Carmel Higher Secondary School. It was a day of harmony, wellness, and connection as we honoured the ancient tradition of yoga and its incredible benefits for the mind, body, and soul.



5. INDUCTION 2023

The new batch of B.Sc. International Hospitality Management and B.Sc. Culinary Arts students were extended a warm welcome by the Director/Principal Prof. Irfan Mirza, the staff members and the students during the induction ceremony. This marked the beginning of an exciting journey.











INDUCTION









INDUCTION















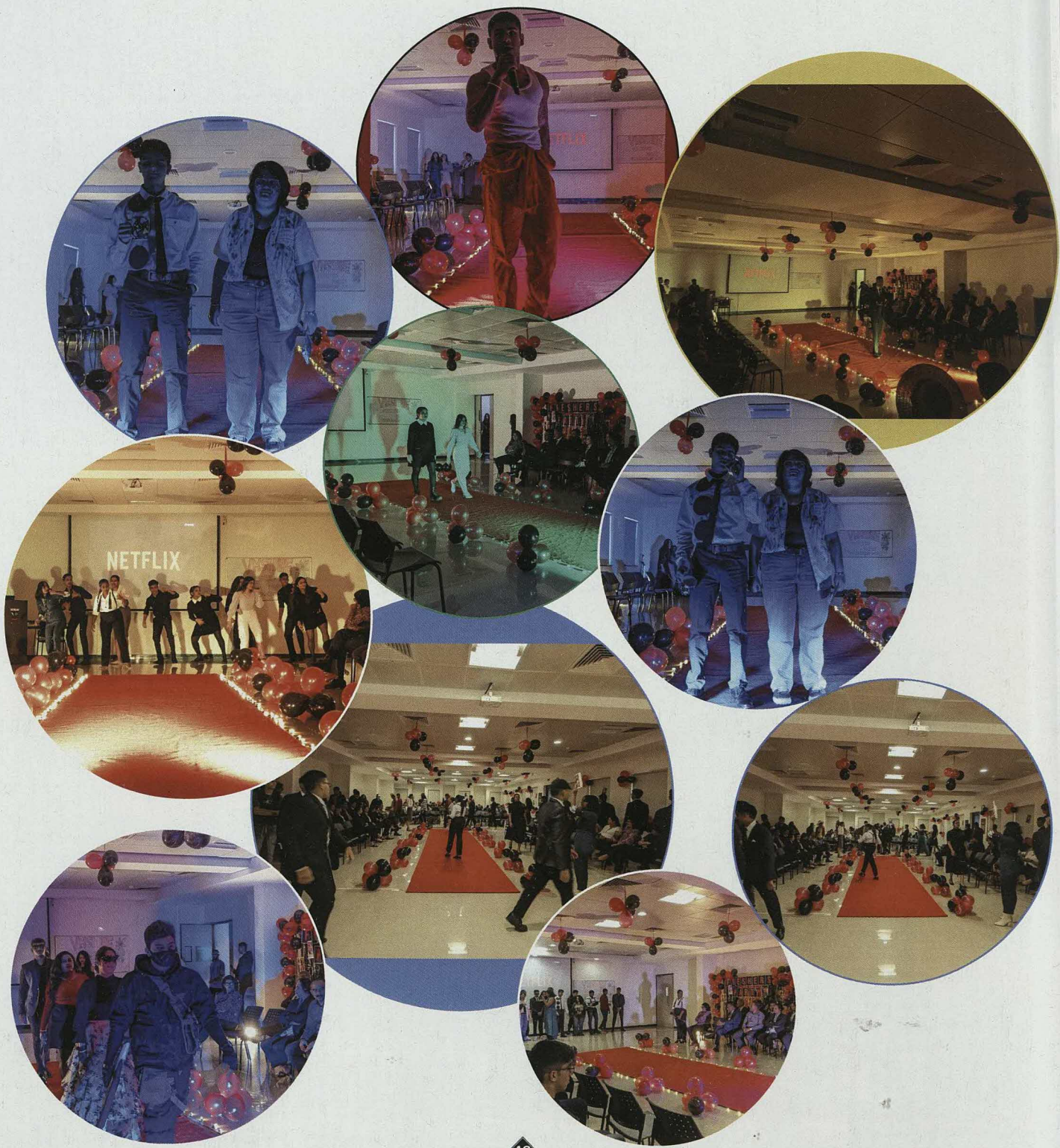






6. FRESHER'S PARTY 2023

Reliving the Silver Screen Magic! Netflix-Themed Fresher's Party Post-Event Moments. Step into the reel world as we rewind the excitement of our unforgettable Netflix-themed Fresher's Party! From iconic characters to blockbuster vibes, our students celebrated in style. Zoran Miranda secured the honour of Mr. Fresher while Samantha Fernandes exuded elegance and poise to win the title of Miss Fresher during the lively fresher's welcome party.



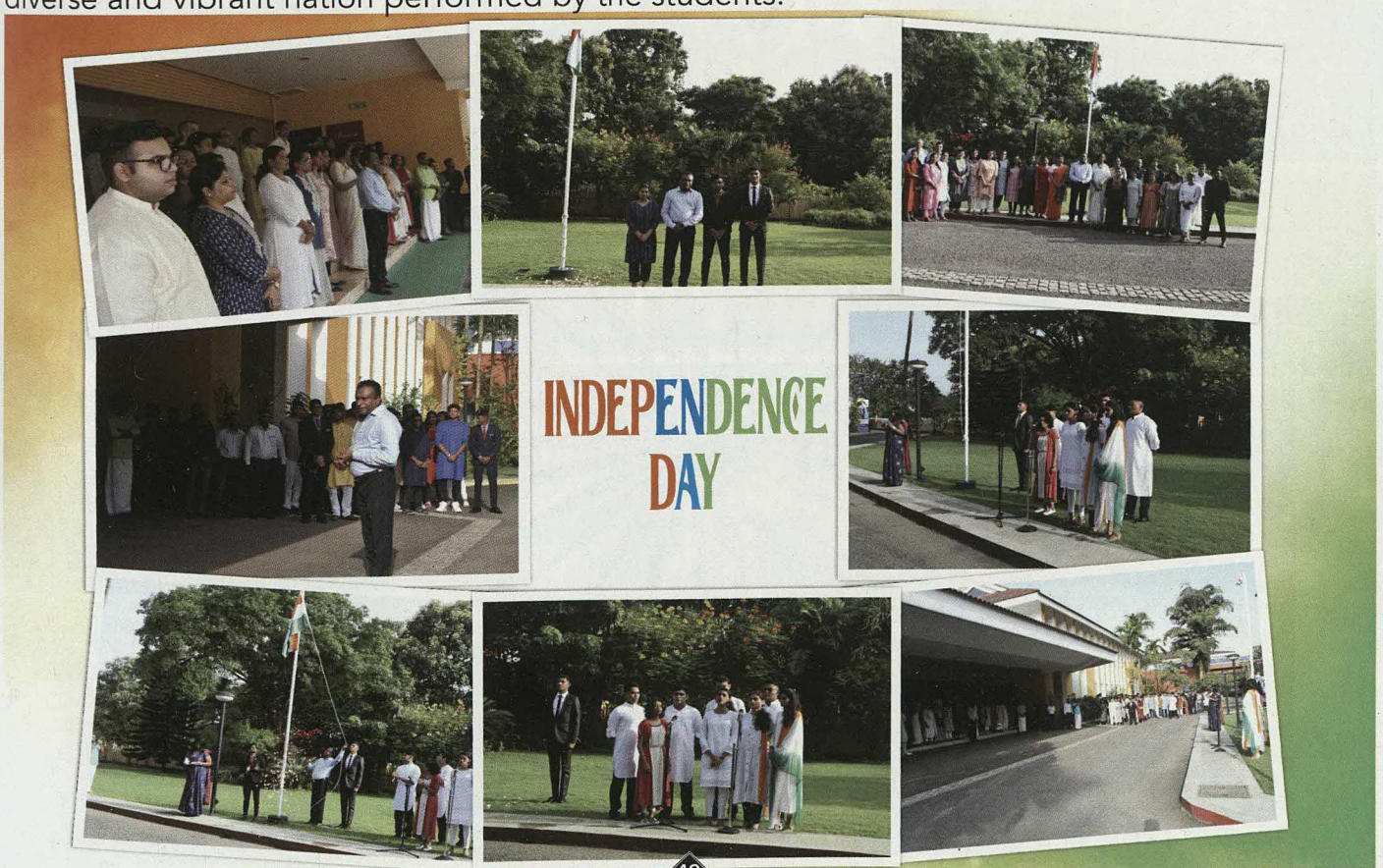
7. ROTARY SUNRISE CLUB INSTALLATION

Amidst the warm ambiance of VMSIIHE, the Rotary Club of Margao Sunrise hosted its inauguration ceremony. The ceremony also witnessed the installation of third year B.Sc. International Hospitality Management student Rudraj Pai Panandiker as the President of the Rotaract Club of VMSIIHE. Beyond the Celebrations, it was a captivating learning journey for VMSIIHE students. They embraced hands-on experiences, mastering the art of guest interaction, hospitality, and gracious service.



8. INDEPENDENCE DAY 2023

Amidst the patriotic fervour, VMSIIHE was adorned with the tricolour as we commemorated India's Independence Day. The flag-hoisting ceremony was a moment of unity, pride, and gratitude. The celebrations resonated with the melody of music, symbolizing the spirit of our diverse and vibrant nation performed by the students.



9. ONAM 2023

Immerse yourself in the rich traditions of Onam with our vibrant celebration. Our event was a kaleidoscope of colors, aromas and joy as we indulged in authentic Onam delicacies that transported taste buds to Kerala. Laughter and competition filled the air with games. The highlight of the day was a mesmerizing cultural program that showcased the beauty and diversity of the culture.









ONAM
2023


ONAM
2023







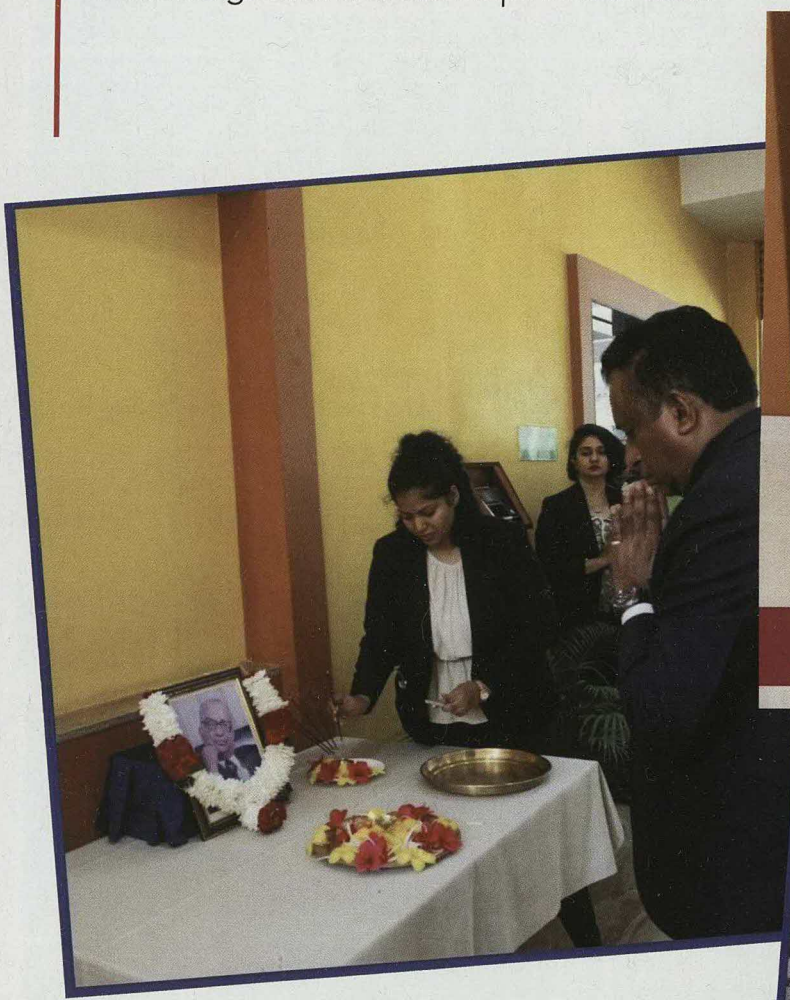


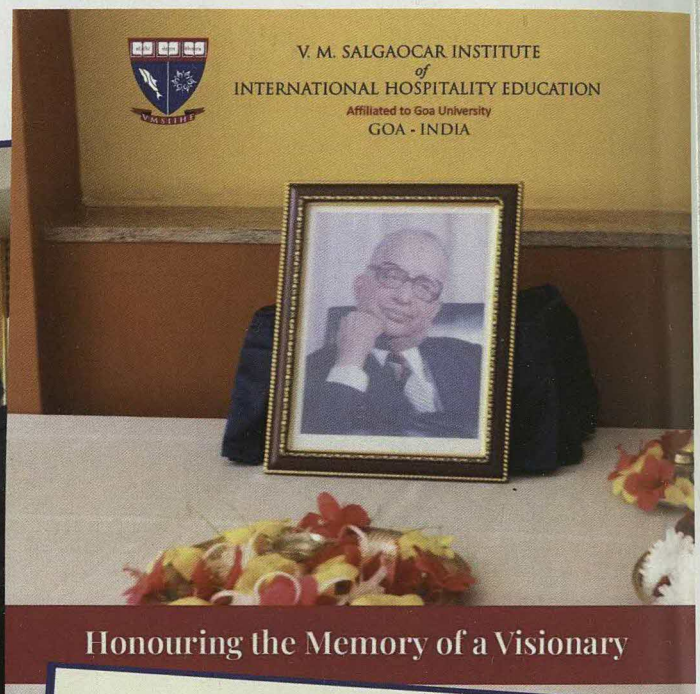




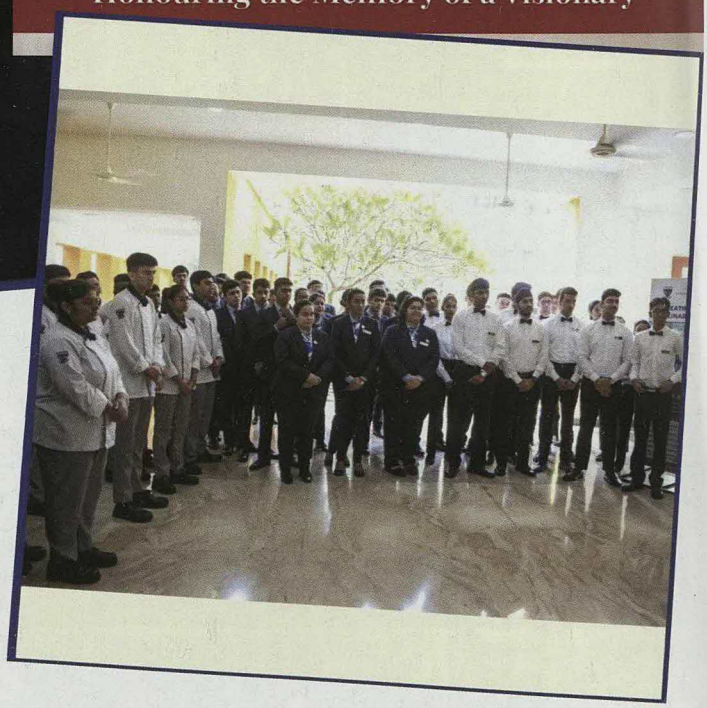

10. FOUNDERS DAY 2023

The Director & Principal Prof. Irfan Mirza and staff of VMSIIHE pay tribute to Late Shri V. M. Salgaocar, Founder Chairman of Salgaocar Group of Companies, on his death anniversary. We remember his extraordinary vision, dedication to harmony, and profound contributions to the economic growth and development of Goa.





Honouring the Memory of a Visionary



11. GARBA NIGHT 2023

VMSIIHE's Garba Night illuminated the campus, radiating joy and rhythm as students and staff gathered for a night of spirited dancing, colourful attire, and resounding cheers. The event brought to life the vibrant spirit of Navratri with lively Garba and Dandiya dances, fostering a sense of community and cultural appreciation. The night was a delightful blend of tradition and festivity, showcasing the institute's commitment to promoting diverse cultural experiences within its student body.

Garba Night



12. DUBAI STUDY TOUR 2023

VMSIIHE students explore the vibrant world of hospitality in Dubai, soaking in the rich culture, innovative practices, and unforgettable experiences. From luxury hotels to cutting-edge culinary adventures against the backdrop of Dubai's iconic landmarks, this field trip is shaping the future leaders of the hospitality industry. Prof Irfan Mirza, Director & Principal at VMSIIHE, guided the field trip with the assistance of accompanying faculty members.







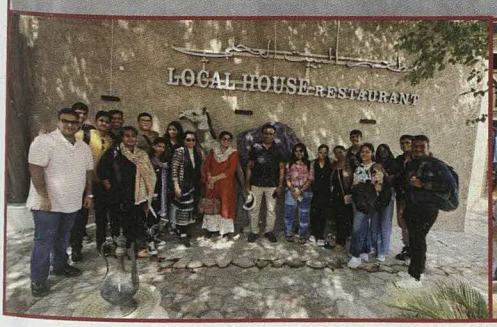


















13. VIVA Goa

VMSIIHE made history by organizing the first-ever inter-class competition, 'VIVA GOA,' entirely conducted in Goa's mother tongue, Konkani. This innovative event aimed to showcase the rich cultural tapestry and diverse heritage of Goa while fostering a deep appreciation for the state among the students. The competition featured exciting categories, including Mini Tiatr - drama, Cantaram - singing and Nachuya VMSIIHE - dance.



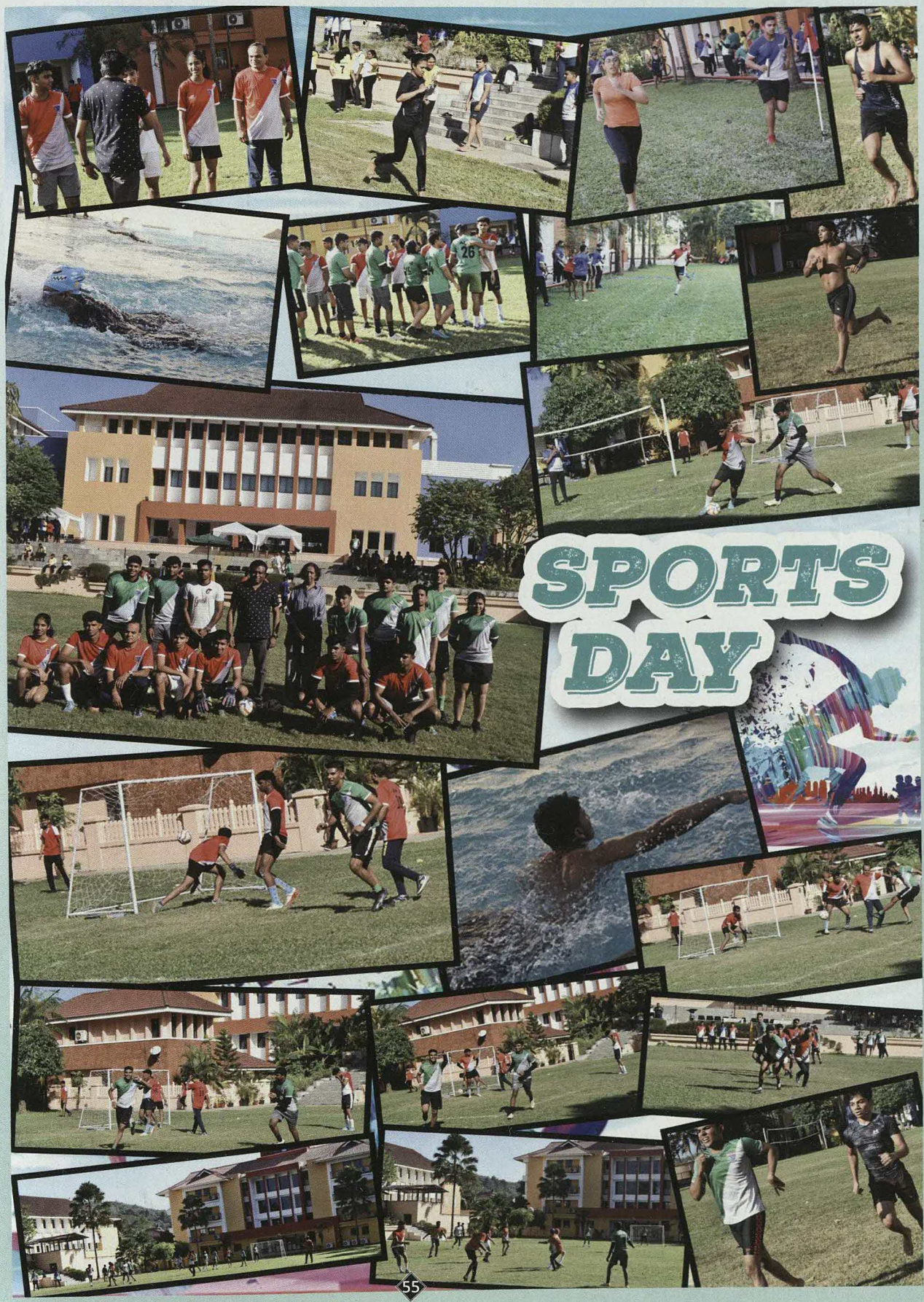


14. REPUBLIC DAY 2024



15. SPORTS DAY 2024

Students & Staff of VMSIIHE, Fuelled by determination, powered by sportsmanship. Ready to shine!"



16. PORTUGAL EXCHANGE PROGRAM- GOA

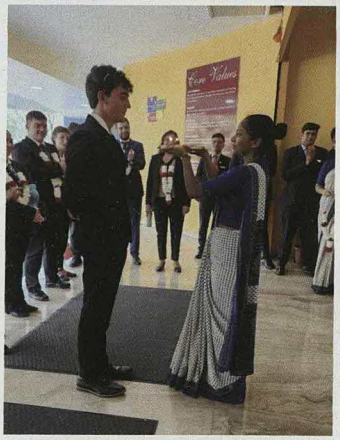
12 students and 2 faculty members from Tourism Schools from Portugal received a heartfelt welcome upon their arrival to the VMSIIHE campus. Led by Prof Irfan Mirza, Director & Principa of VMSIIHE, along with staff and students, they were greeted in traditional fashion with Arti, Tikka, and garlands. This exciting exchange program is facilitated by the MOU between VMSII-E Goa and Turismo de Portugal. Throughout their visit, these guests will partake in enriching Hospitality and Culinary sessions while exploring the unique heritage and tourist attractions tha Goa has to offer.'





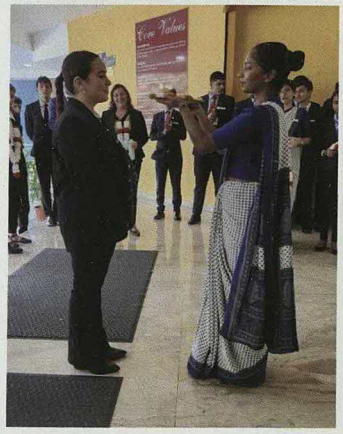






PORTUGAL EXCHANGE PROGRAM- GOA





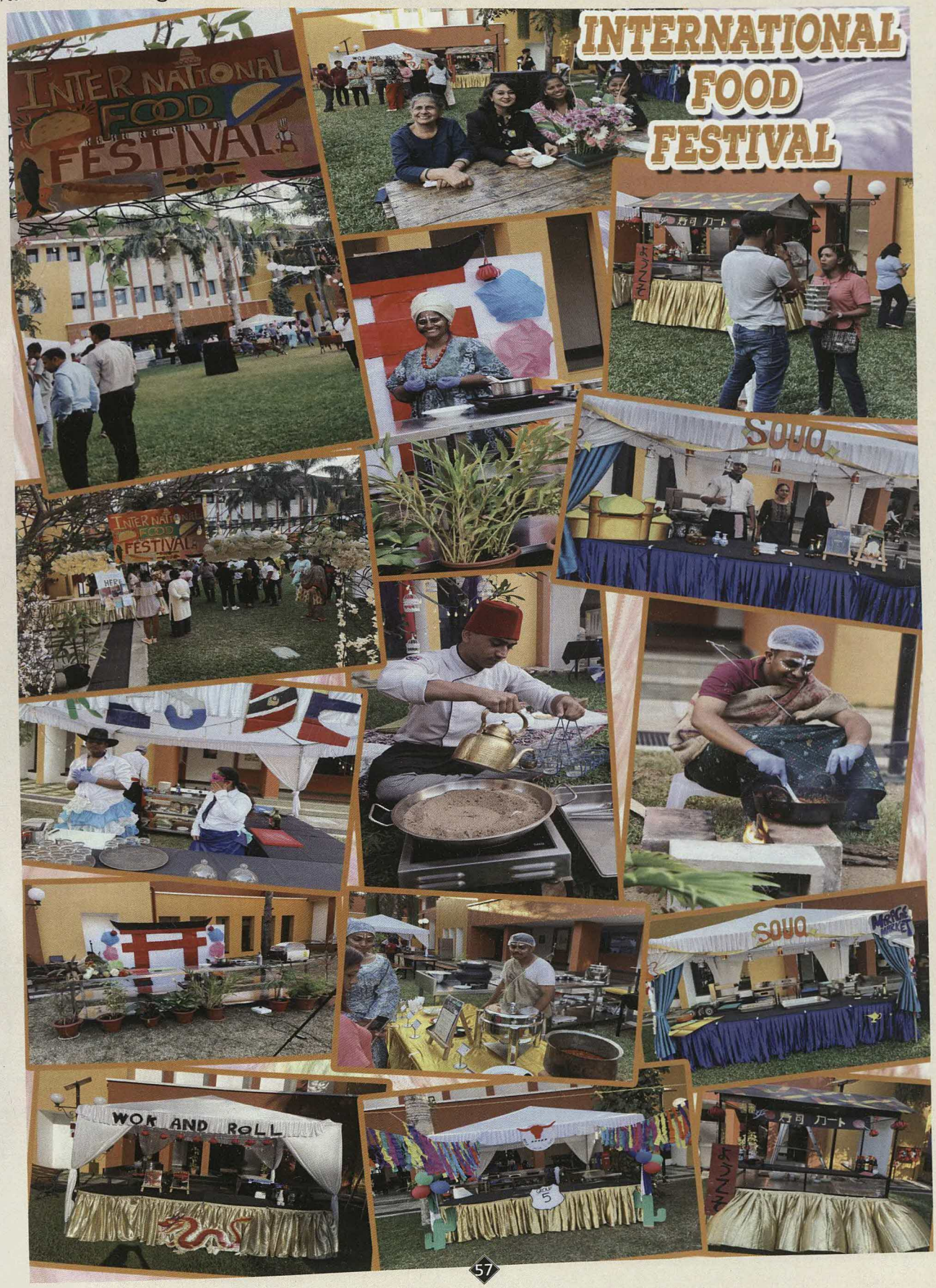






17. INTERNATIONAL FOOD FESTIVAL

An unforgettable evening of delightful performances, exquisite cuisine, and endless entertainment during the International Food Festival at VMSIIHE.



18. ALUMNI REUNION 2023





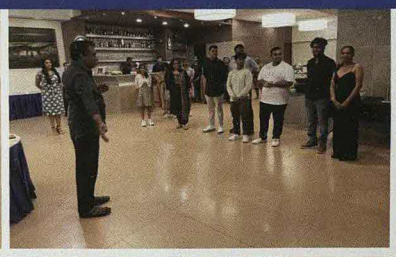





















19. LEHER

A cultural and culinary journey through the food, ambience and entertainment of Lakshadweep.



20. HOLI 2024

Colors of joy, hues of happiness". VMSIIHE students joyously partake in Holi celebrations on campus

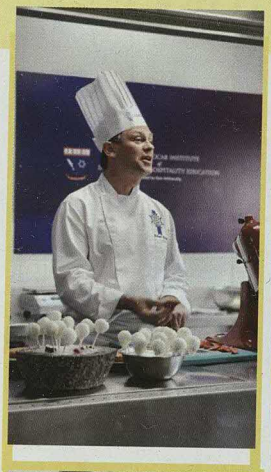


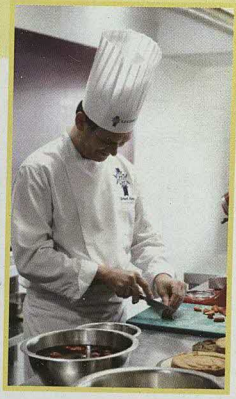
VISITS

Chef Richard Lecoq



Chef Richard Lecoq, a pastry wizard from Le Cordon Bleu Paris, sprinkled his expertise in a recently held patisserie demonstration at the institute. Our taste buds danced with delight as he showcased everything from Passion Fruit & Coconut Lollipops to zesty Passion Fruit Fruit Jellies. Le Cordon Bleu, a legacy of culinary brilliance for over 120 years, injected a burst of tradition and modernity into our students' gastronomic adventure.



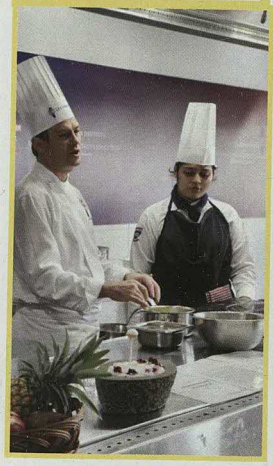


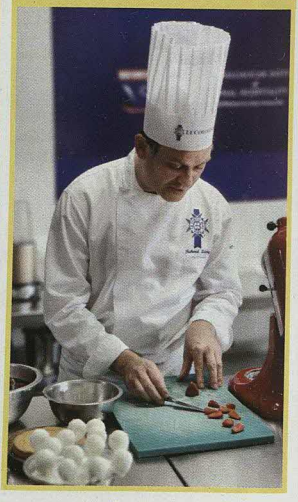


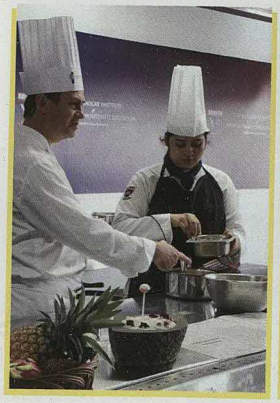




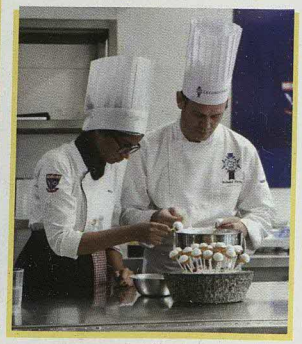






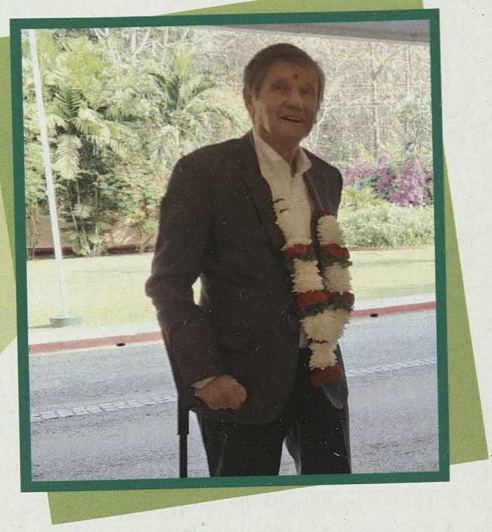






Ms. Marga Cretton

An honour to host former Ambassador for International Relations at Cesar Ritz Colleges Switzerland, Marga Cretton at our campus. It was an enriching experience to provide her with a glimpse into the vibrant hospitality landscape of Goa. From exploring our facilities to immersing in the cultural richness of the state, we were privileged to extend our warm hospitality.





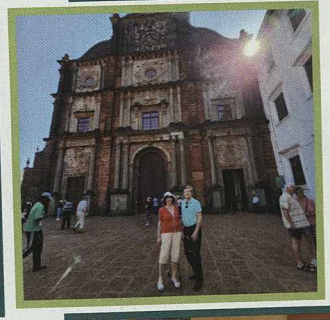
















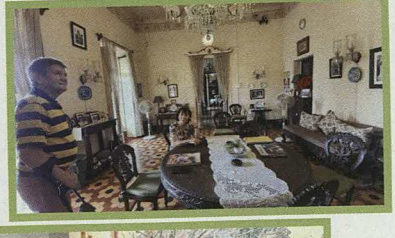












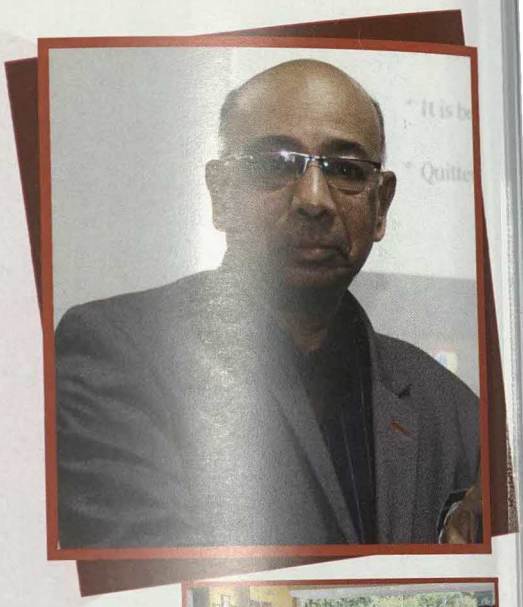








Prof. T.M. Sathyanarayanan



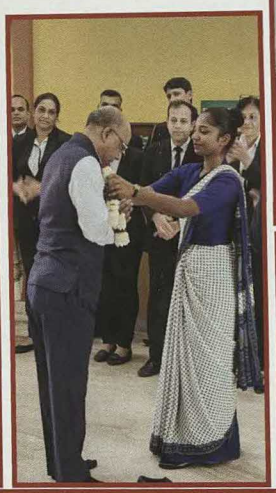
A versatile expert in Overseas Education Consultancy and Co-Chairman of the EU-India Council Education Committee, visited VMSIIHE. His insightful ideas on interactive teaching, fostering a reading culture, and nurturing research-oriented roles for educators left a profound impact. Addressing students, he stressed embracing change, nurturing passion, self-belief, and resilience. In the face of challenges, he highlighted the importance of staying updated and venturing into entrepreneurship. His parting message: 'The future belongs to those who dare to dream the extraordinary and embrace failure without fear.'

























ACHIEVENMENTS

Institute Achievenments



MIT-WPU & VMSIIHE Join Forces to Ignite Academic Excellence

1. MOU with MIT- World Peace University

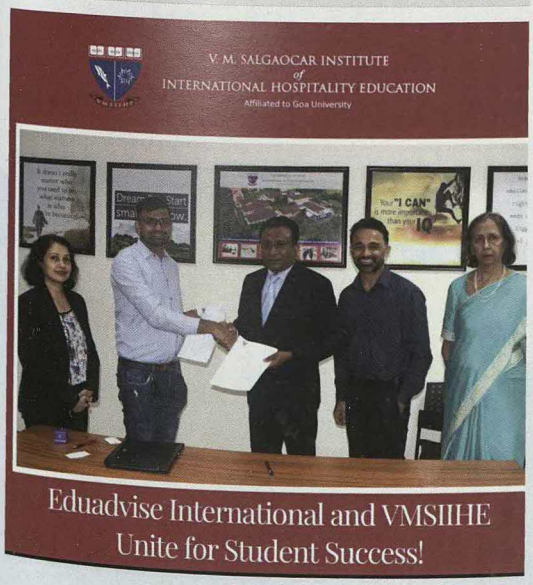
MIT- World Peace University, Pune partners with V. M. Salgaocar Institute of International Hospitality Education, Goa. This alliance promises to ignite academic exchange, spark innovative discoveries, and foster cultural harmony among our students. Dr. Deependra Sharma, Dean School of Business- MIT WPU and Prof. Irfan Mirza, Director & Principal VMSIIHE signed the MOU that paves the way for faculty and student exchanges, engaging guest lectures, workshops, and seminars.



GCCI Partners with VMSIIHE

2. MOU with Goa Chamber of Commerce & Industry (GCCI)

A significant milestone for VMSIIHE as we join hands with Goa Chamber of Commerce & Industry (GCCI). The recently signed MoU aligns with GCCI President Shrinivas Dempo's vision for sustainability and inclusivity. This collaboration marks a pioneering bridge between startups and the hospitality industry, fostering engagement with educational institutions. The unique partnership, focused on hospitality academics, aims to ensure the sustained growth of this vital sector.



Eduadvise International and VMSIIHE Unite for Student Success!

3. MOU with Invicta Eduadvise Consultants Pvt. Ltd.

Exciting collaboration with VMSIIHE to ensure student success! We're thrilled to announce the signing of Memorandum of Understanding between Invicta Eduadvise Consultants Pvt. Ltd. (Eduadvise International)

4. Academic Insights Award

VMSIIHE is thrilled and honoured to be distinguished among the Top 25 Hotel Management Colleges in India for the year 2023. This recognition is a testament to our commitment to excellence in hospitality education.



5. MOU with Goa Management Association

We are proud to announce a momentous collaboration with the Goa Management Association through a MOU. The key objectives include fostering collaboration on common interests, bridging the Industry-Academia gap, sharing expertise in Hospitality & Tourism, and advancing knowledge through academic & research collaborations.



6. MOU with Marriott India

VMSIIHE and Marriott India join hands in an MOU aimed at enriching educational opportunities for students and fostering mutually beneficial collaborations. From enhancing the learning experience to facilitating employability, this partnership promises a wealth of benefits including guest lectures, faculty development programs, and student placements in India.



7. The Indian Education Award

The India Education Awards 2024, presented by FinancialExpress.com, recently recognized outstanding achievements in the field of education. V. M. Salgaocar Institute of International Hospitality Education (VMSIIHE) in Goa was bestowed with the prestigious award in the category of "Excellence in Global Collaborative Learning."



Staff Achievements

Ms. Nelissa Alcasoas & Ms. Deepti Jog

Proud Moment for VMSIIHE! Heartfelt congratulations to Ms. Nelissa Andrea Alcasoas and Ms. Deepti R. Jog on their remarkable achievement. Their research paper on travel decision-making through blogs and vlogs is a noteworthy contribution to the field.



Ms. Vrinda Vaz

Heartfelt congratulations to Ms. Vrinda Vaz, Assistant Professor of French at VMSIIHE, on the publication of her research paper. The paper delves into a critical analysis of the translation of "Le Tartuffe ou L'Imposteur" into Konkani. This accomplishment is a testament to her dedication and expertise in the field of French literature and translation.



Dr. Lysette D'Souza

Congratulations to Dr. Lysette D'Souza on the publication of her research paper in the Journal of Engineering, Project and Production Management (Scopus- Q2) addressing the challenges faced by women professionals in the construction industry and proposing strategies for improving their well-being, safety, and health.

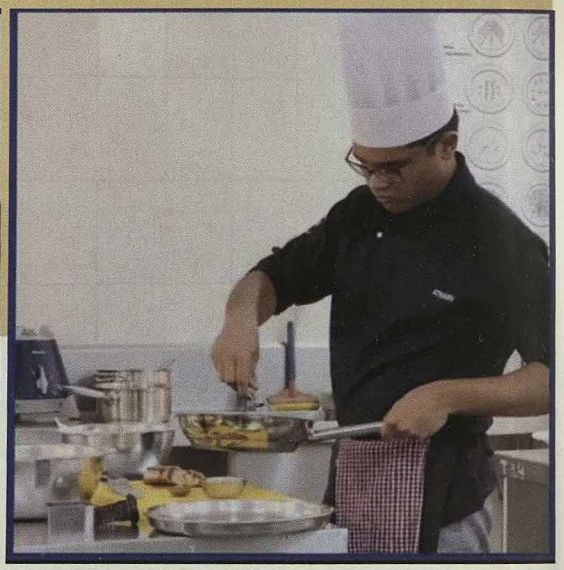


STUDENTS ACHIEVENMENTS

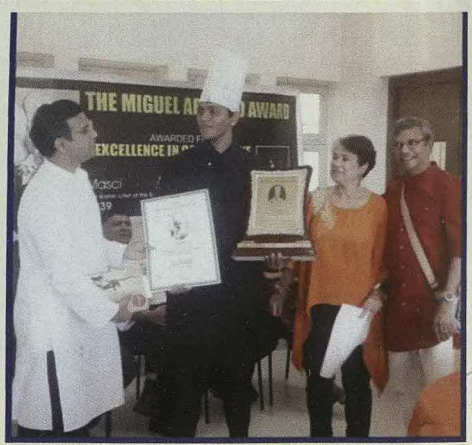
1. Miguel Arcanjo Award 2023

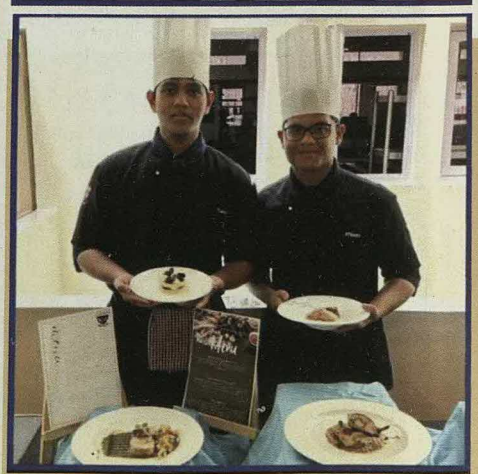
VMSIIHE's culinary maestros, Mr. Atharv Hede and Mr. Flenio Rodrigues from S.Y. B.Sc. Culinary Arts degree program showcased their expertise at the Miguel Arcanjo Award 2023. Amidst the captivating Goan Catholic and Hindu themes, they crafted modern renditions of traditional dishes. Their fusion of French techniques and showmanship took the flavours to new heights. Applause to Atharv for being the First Runner-up and to Flenio for securing First Place and the Institute's Rolling Trophy.





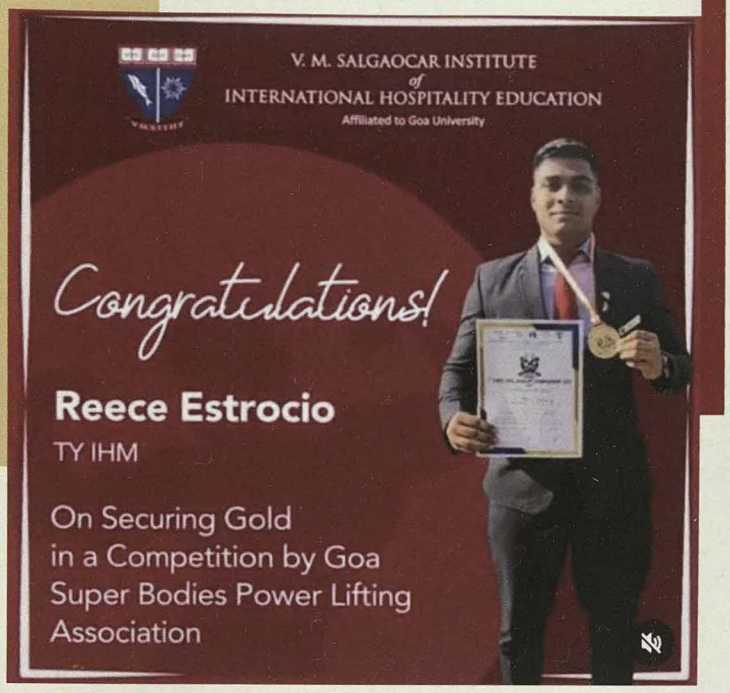






2. Super Bodies Power Lifting Competition

A resounding cheer for Reece Estrocio, who dominated the competition held by Goa Super Bodies Power Lifting Association. His remarkable performance culminated in an awe-inspiring lift of 242.5 kg – a testament to his unwavering determination and relentless dedication. A cheer for this incredible achievement.



3. State-level Huddle for Food Waste Reduction

VMSIIHE SYBSc Culinary Arts students triumphed at the state-level Huddle for Food Waste Reduction, clinching second and third place. The event, organized by the Directorate of Food & Drug Administration (DFDA) and Goa College of Food Science, showcased the students' culinary talents while promoting sustainability and waste reduction.



V. M. SALGAOCAR INSTITUTE
of
INTERNATIONAL HOSPITALITY EDUCATION
Affiliated to Goa University

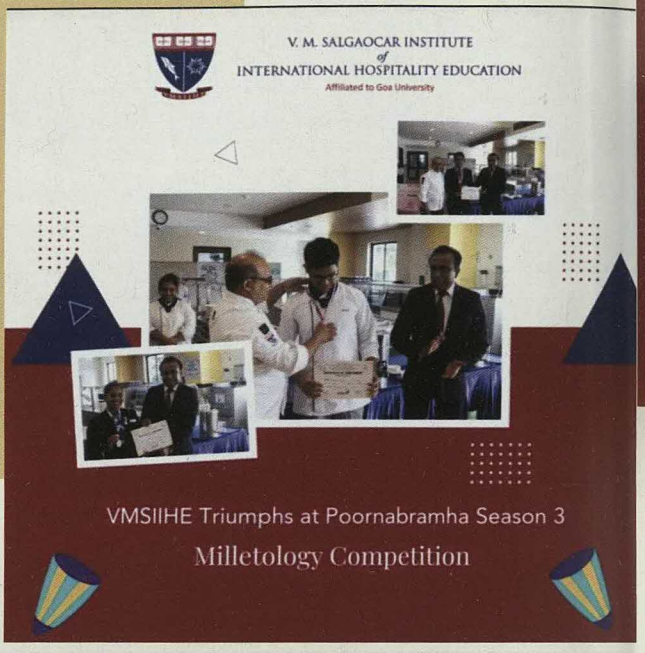


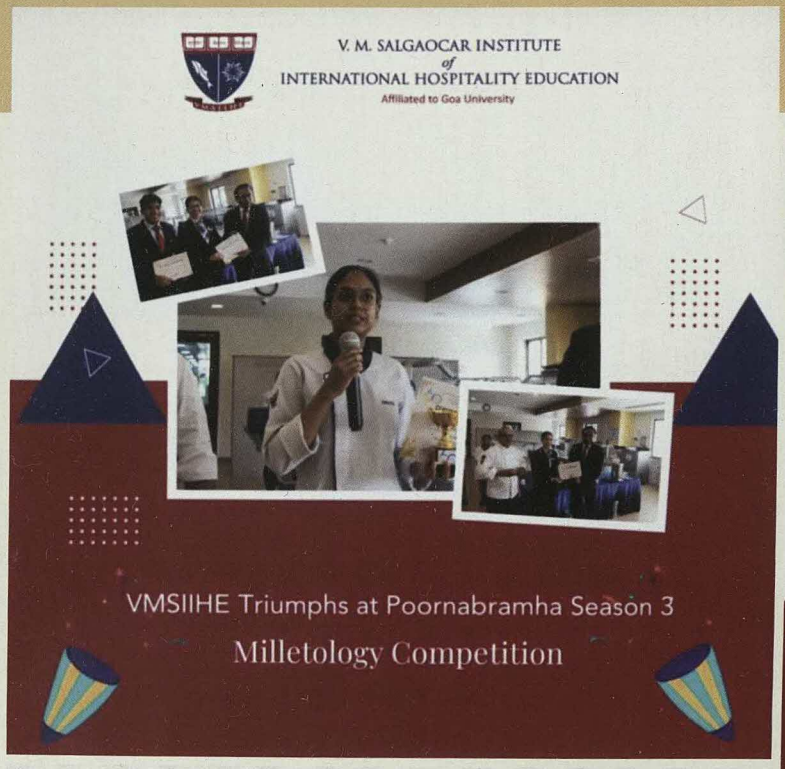


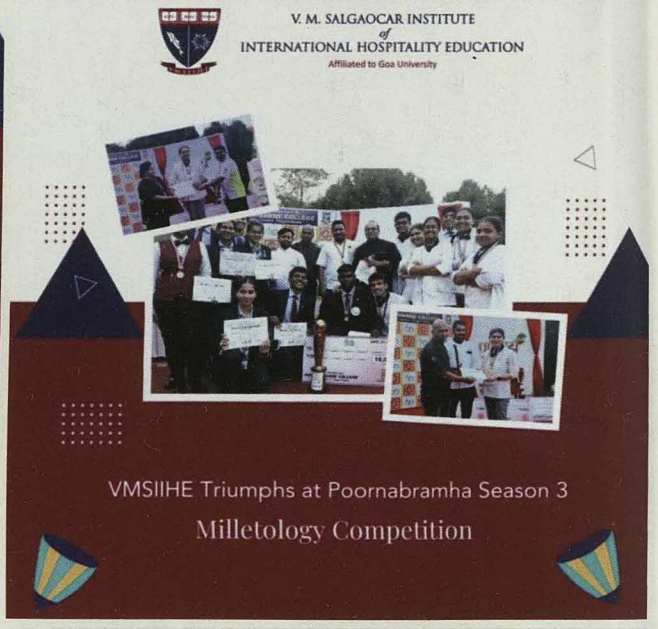
VMSIIHE Shine at State-Level Huddle on Food Waste Reduction

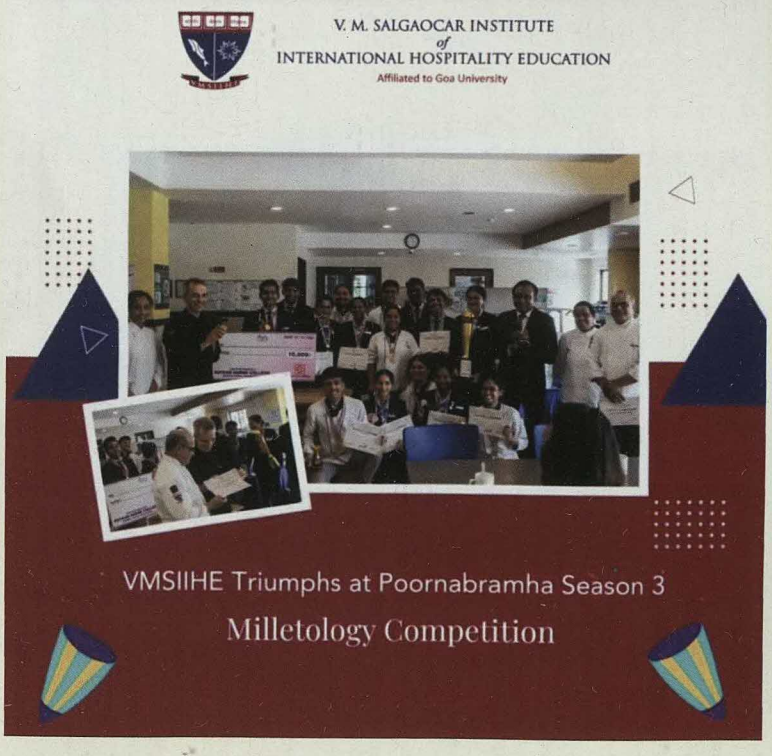
4. Poornabramha Season 3 - Milletology

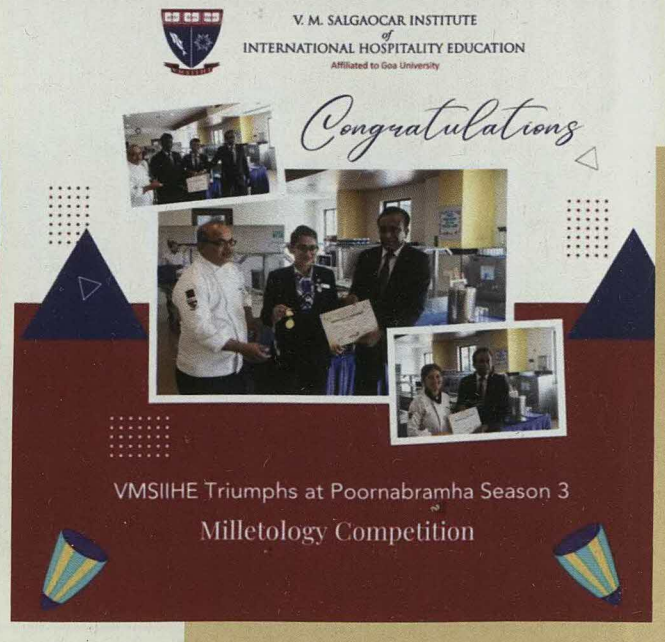
VMSIIHE triumphed at Poornabramha Season 3 - Milletology hosted by Chikitsak Samuha's Patkar-Varde College, Kudal. We secured the 1st position and Best Culinary Institute title. Our students excelled, winning Gold and Super Gold in all culinary competitions.











CR7
CRISTIANO RONALDO

"THE MAN WHO DEFIES AGE AND GRAVITY"

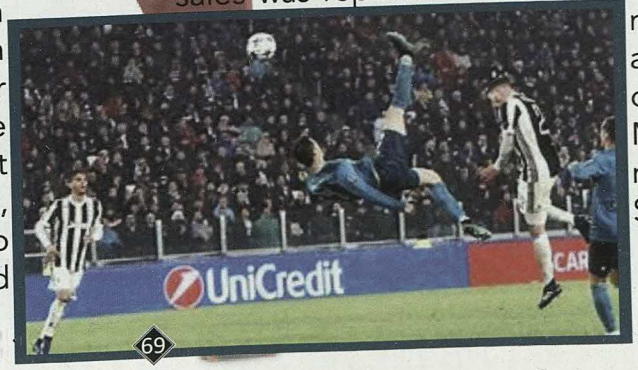
-Anslem Menezes T.Y.BSc. IHM

BIOGRAPHY

PROFILE AND CAREER

The football world is growing larger and bigger everyday with young talents rising and ultimately leading to a huge competition in the sport. But there's one man who is a living legend, considered as one of the best players in the world and regarded as one of the greatest players of all time. He is none other than Cristiano Ronaldo dos Santos Aveiro, born on February 5, 1985, Madeira, Portugal. He officially began his career at the age of 17 and made his debut with his country club Sporting CP against Braga in the year 2002 scoring 2 goals in the first game itself. Moving on, giant club- Manchester United manager Sir Alex Ferguson was highly impressed by Ronaldo and said that "He is one of the most exciting players I have ever seen", so they decided to sign him in 2003 for £12.24 million. Although he requested his previous club number 28 but he received the squad number 7 which became an extra source of motivation for Ronaldo and this then turned out to be an iconic number throughout the history. These were his years of development and breakthrough while a key element in his development was Ferguson, of whom he later said: "He's been my father in sport, one of the most important and influential factors in my career." He became an instant sensation winning the FA cup in his first season, 3 consecutive Premier League titles, the Champions League and the FIFA Club World Cup. His finest season with United came in 2007–08, when he scored 42 League and Cup goals and earned the Golden Shoe award as Europe's leading scorer and also captured Fédération Internationale de Football Association (FIFA) World Player of the Year honors for his stellar 2007–08 season. Collectively at age of 23, he won his first Ballon d'Or.

Soon thereafter Ronaldo was on a move to Spain being a subject of the then-most expensive football transfer when he signed for Spanish powerhouse Real Madrid for a whopping £80 million. Here it was the turning point in his career as he altogether won 15 trophies, including two La Liga titles, two Copa Del Rey and four Champions Leagues, and became the club's all-time top goal scorer, scoring a massive 450 goals in 438 apps. This lead him to winning the most prestigious award in football, receiving back-to-back Ballons d'Or in 2013 where he smashed his personal best of 66 goals in 56 apps in a single calendar year. Then in 2014, and again in 2016 and 2017, and was runner-up three times behind Lionel Messi, his perceived career rival. In 2018, he decided to make a shocking move to the Italian reigning kings; Juventus in a transfer worth £88 million being the most expensive transfer for an Italian club and the most expensive transfer for a player over 30 years old. He won 2 Serie A titles, 2 Supercoppe Italiana and a Coppa Italia, before returning to his beloved club Manchester United where had begun all his dreams. After his homecoming, the first 24 hours of Ronaldo's shirt sales was reported to have broken the all-time record following a transfer, overtaking Messi after his move to Paris Saint-Germain.



ACHIEVEMENTS AND ACCOLADES

Over the years passed and flowing through his career, he has set up high records and has earned mind-blowing achievements and accolades as mentioned below:
Ronaldo has won five Ballon d'Or awards and four European Golden Shoes, the most by a European player. He has won 32 trophies in his career, including seven league titles, five UEFA Champions Leagues, one UEFA European Championship and one UEFA Nations League. Ronaldo holds the records for most appearances (181), most goals (140) and assists (42) in the Champions League, most goals in the European Championship (14), most international goals by a male player (115), and most international appearances by a European male (184). He is one of the few players to have made over 1,150 professional career appearances, and has scored a magical 801 official senior career goals for club and country as of now.

OUTSIDE FOOTBALL

Ronaldo was one of the most well-known sports stars off the field as well, and numerous studies of athletes' popularity showed that he was the most-beloved athlete in the world during his playing peak. His extreme popularity and marketability resulted in ranking as the world's highest-paid athlete by Forbes in 2016 and 2017 and the world's most famous athlete by ESPN from 2016 to 2019. Time included him on their list of the 100 most influential people in the world in 2014. He is the first footballer and the third sportsman to earn US$1 billion in his career and in November 2016 he became the third person (after basketball superstars Michael Jordan and LeBron James) to earn a "lifetime" contract from the sportswear company Nike. Moreover, he established his own successful "CR7" brand of products that included shoes, underwear, and fragrances. He also has a co-ownership of hotels named Pestana CR7. Ronaldo also featured as the cover star of EA Sports' FIFA video game FIFA 18 and 19 and was heavily involved in the game's promotion.

He was also the face of Pro Evolution Soccer, appearing on the covers of the 2008, 2012 and 2013 editions of the game. Out of everything he is also a very kind-hearted philanthropist, as he donates billions of dollars to poor and unprivileged people across the world.

EARLY LIFE AND STRUGGLES

Apart from this, everyone has seen him rise to fame but none really knows about his struggle, difficulties, and complications during his up-bringing and growing as a child. He is the fourth and youngest child of Maria Aveiro who was a cook, and José Aveiro used to work as a gardener and part-time kit man for a football club on a very low pay. His mother wanted to abort him due to poverty, which led to his father's alcoholism and having too many children already, but the doctor refused to do so. Ronaldo used to roll the old clothes into a ball and play football with it in the streets as José couldn't afford his son a football due to poverty. He couldn't even afford proper shoes and would borrow old shoes from his relatives to play football. Ronaldo used to train very hard since his childhood and sometimes, he would to train himself continuously from morning until evening playing with the players of a bigger age group to improve his play. He also faced humiliation by his fellow players who would tease him because his father worked as a kit man, cleaning the rooms of players. One day during his school, the teacher humiliated him by bugging him of his family's poverty which made little Ronaldo furious, as a result he had been expelled after throwing a chair at his teacher. But the biggest dreadful moment of his life was when he was diagnosed with a very serious heart condition, in which the heart beat increased abnormally.



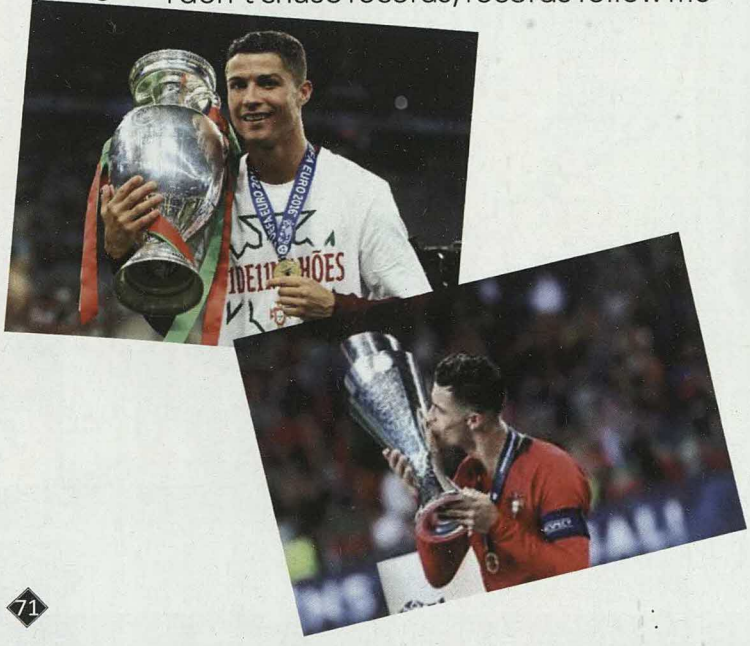
The doctors suggested that he abandon playing football but little Ronaldo did not fear risking his life for his passion- football so he decided to opt for an open heart surgery knowing that there was a little chance after surgery that he would be able to play football. He survived and came back with a vision and aim to become one of the greatest player on the planet which he did achieve. Therefore poverty, bullying, lack of good education and a serious heart disease couldn't stop Cristiano Ronaldo from achieving greatness. Ronaldo is now the face of football sport inspiring millions of people inside as well as outside the sport also having upcoming talents looking upon him as their role model.

FASCINATING FACTS

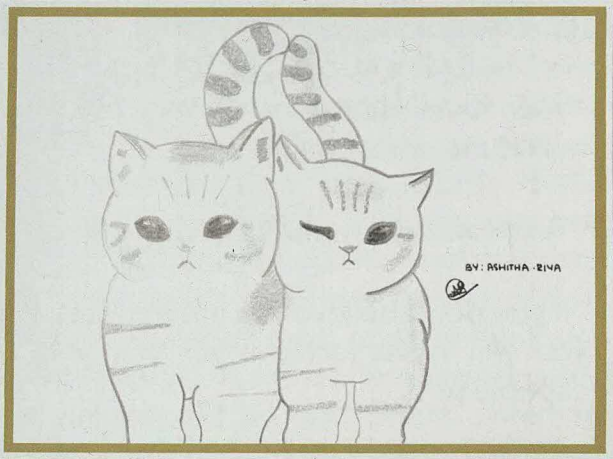
- He is one of the fastest football players in football history with a speed of 33.6 kilometers per hour known as the rocket man.
- Ronaldo's G-force is five times higher than that of a cheetah while he jump up to 78 cm in air; a jump which is much more compared to any basketball player.
- Ronaldo free kick speed is approximately 130 kilometers per hour.
- He frequently donates his blood and that's the reason why he is not tattooed. He abstains himself from drinking alcohol and consuming tobacco.
- In Funchal, Madeira there is a museum by name CR7, which displays the trophies and achievements of Ronaldo.
- Ronaldo became the fourth footballer – after Steven Gerrard, Pelé and David Beckham – to be represented as a waxwork at Madame Tussauds London.
- He has scored the most number of hat-tricks (9) at international level and became the oldest player to do so at a FIFA World Cup.
- Cristiano Ronaldo is also the highest followed celebrity on Instagram and the first - ever athlete to reach 500 million followers on social media.

INSPIRATIONAL AND MOTIVATIONAL QUOTES

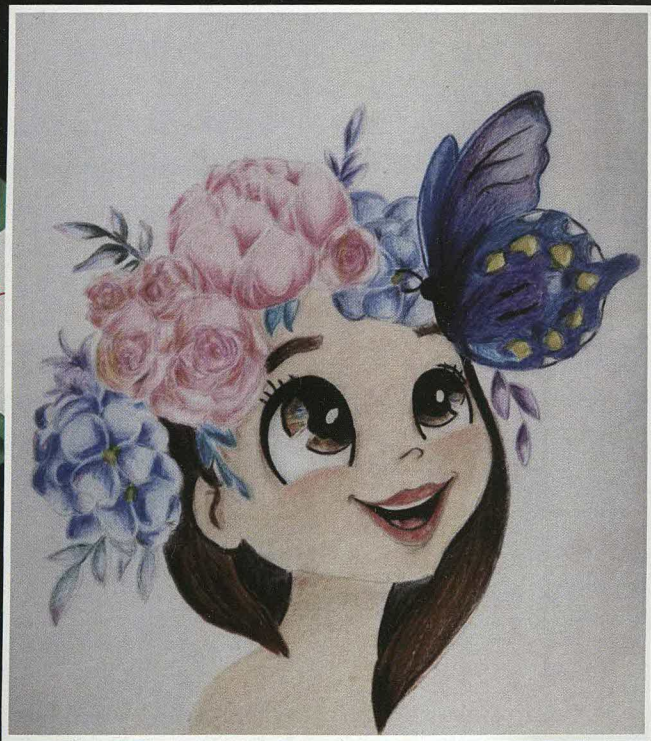
- "Your love makes me strong. Your hate makes me unstoppable"
- "Talent without working hard is nothing"
- "If you don't believe you are the best, then you will never achieve all that you are capable of"
- "I see football as an art and all players are artists. If you are a top artist, the last thing you would do is paint a picture somebody else has already painted"
- "Don't have to show anything to anyone. There is nothing to prove"
- "I don't mind people hating me, because it pushes me"
- "I feel endless need to LEARN, to IMPROVE, to EVOLVE, not only to please the coach and the fans, but also to feel SATISFIED with myself"
- " I don't chase records, records follow me"



Paintings



Ashitha Misquith
S.Y.BSc. CA



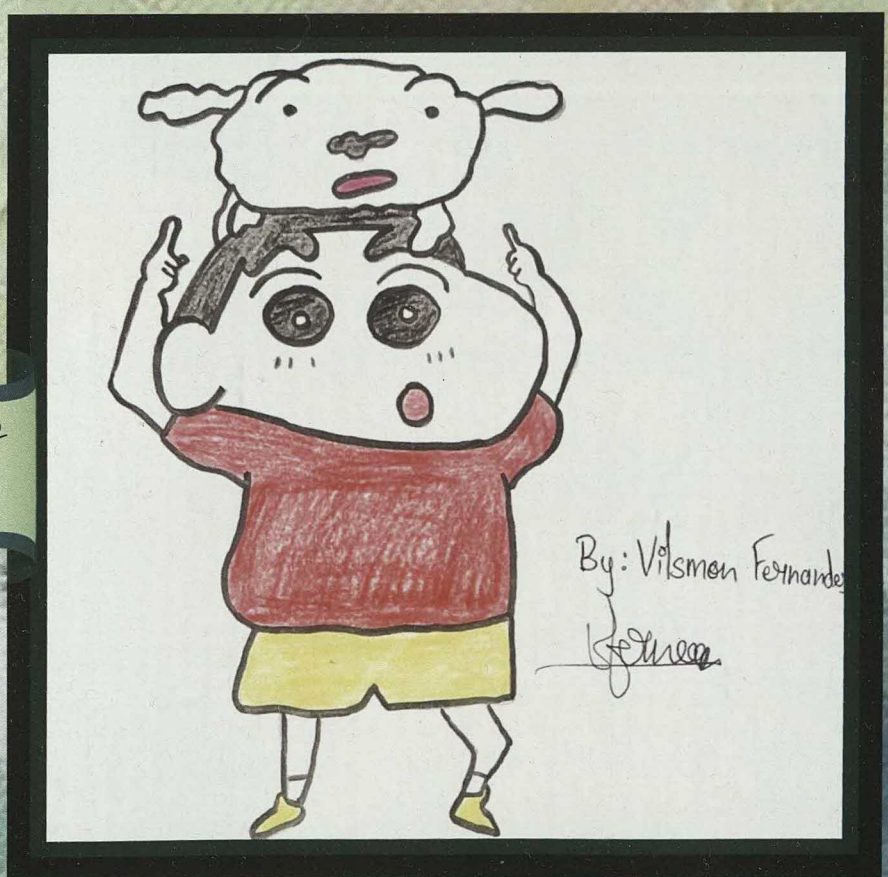
Floyd John Fernandes
F.Y. Bsc IMH



Declan Goes
S.Y.BSc. CA



Raj Poulenkar
F.Y.Bsc. IHM



Vilsmon Fernandes
T.Y.BSc. IHM



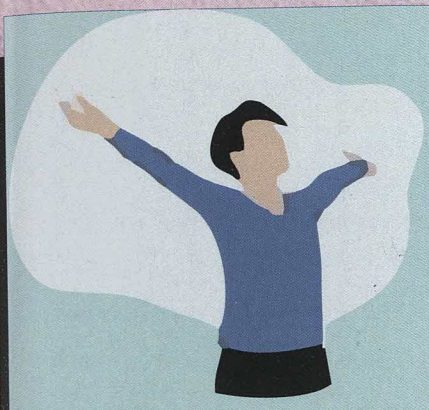
Agastya Hinge
F.Y.BSc CA

PHOTOGRAPHY



Kabir Khurana
F.Y.Bcs IHM

Poems



They say laughter is the best medicine, so why not take a dose
Of something twisted, dark, and maybe just a bit morose?
Let's bring a smile to our faces, through the pain and through the tears
With a little bit of humor that may raise a few eyebrows and fears.

They say death is the great equalizer, so let's laugh at that old joke
We're all just waiting in line, to choke and go up in smoke
No one's immune, no matter how rich or how poor
We'll all end up as bones, lying on the floor.

They say life is full of surprises, but what's the point of being shocked?
It's all just one big game, with rules we can't unlock
So why take it all so seriously, when in the end we'll all be dead
Let's find the humor in the dark, and raise a glass to the departed.

So here's to the macabre, and to all the things we fear
May we find the laughter in the darkness, and shed a smile-filled tear.

Agastya Hinge F.Y.BSc CA

The Sweet Shackles

"The Sweet Shackles"
Without an end, there can be no beginnings,
For the good must be parted ways,
To attain the perfect end to a journey.

A blank sheet of paper is what you now have,
You can paint it with yellow, blue or red
Each stroke will determine, how the picture will end
Whether it will be a masterpiece, or a rend.

This place will miss you, there's no denying that
The void that you will be leaving behind will be keenly felt

We'll miss your essence, your warmth and your grace
Or how you used to be around the rat race.

We may end up far apart, and time may pass us by,
But your memories will be everlasting, just like Shakespearen rhymes.

As this canvas ends, and the new one starts,
Remember dear friend, that what you drew was pure art.

And with these words, I must sadly bid you goodbye,
For the shackles must be broken, before a bird can fly.

Thulasi Raju - Msc

A Brave Little Me

In my little head, there's a stormy sky,
Anxiety whispers, I wonder why?
People say, "you have to deal with it," so bold,
Like a story that can easily be told.
"Just breathe and let it go,"
They suggest , like they know.
When Anxiety plays its game I close my eyes,
But all I want to do is cry.
"It will pass, just you see,"
They claim,
but it's not that easy.
The war inside is known only to me.
"It's in your head," they like to say,
But it's a tough game I play.
Smiles on faces, but inside it's all grey,
A puzzle that won't be solved right away.
"Face your fears," they cheer,
The struggle, only I hold dear.
So I draw a happy face,
But inside, it's not the same old place.
Yet within, a brave little me,
Finds strength in self-love,
Forever free.



Vinosha Pereira T.Y.B.Sc. IHM

Inspiration

Navigating The Transition



NELISSA ANDREA ALCASOAS

ASSISTANT PROFESSOR – GENERAL MANAGEMENT

As you flip through the pages of this yearbook that's filled with wonderful memories, you're embarking on the threshold of a new chapter. Graduation – a culmination of years of hard work, late-night study sessions, and cherished moments shared with friends – marks not just an end, but a beginning.

As final year students, you will have an exhilarating yet uncertain future. The journey ahead may seem daunting, filled with questions, choices, and opportunities waiting to be seized. But fear not, for within you lies the resilience, determination, and passion that have guided you this far.

First and foremost, embrace this moment. Reflect on the experiences that have shaped you, the lessons learned both inside and outside the classroom, and the friendships forged along the way. Celebrate your achievements, no matter how small, for they are the stepping stones to greater endeavours. Remember that the path ahead may not always be straightforward; you may encounter setbacks and face challenges, but it is during these moments of adversity that your true character shines through.



Be bold in your pursuits and unafraid to explore new horizons. Whether you choose to further your education, embark on a career, or pursue your passions, embrace the journey with an open heart and a curious mind. Seek out mentors who inspire you, opportunities that ignite your passions, and people that nurture your growth. Lean on each other for support, wisdom, and encouragement.

And finally, never forget the power you hold to shape the world around you. Each of you possesses unique talents, perspectives, and gifts that have the potential to create positive change in the world. Whether through acts of kindness, innovation, or advocacy, let your light shine bright and illuminate the path for others to follow.

So as you bid farewell, remember this – the journey of a thousand miles begins with a single step. Embrace the adventure that lies ahead, for the best is yet to come. May your futures be filled with boundless possibilities, endless adventures, and the fulfilment of your wildest dreams.

Celebrating Your Potential: Embracing the Unknown and Soaring to New Heights



VALERIE JACQUES
COUNSELLOR

When envisioning a bird, thoughts of wings, heights, the sky, and a myriad of other images come to mind.

Now, picture a bird intricately designed by a higher power to take flight, yet gripped by paralyzing fear — afraid of the possibility of falling, wary of other birds in its midst, and anxious about the dizzying heights it might encounter. What a tragic loss of potential!

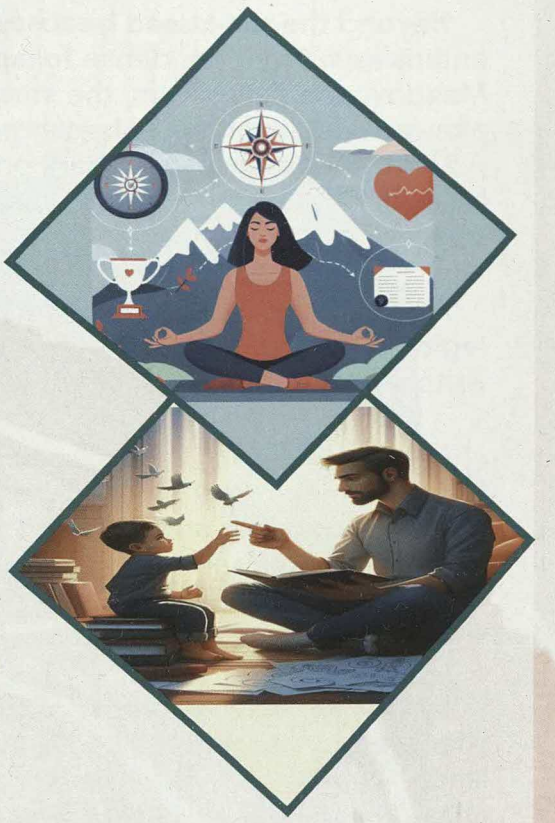
This analogy beautifully illustrates a profound truth about human nature and the potential that often remains untapped due to fear and hesitation. Just as a bird designed for flight may miss out on the freedom and beauty of soaring if it's too terrified to take flight, many individuals also let their fears hold them back, preventing them from reaching their full potential and experiencing life to its fullest.



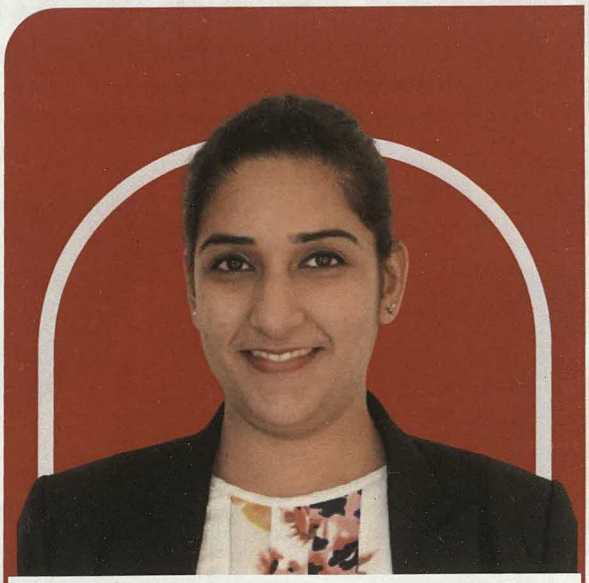
The innate ability to explore new heights and embrace the unknown resides within each of us, yet it's often overshadowed by fear — fear of failure, rejection, or the unknown. Like the hesitant bird, we can find ourselves paralyzed by doubt and uncertainty, unable to take the necessary leap of faith to spread our wings and fly.

However, just as the bird can overcome its fears with patience, practice, and determination, so too can we overcome our limitations and fears. It requires courage to confront our insecurities, resilience to overcome setbacks, and a willingness to step outside of our comfort zones.

By acknowledging our fears and embracing them as opportunities for growth and self-discovery, we can begin to unlock our true potential and embark on a journey of personal and spiritual fulfilment. Like the bird finally taking flight, we can experience the exhilarating sensation of freedom, the awe-inspiring beauty of the world from above, and the boundless possibilities that await us.



Goa: Beyond Booze and Parties



ALETHEA BARACHO

COUNSELLOR

In popular imagination, Goa often known as the state of pristine beaches, lively shacks, and pulsating nightlife. While these elements undeniably form a vibrant part of Goa's identity, they only the tip of the iceberg that this coastal paradise truly offers. Beneath the surface lies an abundance of cultural richness, natural beauty, and spiritual depth waiting to be explored.

Goa's history as a Portuguese colony has left an indelible mark on its cultural landscape. The blend of Indian and Portuguese influences is evident in its architecture, cuisine, and way of life. Exploring the winding streets of Old Goa reveals centuries-old churches, majestic cathedrals, and quaint Portuguese villas, each with its own story to tell. The region's vibrant festivals, such as Carnival, Shigmo, San Joao etc. showcase a kaleidoscope of colours, music, and dance, offering a glimpse into its rich heritage.

Beyond the sun-kissed beaches, Goa boasts a diverse ecosystem that calls out to the nature enthusiasts. From the dense foliage of the Western Ghats to the tranquil backwaters of the Mandovi and Zuari rivers, the state is a haven for biodiversity. Birdwatchers can spot a myriad of avian species in the lush mangrove forests of Carambolim and the Salim Ali Bird Sanctuary. Adventure seekers can embark on thrilling treks through the verdant wilderness or take a leisurely cruise along the picturesque Chapora River, immersing themselves in Goa's natural splendor.

Amidst the revelry, Goa offers seekers of serenity a sanctuary for spiritual renewal. The region is dotted with ancient temples, serene ashrams, and tranquil yoga retreats, inviting visitors to embark on a journey of self-discovery and introspection.

No exploration of Goa is complete without indulging in its delectable cuisine, a tantalizing fusion of Indian, Portuguese, and Konkani flavours. From savoury seafood curries to mouth-watering vindaloos and bebinca, a traditional Goan dessert, the state's culinary offerings are as diverse as they are delicious. Local markets and beachside shacks offer a feast for the senses, with aromatic spices, fresh seafood, and tropical fruits tantalizing the taste buds of visitors from around the globe.

In the picturesque corners of Goa lie hidden gems – local bars, cafes, and restaurants cherished by those in the know, away from the hype of tourist hotspots. Tucked away in the lanes of Panaji, Café Bhonsle is a quaint spot offering authentic Goan cuisine in a cosy, unassuming setting. Here, visitors can savour home-cooked flavours passed down through generations, accompanied by friendly service and a welcoming atmosphere. Further south, in the sleepy village of Assagao, Gunpowder stands out as a culinary gem, serving up South Indian delicacies with a creative twist. Its rustic charm and mouth-watering dishes have made it a favourite among locals and discerning travellers alike. For a taste of Goa's colonial past, Casa Portuguesa in Fontainhas serves up traditional Portuguese fare in a charming courtyard setting, transporting diners back in time with its old-world ambiance. Meanwhile, Sunset Bar in Palolem offers a serene escape from the crowds, where visitors can unwind with a cocktail while watching the sun dip below the horizon. C'est La Vie on the river banks of Siolim or Sand & Sea restaurant at Bambolim beach are places where one can unwind while taking in the beautiful scenery before them. These lesser-known establishments capture the essence of Goa – warm hospitality, authentic flavours, and a sense of discovery that keeps visitors coming back for more.



In essence, Goa is much more than its reputation as a party destination suggests. It is a melting pot of cultures, a haven for nature lovers, a sanctuary for the soul, and a culinary paradise waiting to be discovered.

Endurance, Challenge, and Achievement



Marathon running is more than just a sport; it's a test of endurance, mental grit, and sheer determination.

The marathon, a footrace of 26.2 miles (42.195 kilometers), has captivated athletes and spectators alike for centuries, tracing its origins back to ancient Greece. Today, marathons are held worldwide, drawing participants from all walks of life, each with their own reasons for taking on this grueling challenge.

Training for a marathon demands discipline, dedication, and months of preparation. Runners gradually increase their mileage, build strength, and fine-tune their pacing strategies to tackle the distance effectively.

However, it's not just physical fitness that sees runners through to the finish line. Mental resilience plays a crucial role, especially during the latter stages of the race when fatigue sets in and doubts creep in.

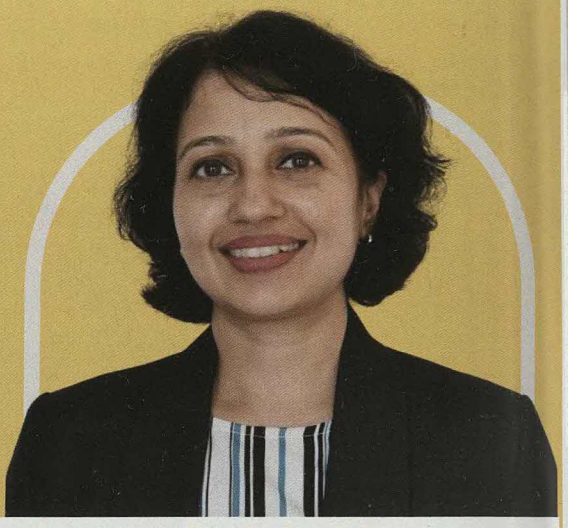
The ability to push through pain, overcome mental barriers, and stay focused on the ultimate goal is what sets marathoner apart.

At every race when exhaustion sets in, the mind says "why the heck am I doing this, and this is going to be my last one". But soon after the finish line, you are ready to sign up for another race.

While marathon running is an individual pursuit, the camaraderie and the communal experience is profound. On race day, thousands of runners gather, each with their own story and motivation. Strangers offering words of encouragement, high-fives, and even support along the course is a different experience all together.

Furthermore, marathons often serve as fund-raises for charitable causes, adding a selfless dimension to the event. Many runners use their participation as an opportunity to raise awareness and funds for organizations close to their hearts, adding an extra layer of meaning to their endeavor.

Crossing the finish line of a marathon is an indescribable moment of triumph. The sense of accomplishment that accompanies completing such a daunting challenge is unparalleled. For many runners, it's not just about the physical act of finishing but also about the mental strength, journey of self-discovery and personal growth that accompanies the training process.

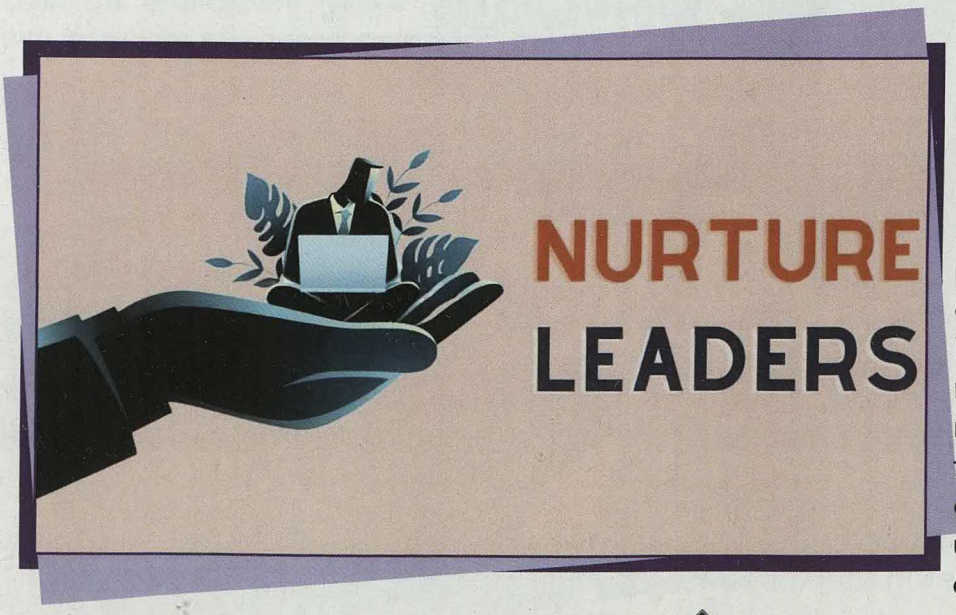


JINNIE RODRIGUES

SR. EXECUTIVE CUM TRAINING & PLACEMENT CORDINATOR

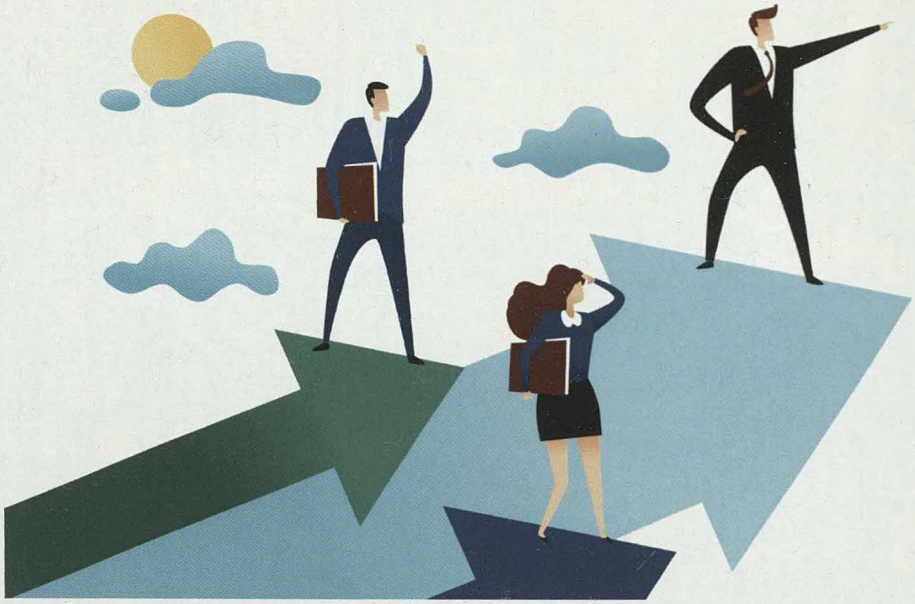
Whether you are a seasoned veteran or a first-time participant, the experience of running a marathon leaves an ineradicable mark. It raises a sense of empowerment. Each marathon is a testament to the human spirit's capacity for endurance, perseverance, and triumph over hardship.

Nurturing Tomorrow's Hospitality Leaders: Hr Programs For Leadership Development In Hotels



Effective leadership is the foundation of success in the hospitality industry, where exceptional guest experiences and operational excellence are paramount. Human Resources department within hotels are instrumental in identifying, nurturing, and developing the next generation of leaders through tailored programs designed specifically for the unique challenges and demands of the hotel sector.

At the heart of HR programs for leadership development in hotels lies the identification of promising talent. Through comprehensive assessments encompassing performance evaluations, skills assessments, and cultural fit evaluations, HR professionals pinpoint individuals with the potential to excel in leadership roles within the hotel environment.



Once identified, these future hospitality leaders undergo targeted development initiatives aimed at enhancing their skills and competencies. These initiatives often include specialized workshops, seminars, and training sessions focused on hotel-specific topics such as guest service excellence, revenue management, and crisis response. Additionally, mentorship programs pair emerging leaders with experienced hotel executives who provide invaluable guidance and support based on their extensive industry knowledge.

Experiential learning plays a vital role in HR programs for leadership development in hotels. Individuals are exposed to real-world scenarios through hands-on projects, cross-functional collaborations, and rotational assignments across various departments within the hotel. This practical experience not only hones their leadership skills but also deepens their understanding of the complexities of hotel operations.

Furthermore, HR initiatives foster a culture of continuous learning and growth within hotel organizations. Regular performance evaluations, feedback sessions, and personalized development plans enable aspiring leaders to track their progress, address areas for improvement, and chart a clear path for advancement within the hotel industry.

In conclusion, HR programs for leadership development tailored to the hotel sector are essential for nurturing tomorrow's hospitality leaders. By investing in talent identification, targeted development initiatives, and a culture of continuous learning, hotels can cultivate a pipeline of skilled leaders who are equipped to navigate the unique challenges and opportunities of the industry, driving success and innovation in the years to come.



FRAZER RODRIGUES
ASSISTANT PROFESSOR - GENERAL MANAGEMENT

Lost Smile

It's been a while..
That I have seen my smile,

This life of mine had a lot of struggle.
Right from childhood to adult.

In every difficult situation when I thought about giving up,
My parents and my siblings were always there with a back up.

How often I used to smile..
Keeping up with positive attitude of walking miles and miles

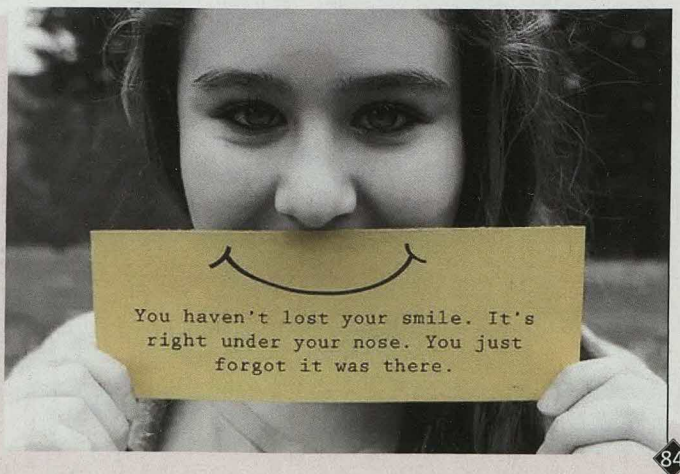
Now it feels like all the happiness has just vanished.
Only past memories I cherish.

It's been a while..
That I have seen my smile,

A day begins with the efforts to make others comfortable, happy, and strong.
In unison, helping myself to fight the wrong.

Sometimes life is so scared of getting tortured.
Don't know how to take a step forward.

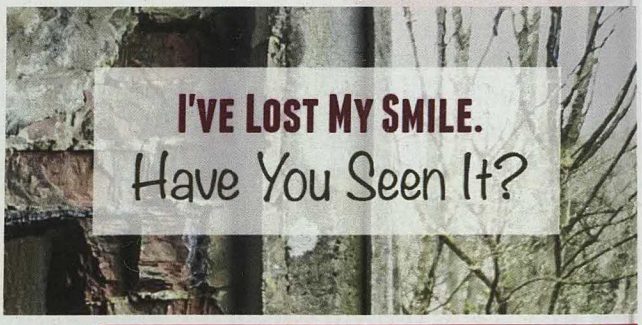
Between the devil and the deep blue sea, life is so stuck.
Feels like on the verge that everything will destruct.



Walking through the thorns and spines today,
Turning back I see all my good memories fading away.
Day ends by getting in return, sorrow, envy, and pride.
I see all fake faces with whom I can't abide.
It's been a while..
That I have seen my smile..

Fighting out this battle is not so easy and simple.
Only my family hears my cry loud, in the silence of thousands of people.

Accepting this reality is a pain.
God, relieve me and don't bless such life to anyone again.



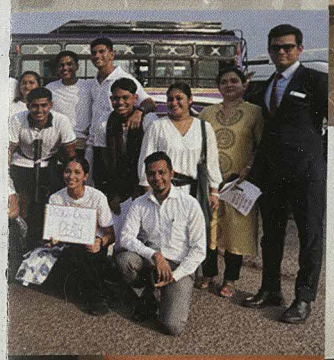


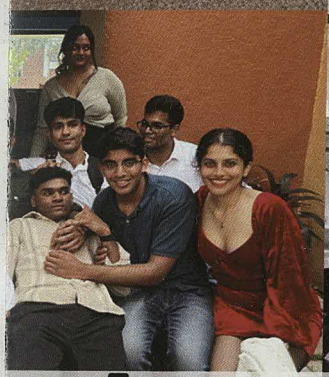
ADITI VINAYAK SAWANT
ASSISTANT ADMIN OFFICER

Our Journey

Our Journey








Journey










Administration



Dr. Marie Raj
Administrator



Ms. Martha Rebello
Compliance Officer/ Academic Co- ordinator



Ms. Edna Noronha
Sr. Manager Marketing & PR



Mr. Anup Bhat
Assistant Manager Accounts



Mr. Sandeep Bandodkar
Chief Engineer



Ms. Jinnie Rodrigues
Sr. Office Executive/ Training & Placement Co-ordinator



Ms. Sushma Lotliker
Executive Admin



Mr. Issac Mathew
System Administrator



Ms. Valerie Jacques
Counsellor



Ms. Alethea Baracho
Counsellor



Mr. Sudhir Desai
Executive Corporate Communications



Ms. Sherlaine Viegas
Office Marketing



Ms. Manisha Borkar
Accounts Officer



Mr. E. Diniz
Sr. Officer Accounts



Mr. Sudesh Verenkar
Sr. Officer Accounts



Ms. Chaitra Phaldesai
Purchase officer

Administration



Mr. Rajesh Gopal Naik
Jr. Officer- Stores



Mr. Ujal Nagvenkar
Purchase Executive



Ms. Sharada Prabhu
Sr. Officer HR



Ms. Deepika Malaviya
Research Cum Resource Assistant



Mr. Anil Anandache
Security Supervisor



Ms. Aditi Sawant
Asst. Admin Officer



Mr. Gagan Biradar
Asst. Admin Officer



Ms. Beverly Fernandes
Asst. Training & Placement officer



Ms. Belinda Baracho
Telephone Operator



Ms. Shreya Keni
Front Office Assistant



Mr. Sharayu Nagueshkar
Cafeteria & KST supervisor



Mr. Rovino Miranda
Gym Instructor



Mr.Johnkutty George
Stores Assistant



Mr. Daivesh Gaonkar
IT Assistant



Mr. Kevin Pereira
Cafeteria Assistant



Mr.Prashant Lotlikar
Asst. Pastry Chef

Administration



Ms.Reema Priolkar
Asst. Admin Officer



Mr.Virender Parmar
Hostel Manager

Faculty



Prof. Irfan Mirza
Director/Principal



Chef Sebastian Breitinger
Professor - Culinary Arts



Chef Sujata Madhavan
Associate Prof. - Food Production



Chef Sandip Madkaikar
Asst. Prof.- Food Production



Ms. Gauri Patil
Asst. Prof.- F&B Service



Ms. Nelissa Alcaseas
Asst. Prof. -General Management



Mr. Frazer Rodrigues
Asst. Prof. - General Management



Ms. Shameem Memon
Asst. Prof. - Financial Accounting



Dr. Semele Jatin Sardesai
Asst. Prof. - General Management



Dr. Lysette Margaret D'Souza
Asst. Prof. - General Management



Ms. Alyce Rodrigues
Asst. Prof. Microbiology



Ms. Suphal Naik
Librarian



Chef Alriya D'Silva
Pastry Chef



Mr. Shubham Lokre
Director - PE & Sports



Ms. Nisha Nair
Asst. Prof. - Computer Applications



Ms. Yoshika D'Silva
Asst. Prof. Front Office



Mr. Krishnakant Desai
Asst. Prof. Hospitality Law

THE GRADUATING


Reece Estrocio


Vilsmon Fernandes


Keith Vaz


Aahan Jacob


Sahil Parab


Radhik Cabral


Shazia Carvalho


Elicio Fernandes


Shawn Dsouza


Jude Souza Ferrao


Chloe Antao


Crystella Menezes


Cianna Lobo


Pionelle Gonsalves


Rudraj Pai Panandiker


Shakambhari Patil


Leander Luis


Param Borkar


Vijay Shetye


Rachel Barretto

CLASS OF


Anslem Menezes


Adelvio Dias


Shreyash Kudalkar


Krishnakant Naswariya


Arjun Tepan


Rohan Kolamkar


Vidhi Pandya


Siddharth Gawde


Anjolie Gracias


Gargi Kadekar


Shoheel Pereira


Pranjal Bhardwaj


Asmi Lotliker


Anuj Khedekar


Vinosha Pereira


Regan Almeida

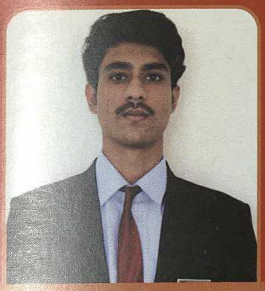

Sumit Barik


Simran Parulekar


Jarryd Furtado


Hermenio Caldeira

2024



Atwin Gama



Simran Peixoto



Amanda Fernandes



Sanloy Dmello



Mathan Fernandes



Reece Whelpdale

Feedback

It was indeed an excellent experience for us. It was excessive hospitality shown to us. Expert and very flawless sessions conducted by the various faculty members. Truly it is remarkable exposure for my students. Thank you

Sunidha V Desai

Very neat and clean campus. Well disciplined staff and students.

Prof. Dr. Nandkumar

Thank you very much for your great hospitality. Excellent campus

Dr. Sheefali Joshi

Amazing campus. Very impressive Thank you for allowing us to visit and meet students and faculty

Sraddha

Beautiful campus. state of the art facilities. Courteous staff, vibrant students. Keep it up.

Prof. SMITHA

We were very impressed with the quality of the facilities and the way classes were organised and students were acting. Congratulations

Maria Pereira

It was a very helpful case study. Amazing hospitality. A very knowledgeable experience. I would love to visit again

SYED FAUZAN HUSSAIN

Beautiful campus, congenial staff. Education with purpose and state of the art infrastructure. Wow.

Auria Fernandes

Awesome experience. I would love to visit again. Excellent hospitality

Dr. Harsha

The best educational institute I have ever come across in my life.

Magical Rafi

Excellent facility Impressive infrastructure Needs more exposure and visibility for common people All the best

Dr Mahavi Kamat

An Amazing Trip, Excellent Hospitality. Students Are Very Happy, As They Had A Great Learning Experience.

Roselle Braganza

A Warm, Hospitable Environment And A Beautiful Campus. Thanks To Irfan Sir And Sujatha Madhavan For A Generous Interaction.

Shariff Furtado


It's a wrap



FOR A CAREER IN HOSPITALITY & BEYOND

V. M. SALGAOCAR INSTITUTE *of* INTERNATIONAL HOSPITALITY EDUCATION

Affiliated to Goa University

Manora-Raia, Salcete, Goa

NURTURING GLOBAL HOSPITALITY AND CULINARY LEADERS



DEGREES OFFERED

B.SC. INTERNATIONAL HOSPITALITY MANAGEMENT

Creating World-Class Leaders committed to Excellence

B.SC. CULINARY ARTS

Crafting & Moulding Global Culinary Leaders

M.SC. INTERNATIONAL HOSPITALITY AND TOURISM MANAGEMENT

Up-skill yourself with a Full-Time Master's Degree Program

ADMISSIONS OPEN 2024

GET TRAINED WITH ONE OF THE BEST HOSPITALITY INSTITUTES IN INDIA

1st Hopitality institute in India
Certified by fssai as Eat Right CAMPUS with ★★★★★ rating

Certified by ISO

Option for Higher Education: Cesar Ritz COLLEGES SWITZERLAND; CULINARY ARTS ACADEMY SWITZERLAND

Internship Opportunities: MARTINHAL RESORTS PORTUGAL

Affiliated To

Exchange Program: TURISMO DE PORTUGAL

Promoted by: SALGAOCAR DATTARAJ

0982 280 7814
0832 662 3000

Manora - Raia, Salcete Goa - 403720 INDIA
Email: info@vmsiihe.edu.in

www.vmsiihe.edu.in

Supported by: MARRIOTT RESORT GOA